

Appendix - *IGSF10* regulates embryonic GnRH neuronal migration and mutations result in delayed puberty

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Table of Contents

Appendix Figure S1: Multiple sequence alignment (m.s.a.) for all four residues harboring *IGSF10* mutations.

Appendix Figure S2: Tertiary structure of LRR Region I.

Appendix Figure S3: Efficacy of Sp-MO.

Appendix Table S1: Rare Variant Burden Testing post Targeted Exome Sequencing

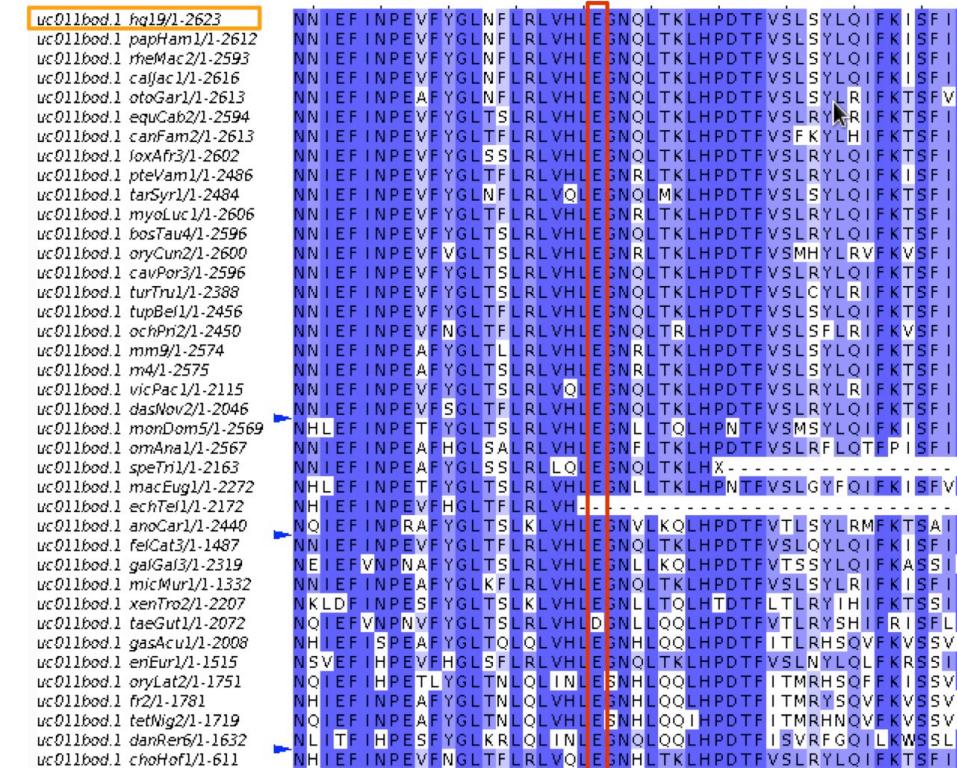
Appendix Table S2: Auxological and Pubertal Data of DP patients from the cohort with potentially pathogenic mutations in *IGSF10* as compared to patients without mutations in *IGSF10*.

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Appendix Table S4: Clinical characteristics of two patients with hypothalamic amenorrhea (HA) and HA-equivalent with a shared rare variant in *IGSF10* (NM_178822: c.7353_7354insATCA: (rs570110855) p.L2452fs).

