

## Appendix 1:

## List of drugs and instructions

Drug names	Instructions
<b>Pharmacy samples</b>	
<b>Coversyl (perindopril) 8 µg</b>	<b>Take one tablet once per day without food</b>
Synthroid (levothyroxine) 50 µg	Take one tablet once per day with food
Diovan (valsartan) 40 mg	Take one tablet twice per day before meals
Nexium (esomeprazole) 20 mg	Take one capsule three times per day
Singulair (montelukast) 5 mg	Take two tablets twice per day before meals
Celebrex (celecoxib) 200 mg	Take two capsules twice per day after meals
Lyrica (pregabalin) 100 mg	Take one tablet once per day with food
Avapro (irbesartan) 75 mg	Take one tablet four times per day
Glumetza (metformin) 500 mg	Take one tablet every two hours
Zyprexa (olanzapine) 15 mg	Take two capsules twice per day before meals
Lamisil (terbinafine) 80 mg	Take one capsule once per day with food
Zantac (ranitidine) 300 mg	Take one capsule once per day without food
<b>Prototypes</b>	
Neurontin (gabapentin) 100 mg	Take one capsule three times per day
Micardis (telmisartan) 80 mg	Take one tablet once per day as needed
Cipramil (citalopram) 40 mg	Take two capsules once per day before meals
Aricept (donepezil) 10 mg	Take one tablet once per day at bedtime
Zyloprim (allopurinol) 100 mg	Take one tablet three times per day with food
Lopressor (metoprolol) 25 mg	Take one capsule twice per day before meals
Protonix (pantoprazole) 40 mg	Take two tablets every six hours as needed
Zetia (ezetimibe) 10 mg	Take two tablets once per day after meals
Cozaar (losartan) 100 mg	Take one tablet once per day without food
Imovane (zopiclone) 3.75 mg	Take one tablet once per day before bedtime
Desyrel (trazodone) 150 mg	Take one tablet once per day at bedtime
Cardizem (diltiazem) 30 mg	Take one capsule three times per day