

Comprehensive rehabilitation with integrative medicine for subacute stroke: A multicenter randomized controlled trial

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Supplemental Table S1. Variables at Different Stages, Mean (SD)

Variables	Group(n)	Week 0	Week 4	Week 8	Week 20
MBI	IMR(176)	39.11(15.56)	52.47(16.93)	66.04(17.09)**	75.36(16.64)**
	CR(172)	39.03(17.36)	49.58(18.30)	59.56(19.62)	66.64(19.60)
NIHSS	IMR(176)	10.06(3.88)	7.92(3.87)	5.63(3.39)**	3.69(2.85)**
	CR(172)	10.61(4.35)	8.76(4.54)	6.87(4.08)	5.67(3.82)
FMA	IMR(176)	43.86(16.07)	56.20(18.15)	69.01(17.75)**	77.44(16.84)**
	CR(172)	44.23(18.52)	52.66(19.80)	61.55(19.19)	68.68(18.03)
MMSE	IMR(62)	16.02(3.57)	16.66(3.63)	19.03(4.04)	21.42(4.47)*
	CR(69)	15.70(3.43)	16.16(3.25)	18.28(3.56)	19.71(3.69)
MoCA	IMR(62)	14.65(3.10)	15.11(3.06)	17.21(3.18)	19.97(3.00)**
	CR(69)	13.96(3.14)	14.46(2.92)	16.17(2.66)	17.77(2.74)
HAMD	IMR(76)	22.97(4.42)	21.74(4.45)	19.80(4.16)	15.78(4.09)*
	CR(77)	23.06(6.50)	22.57(6.33)	20.99(5.47)	17.69(5.32)
SDS	IMR(76)	64.93(5.40)	63.42(6.47)	57.77(7.87)	48.80(9.34)*
	CR(77)	63.95(6.32)	63.28(6.68)	59.60(6.78)	53.61(8.68)

* $P < 0.05$, compared with CR group; ** $P < 0.01$, compared with CR group.

Supplemental Table S2. Adverse Events Reported in Study

	IMR (n=180)	CR (n=180)
AEs	103	107
AE relatedness to treatment		
Not related	96	99
Possibly/definitely	2	2
Unknown	5	6
Study treatment		
Temporarily interrupted	2	3
Permanently discontinued	0	0
SAEs	13	11
SAE criteria		
Death	0	0
Life-threatening	0	0
Prolonged hospitalization	8	8
Resulted in disability	1	1
Important medical event	2	1
Other	2	1
SAE relatedness to treatment		
Not related	11	10
Possibly/definitely	1	0
Unknown	1	1
Study treatment		

Temporarily interrupted	1	2
Permanently discontinued	1	2
Five most common SAEs		
Pneumonia	6	5
Urinary tract infection	4	4
Heart failure	2	1
Acute heart disease	1	0
Recurrent stroke	0	1

Abbreviations: AE, adverse event; SAE, serious adverse event (FAS).

Supplemental Table S3. Chinese Pinyin, Latin, and Common Names of Chinese Herbs in the Study

Chinese Pinyin Names	Latin Names	Common Names
Tian Ma	<i>Gastrodia elata</i> Bl	Rhizoma Gastrodiae
Gou Teng	<i>Uncaria rhynchophylla</i> (Miq.)	Ramulus Uncariae Cum Uncis
Shi Jue Ming	<i>Haliotis diversicolor</i> Reeve	Concha Haliotidis
Shan Zhi Zi	<i>Gardenia jasminoides</i> Ellis	Fructus Gardeniae
Huang Qin	<i>Scutellaria baicalensis</i> Georgi	Radix Scutellariae
Niu Xi	<i>Cyathula officinalis</i> Kuan (Achyranthes bidentata Blume)	Radix Cyathulae (Radix Achyranthes)
Du Zhong	<i>Eucommia ulmoides</i> Oliv	Cortex Eucommiae
Yi Mu Cao	<i>Leonurus heterophyllus</i> Sweet	Herba Leonuri
Sang Ji Sheng	<i>Taxillus chinensis</i> (DC.) Danser	Herba Taxilli
Ye Jiao Teng	Caulis Polygoni Multiflori (Polygonum multiflorum Thunb.)	Tuber Fleeceflower Stem
Fu Shen	<i>Poria cum Radix Pini</i>	Poria with Hostwood
Long Gu	<i>Fossilia Ossia Mastodi</i>	Os Draconis
Mu Li	<i>Ostrea gigas</i> Thunberg	Concha Ostreae
Ban Xia	<i>Pinellia ternata</i>	Rhizoma Pinelliae
Bai Zhu	<i>Atractylodes macrocephala</i> Koidz	Rhizoma Atractylodis Macrocephalae
Fu Ling	<i>Poria cocos</i> (Schw.)Wolf	Poria
Ju Hong	<i>Citrus grandis</i> (L.) Osbeck (Citrus reticulata Blanco)	Exocarpium Citri Grandis (Exocarpium Citri Reticulatae rubrum)

Sheng Di	<i>Rehmannia glutinosa</i> Libosch	Radix Rehmanniae
Dang Gui	<i>Angelica sinensis</i> (<i>Angelica sinensis</i> (Oliv.) Diels)	Radix Angelicae Sinensis
Chuan Xiong	<i>Ligusticum chuanxiong</i> Hort.	Rhizoma Chuanxiong
Tao Ren	<i>Prunus persica</i> (L.) Batsch	Semen Persicae
Hong Hua	<i>Carthamus tinctorius</i> L.	Flos Carthami
Dai Zhe Shi	Haematitum	Haematitum
Gui Ban	<i>Chinemys reevesii</i> (Grey)	Carapax Et Plastrum Testudinis
Bai Shao	<i>Paeonia lactiflora</i> Pall.	Radix Paeoniae Alba
Xuan Shen	<i>Scrophularia ningpoensis</i> Hemsl.	Radix Scrophulariae
Tian Dong	<i>Asparagus cochinchinensis</i> (Lour.) Merr.	Radix Asparagi
Chuan Lian Zi	<i>Melia toosendan</i> Sieb. and Zucc.	Fructus Toosendan
Yin Chen	<i>Artemisia capillaris</i> Thunb.	Herba Artemisiae Scopariae
Mai Ya	<i>Hordeum vulgare</i> L.	Fructus Hordei Germinatus
Gan Cao	<i>Glycyrrhiza uralensis</i> Fisch.	Radix Glycyrrhizae
Huang Qi	<i>Astragalus membranaceus</i> (Fisch.)	Radix Astragali
Di Long	<i>Pheretima aspergillum</i> (E. Perrier)	Pheretima
Chi Shao	<i>Paeonia lactiflora</i> Pall.	Radix Paeoniae Rubra
Shi Chang Pu	<i>Acorus tatarinowii</i> Schott.	Rhizoma Acori Tatarinowii
Yi Zhi Ren	<i>Alpinia oxyphylla</i> Miq.	Fructus Alpiniae Oxyphyllae
Yuan Zhi	<i>Polygala tenuifolia</i> Willd.	Radix Polygalae
Chai Hu	<i>Bupleurum chinense</i> DC.	Radix Bupleuri

Yu Jin	Curcuma rchenyujin Y. H. Chenet C.Ling (Curcuma wenyujin Y. H. Chen and C. Ling)	Radix Curcumae
Bai He	Lilium brownii F.E. Brown var. viridulum Baker	Bulbus Lili