A

| | |
|---------------------------|---|
| uc011bod.1 hg19/1-2623 | RSLTRLHMDHNNIEF INPEVFYGLNFRLRVLLEGNQLTLKLPDTFVS |
| uc011bod.1 papHam1/1-2612 | RSLTRLHMDHNNIEF INPEVFYGLNFRLRVLLEGNQLTLKLPDTFVS |
| uc011bod.1 rheMac2/1-2593 | RSLTRLHMDHNNIEF INPEVFYGLNFRLRVLLEGNQLTLKLPDTFVS |
| uc011bod.1 cafc1/1-2616 | RSLTRLHMDHNNIEF INPEVFYGLNFRLRVLLEGNQLTLKLPDTFVS |
| uc011bod.1 otoGar1/1-2613 | RSLTRLHMDHNNIEF INPEAFYGLNLVHLEGNQLTLKLPDTFVS |
| uc011bod.1 equCab2/1-2594 | RSLTRLHMDHNNIEF INPEVFYGLTSRLRVHLEGNQLTLKLPDTFVS |
| uc011bod.1 canFam2/1-2613 | RSLTRLHMDHNNIEF INPEVFYGLTFLRLVHLEGNQLTLKLPDTFVS |
| uc011bod.1 loxAfr3/1-2602 | RSLTRLHMDHNNIEF INPEVFYGLSSLRLVHLEGNQLTLKLPDTFVS |
| uc011bod.1 pteVam1/1-2486 | RNLTRLHMDHNNIEF INPEVFYGLTFRLRVHLEGNRLT |
| uc011bod.1 tarSyr1/1-2484 | RSLTRLHMDHNNIEF INPEVFYGLNFRLRVQLEGNQLMKLHDPDTFVS |
| uc011bod.1 myoLoc1/1-2606 | RSLTRLHMDHNNIEF INPEVFYGLTFLRLVHLEGNRLT |
| uc011bod.1 basTau4/1-2596 | RSLTRLHMDHNNIEF INPEVFYGLTSRLRVHLEGNQLTLKLPDTFVS |
| uc011bod.1 oryCun2/1-2600 | RSLTRLHMDHNNIEF INPEVFYGVLSRLRVHLEGNRLT |
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| uc011bod.1 tpuBel1/1-2456 | RSLTRLHMDHNNIEF INPEVFYGLTFLRLVHLEGNQLTLKLPDTFVS |
| uc011bod.1 ochPn2/1-2450 | WSLTRLHMDHNNIEF INPEVFNGLTFRLRVHLEGNQLTRLHDPDTFVS |
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| uc011bod.1 omAnAl/1-2567 | KSLIRLHMDHNNIEF INPEAFHGSLARL |
| uc011bod.1 speTri1/1-2163 | RSLTRLHMDHNNIEF INPEAFYGLSSLRLVQLEGNQLTLKLPDTFVS |
| uc011bod.1 macEug1/1-2272 | RSLTRLHLDHNNIEF INPETFYGLTSRLRVHLEGNLT |
| uc011bod.1 echTei1/1-2172 | RNLTRLHLDHNNIEF INPEVFHGLTFRLRVH--- |
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| uc011bod.1 taeGut1/1-2072 | NSLVRLLHMDHNOIEF VNPNVFYGLTSRLVHLDGNL |
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| uc011bod.1 emEur1/1-1515 | RSLTRLHLDHNSVEF IHPVEFHGSFLRLVHLEGNQLTLKLPDTFVS |
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| uc011bod.1 fr2/1-1781 | KSLMRLLYLDHNNHIEF INPEAFYGLTNLQVHLEGNLQQLHDPDTIT |
| uc011bod.1 tetNig2/1-1719 | ENLMRLYLDHNOIEF INPEAFYGLTNLQVHLESNLQQLIHPDTIT |
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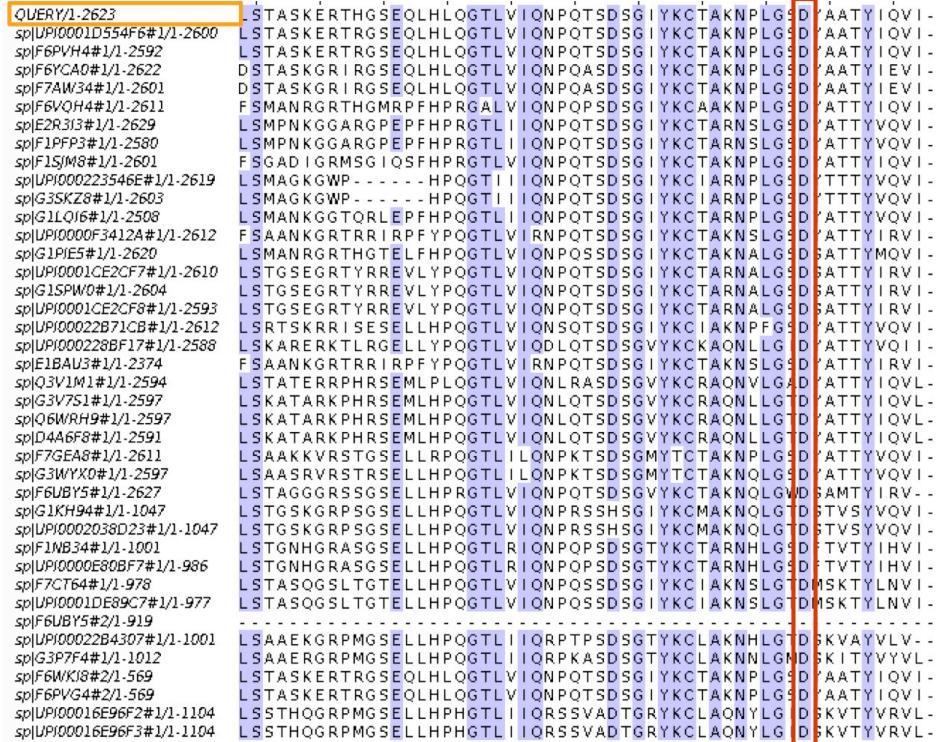
B

