

Supplementary Table 1 Health related quality of life assessment before treatment initiation and after 12 months for the HA + CS and standard care group

	<i>Baseline</i>	<i>12 months</i>	<i>Baseline</i>	<i>12 months</i>	<i>P-value</i>
	HA + CS (N = 79)		Standard care (N = 26)		
EQ-5D 3L Mean (SD)	0.53 (0.36)	0.76 (0.25)	0.57 (0.31)	0.53 (0.40)	0.020
	HA + CS (N = 83)		Standard care (N = 27)		
EQ-5D VAS Mean (SD)	59.53 (18.34)	75.88 (16.90)	62.5 (11.67)	66.84 (14.17)	<0.001
	HA + CS (N = 67)		Standard care (N = 59)		
SF-36 PCS Mean (SD)	61.88 (10.14)	76.99 (11.69)	60.68 (10.02)	74.66 (13.32)	0.118
SF-36 MCS Mean (SD)	61.74 (10.26)	77.35 (11.33)	60.68 (10.02)	74.66 (13.32)	0.105

MCS = Mental component score; PCS = Physical component score; SD = standard deviation; VAS = visual analogue scale