

**Table S1. Variation observed in *ABCA1* for phenotypic extreme samples and population-based samples.**

Position is mapped to the human genome reference hg19, transcript NM\_005502.3, codon changes are in reference to ENST00000374736.3 and protein changes are in reference to ENSP00000363868.3.

Position Chr9	DNA Change	Protein Change	rsID	N Extreme Carriers	HDL-C in Extremes	N RS Carriers	HDL-C in the RS	Observed in Extremes and RS	Previously Reported <sup>i2</sup>
107546652	c.6730G>A	p.(Val2244Ile)	rs144588452	1	41				
107547734	c.6588G>C	p.(In2196His)	rs564764153			1	68		
107547804	c.6518G>A	p.(Arg2173Gln)	rs375968445	1	96				
107548583	c.6397A>T	p.(Asn2133Tyr)				1	42		
107550221	c.6184G>A	p.(Gly2062Arg)				1	60		
107550823	c.5953C>T	p.(His1985Tyr)				1	23		
107554263	c.5774G>A	p.(Arg1925Gln)	rs142688906	3	30;115; 85	8	69;64;58;74; 49;47;40;53	✓	
10755536	c.5552G>A	p.(Arg1851Gln)				1	54		
10755551	c.5537G>T	p.(Trp1846Leu)				1	42		
10755570	c.5518T>C	p.(Phe1840Leu)				1	52		
107556776	c.5398A>C	p.(Asn1800His)	rs146292819			3	29;26;41		✓
107556782	c.5392A>G	p.(Asn1798Asp)		1	26				
107558450	c.5266G>A	p.(Ala1756Thr)	rs142382023			1	41		
107560784	c.5039G>A	p.(Arg1680Gln)	rs150125857			2	37;36		✓
107560803	c.5020G>A	p.(Val1674Ile)	rs138422574			2	46;43		
107560830	c.4993A>G	p.(Met1665Val)		1	33				
107566973	c.4493A>G	p.(Gln1498Arg)		1	41				
107568532	c.4454C>T	p.(Pro1485Leu)		1	31				
107574868	c.4037G>A	p.(Gly1346Glu)		1	41				
107574875	c.4030C>T	p.(Arg1344Trp)	rs193087674	1	40				
107576732	c.3763A>C	p.(Ser1255Arg)	rs41436749	1	41				
107576738	c.3757G>A	p.(Glu1253Lys)	rs138056193			1	63		
107578608	c.3554A>G	p.(Asn1185Ser)	rs148328750	1	82	1	85	✓	
107578618	c.3544G>A	p.(Ala1182Thr)	rs143180998			4	72;38;64;49		
107578620	c.3542C>T	p.(Ser1181Phe)	rs76881554			6	60;38;50;48; 53;44		✓
107579633	c.3515A>G	p.(Glu1172Gly)	rs142877738	1	25				
107579678	c.3470G>A	p.(Ser1157Asn)	rs200664068	1	36	1	37	✓	
107580963	c.3443C>T	p.(Thr1148Ile)		1	30				
107580991	c.3415C>G	p.(Leu1139Val)		1	126				
107582258	c.3053A>G	p.(Asp1018Gly)	rs140365800	1	103	1	30	✓	
107582316	c.2995C>T	p.(Arg999Cys)	rs138735406	1	42				
107584945	c.2669G>T	p.(Cys887Phe)	rs187652566	1	105				
107588062	c.2444A>G	p.(Glu815Gly)	rs145582736	1	26				✓
107588129	c.2377T>C	p.(Tyr793His)		1	120				