C

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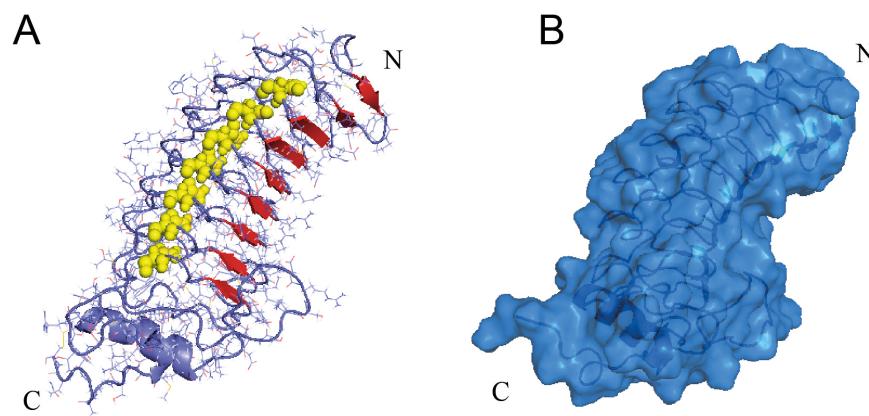
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NGYQONRTVIKDVAVKFSRKLIDCEAEGNPTPIITWIMPDNIFLTAPYIGS

D

Appendix Figure S1

Multiple sequence alignment (m.s.a.) for all four residues harboring *IGSF10* mutations.

M.s.a. for residues R156 (A), E161 (B), E2264 (C) and D2614 (D). M.sa. was generated using Polyphen2 version 2.2.2, which retrieves homologues (both orthologs and paralogs, here displayed according to their Uniprot Id) using Blast+. M.s.a. is displayed using Jalview applet. Residues are colored according to the percentage of the residues in each column that agree with the consensus sequence (percentage identity color scheme in Jalview, dark blue >80%, white < 40%).



Appendix Figure S2

Tertiary structure of LRR Region I.

Panel A: Beta strands are displayed in red and the asparagine ladder in yellow. Panel B: the 'arc' shape of LRR region I.

| | |
|---------|---|
| Mispair | GGAGACATCCAGACAGCTGTGGAAAGAATTAAACCTGGGTATA----- |
| Sp-MO | GGAGACATCCAGACAGCTGTGGAAAGAATTAAACCTGGGTAAAACCTACAACAGGCAAAC ***** |
| Mispair | ----- |
| Sp-MO | CACCGCTGAAATTCTCGAGAAATGCAATCGAAACTGCTTACTTGAGCTCAGTT CCTCTG |
| Mispair | -----ACAGTTTGTCAAGTCTCAAGCGAACGSTCTCTYGGG |
| Sp-MO | TGCAATTTGTGTTCAAGGTATAACAGTTGTCAAGTCTCAAGCGAACGnTCTCTNGGG ***** |
| Mispair | ACTGAATAAGCTGGAAYGTAAATGCTGCATAGTAACATGATCAAAACTGTnGAGGACAG |
| Sp-MO | ACTGAATAAGCTGGAANTGTAAATGCTGCATAGTAACATGATCAAAACTGTnGAGGACAG ***** |

Appendix Figure S3

Efficacy of Sp-MO.

Nucleotide sequence obtained from RNA of *Igsf10* Sp-MO injected embryos showing an insertion of 97 nucleotides in the splice site of the second exon. Apostrophes denote homology.

