The derivation of equation 4.

To calculate the void size between two parallel fibers, a homogeneous cubic arrangement of fibers is assumed, as depicted below:

In which *l* is the linear void size between two parallel fibers and D_f the effective fiber thickness. The volume, *V*, of one cubic unit will therefore be: $V = (l + D_f)^3$

In addition, we assume a square fiber cross-section as depicted in the next schematic:

The fiber cross-sectional surface, A_f , is therefore: $A_f = D_f^2$

The volume of a fiber at one of the edges of the cubic unit is: $(l + D_f)A_f$

One cubic unit contains 12 of these fiber edges. Each edge is shared by 4 cubic units, so 1/4 of each fiber contributes to the volume that is occupied by fiber within one cubic unit:

$$
3(l+D_f)A_f
$$

In addition, in this model, at each corner three fibers overlap, which should be corrected for. Therefore the volume within one cubic unit that is occupied by fiber, V_f , is:

$$
V_f = 3(l + D_f)A_f - 2D_f^3
$$

From a previous study it is known that the protein density, *ρ*, in the fibers is 1.7 mmol/l. Therefore the number of protein molecules present within one cubic unit is:

$$
\rho V_f = \rho (3(l + D_f)A_f - 2D_f^3)
$$

Finally, the volume of one cubic unit, *V*, is equal to the number of protein molecules per cubic unit divided by the protein concentration, *c* (in mmol/l).

$$
V=\rho V_f/c
$$

$$
\rho(3(l + D_f)A_f - 2D_f^3)/c = (l + D_f)^3
$$

This is equivalent to equation 4.