107589238	c.2328G>C	p.(Lys776Asn)	rs138880920	7	23;34;41; 113;106; 30;29	7	62;70;34;54; 31;46;46	✓	
107589246	c.2320A>C	p.(Thr774Pro)	rs35819696	5	23;123; 81;29;35	21	48;45;26;75; 56;75;75;53; 44;65;52;53; 64;28;32;44; 62;36;43;47; 59	✓	
107591334	c.1978G>A	p.(Val660Met)		1	101				
107591390	c.1922C>T	p.(Pro641Leu)				1	53		
107593318	c.1780G>A	p.(Ala594Thr)	rs199655961			1	46		
107593329	c.1769G>T	p.(Trp590Leu)	rs137854496	1	41				
107593350	c.1748T>C	p.(Phe583Ser)				1	37		
107594878	c.1486C>T	p.(Arg496Trp)	rs147675550	2	30;26	3	86;36;37	✓	✓
107595026	c.1338C>G	p.(Asp446Glu)	rs148314522	1	40	2	40;95	✓	
107599281	c.1291C>G	p.(Gln431Glu)				1	46		
107599296	c.1276T>C	p.(Phe426Leu)	rs201586430			1	49		
107599376	c.1196T>C	p.(Val399Ala)	rs9282543	10	34;27;41; 34;31;29; 27;30;31; 29	13	51;75;82;56; 50;57;40;32; 46;73;55;45; 39	✓	
107599797	c.1106G>A	p.(Arg369His)	rs370223805			1	39		
107602586	c.1028C>T	p.(Ala343Val)	rs200030513			1	34		
107607822	c.749C>T	p.(Pro250Leu)	rs201134913	1	41	1	59	✓	
107607828	c.743C>T	p.(Pro248Leu)		1	30				
107624006	c.497A>G	p.(Lys106Arg)	rs377248142			1	55		
107624036	c.467G>T	p.(Gly156Val)	rs369793332			1	54		
107645341	c.400C>G	p.(Gln134Glu)				1	55		
107645379	c.92G>T	p.(Ser121Thr)		1	29				
107646756	c.254C>T	p.(Pro25Leu)	rs145183203			2	51;41		
107651451	c.92G>T	p.(Trp31Leu)		1	74				

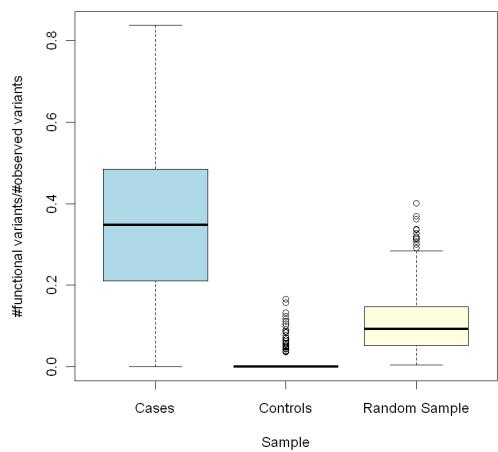
**Table S2. Power estimates from simulation mimicking real data.** For common variants, a case/control and random sample give the same effect, but for rare variants, extremes are more powerful, even with a reduced sample size. This is more pronounced when with larger effects. Scenario A: Rare variants were simulated to have 1-SD effects, all same direction; Scenario B: rare variants were simulated to have  $\frac{1}{2}$ -SD effects, all same direction; and Scenario C:  $\frac{1}{2}$  of the variant effects are simulated to have a  $\frac{1}{2}$ -SD effect and  $\frac{1}{2}$  of the variant effects are simulated to have a 1.5-SD effect.

	N	Common variant test	Rare variant test Scenario A	Rare variant test Scenario B	Rare variant test Scenario C
Random Sample	3000	0.511	0.457	0.126	0.296
Case-Control	350/350	0.526	0.539	0.125	0.33
All	7000	0.877	0.640	0.193	0.442

**Table S3. Type I error estimates from simulation comparing sampling strategies.** Estimates of type I error based on 1,000 replicates. The 95% confidence interval around 0.05 is 0.036-0.063.

Sampling	Common variant test	Rare variant test
Random sample of 1100	0.053	0.033
Random sample of 2100	0.035	0.046
Random sample 5100	0.044	0.045
Random sample of 10100	0.044	0.045
c/c 100/100 from 5% tail	0.039	0.044
c/c 100/100 from 1% tail	0.062	0.040
c/c 100/100 from 0.1% tail	0.050	0.046
c/c 100/100 from 0.01% tail	0.046	0.046
c/c 100 from 5% tail and 1,000 random samples	0.054	0.052
c/c 100 from 1% tail and 1,000 random samples	0.051	0.049
c/c 100 from 0.1% tail and 1,000 random samples	0.046	0.046
c/c 100 from 0.01% tail and 1,000 random samples	0.044	0.040

**Figure S1. Proportion of functional variants observed in extremes versus random sample design.**



**Figure S2. Power estimates from the fixed sample size simulation.**

Samples were simulated with equal numbers for the population-based random sample (RS) and the extreme case-control (CC) sample. Threshold, the threshold for selecting the extreme samples; RV, rare variant test; CV, common variant test; sigma, the standard deviation effect of each of the functional rare variants. The probability that specific class of mutations are function was simulated as follows: Model 1 – prob=0.3, poss=0.05, benign=0.1; Model 2 – prob=0.5, poss=0.2, benign=0.05 (increases the amount of variation that is functional); Model 3 – prob=0.1, poss=0.01, benign=0.001 (decreases the amount of variation that is functional).

