Online Supplement

Eq. S1. The multilevel linear growth model applied to three longitudinal studies of aging.

 $y_{ti} = \beta_{0i} + \beta_{1i} Time_i + \varepsilon_{ti}$

 $\beta_{0i} = \gamma_{0.0} + \gamma_{0.1} SEX_i + \gamma_{0.2} AGE_i + \gamma_{0.3} ED_i + \gamma_{0.4} SMOKED_i + \gamma_{0.5} STK_i + \gamma_{0.6} HTN_i + \gamma_{0.7} DM_i + \gamma_{0.8} HTNDM_i$

 $\beta_{1i} = \gamma_{1.0} + \gamma_{1.1} SEX_i + \gamma_{1.2} AGE_i + \gamma_{1.3} ED_i + \gamma_{1.4} SMOKED_i + \gamma_{1.5} STK_i + \gamma_{1.6} HTN_i + \gamma_{1.7} DM_i + \gamma_{1.8} HTNDM_i$

where

- y_{ii} performance scores on a cognitive test of individual *i* at time *t*
- β_{0i} unique intercept of individual *i*
- β_{1i} unique slope of individual *i*
- $Time_i$ time in study, unique to each individual
- ε_{ii} residual of individual *i* at time *t*
- $\gamma_{0,0}$ main effect on the random intercept
- $\gamma_{1,0}$ main effect on the random slope
- $\gamma_{0,1}, \gamma_{0,2}, ..., \gamma_{0,15}$ fixed effects of corresponding predictors on the random intercept

 $\gamma_{1,1}, \gamma_{1,2}, ..., \gamma_{1,15}$ - fixed effects of corresponding predictors on the random slope

- u_{0i} variance of unique intercept
- u_{1i} variance of unique slope
- SEX sex at baseline, dichotomous
- AGE age at baseline in years
- ED education at baseline in years
- SMOKED ever/never smoking status at baseline, dichotomous

- STK baseline diagnosis of stroke, dichotomous
- HTN baseline diagnosis of hypertension, dichotomous
- DM baseline diagnosis of diabetes mellitus, dichotomous
- HTNDM HTN*DM interaction term



Figure S1. Plot of residual distributions assumed across diagnostic groups for the ELSA study.



Figure S2. Plot of residual distributions assumed across diagnostic groups for the OCTO-Twin





Figure S3. Plot of residual distributions assumed across diagnostic groups for the Rush MAP study (CERAD).







Figure S5. Plot of residual distributions assumed across diagnostic groups for the Rush MAP (Logical Memory test) study.