Appendix Table S1: Rare Variant Burden Testing post Targeted Exome Sequencing

| Gene | Total number of rare (MAF <2.5%) and predicted damaging* variant alleles in probands and in the reference population | | P value | Adjusted P value** |
|---------------|--|-----------------------|----------|--------------------|
| | In DP cohort | In ExAC Finn database | | |
| | (n=49) | (n=3305) | | |
| HS6ST1 | 4 | 3 | 3.23E-06 | 3.01E-05 |
| LRRIQ3 | 12 | 88 | 1.66E-07 | 4.65E-06 |
| EAP1 | 8 | 39 | 1.42E-06 | 1.99E-05 |
| IGSF10 | 13 | 292 | 0.0029 | 0.020 |
| SEC24A | 3 | 17 | 0.0051 | 0.029 |
| ZNF560 | 2 | 6 | 0.00823 | 0.038 |
| FTO | 3 | 29 | 0.0188 | 0.058 |
| LGR4 | 8 | 172 | 0.0155 | 0.058 |
| CYFIP1 | 2 | 10 | 0.01852 | 0.058 |
| TTF1 | 7 | 96 | 0.023 | 0.064 |
| THBS4 | 3 | 33 | 0.02574 | 0.066 |
| INHA | 3 | 39 | 0.0384 | 0.090 |
| SYPL2 | 5 | 114 | 0.04472 | 0.096 |
| ELFN2 | 2 | 22 | 0.06745 | 0.135 |
| SETBP1 | 2 | 25 | 0.0829 | 0.155 |
| TBX6 | 4 | 102 | 0.1204 | 0.211 |

| | | | | |
|-----------------|---|-----|--------|-------|
| FANCL | 3 | 78 | 0.175 | 0.288 |
| ZNF266 | 2 | 54 | 0.236 | 0.367 |
| HTR3D | 2 | 60 | 0.3035 | 0.433 |
| ICAM3 | 1 | 20 | 0.315 | 0.433 |
| BCLAF1 | 4 | 393 | 0.3249 | 0.433 |
| ARHGEF16 | 3 | 100 | 0.4329 | 0.551 |
| CUX1 | 1 | 39 | 0.5141 | 0.626 |
| CPZ | 2 | 196 | 0.5867 | 0.684 |
| PANX3 | 2 | 120 | 1 | 1 |
| WDR25 | 2 | 126 | 1 | 1 |
| ERCC4 | 3 | 202 | 1 | 1 |
| LRRN1 | 0 | 4 | 1 | 1 |

Minor allele frequency (MAF) data was retrieved from the ExAC Browser (Exome Aggregation Consortium (ExAC), Cambridge, MA: <http://exac.broadinstitute.org>, accessed October 2015). *by both SIFT (1) and Polyphen2 (2). P value calculated by Fisher's exact test.
 **Benjamini & Hochberg method (3)

Appendix Table S2: Auxological and Pubertal Data of DP patients from the cohort with potentially pathogenic mutations in *IGSF10* as compared to patients without mutations in *IGSF10*.

| Males | | | |
|--------------------------------|--|---|----|
| | DP patients with <i>IGSF10</i> mutations (mean±SD) | DP patients without <i>IGSF10</i> mutations (mean±SD) | |
| | n=18 | n=64 | |
| Birth weight (kg) | 3.6±0.6 | 3.7±0.4 | ns |
| Birth length (cm) | 50.6±1.9 | 50.9±1.2 | ns |
| Age at G2 stage (yrs) | 15.2±0.8 | 15.2±0.9 | ns |
| Age at “take off” (yrs) | 15.0±1.3 | 14.9±0.7 | ns |
| Age at PHV (yrs) | 16.3±1.2 | 16.1±1.0 | ns |
| Adult height (cm) | 177.0±5.9 | 179.3±7.0 | ns |
| Females | | | |
| | DP patients with <i>IGSF10</i> mutations (mean±SD) | DP patients without <i>IGSF10</i> mutations (mean±SD) | |
| | n=8 | n=125 | |
| Birth weight (kg) | 3.7±0.2 | 3.6±0.5 | ns |
| Birth length (cm) | 50.3±2.3 | 50.0±2.2 | ns |
| Age at B2 stage (yrs) | 13.5±1.0 | 13.8±1.0 | ns |
| Age at “take off” (yrs) | 13.3±0.7 | 12.5±1.1 | ns |
| Age at PHV (yrs) | 14.5±0.7 | 13.4±1.0 | ns |
| Adult height (cm) | 168.5±5.4 | 165.1±6.5 | ns |

Tables are divided into male and female and compare auxological data and pubertal timing of those DP patients with potentially pathogenic mutations in *IGSF10* (p.Arg156Leu, p.Glu161Lys, p.Glu2264Gly and p.Asp2614Asn) with those without mutations in *IGSF10*. All comparisons were found to be non-significant (ns) by Student's *t* test (2-tailed); G2 – Tanner genital stage 2; B2 – Tanner breast stage 2; “take off” – age at start of pubertal growth spurt; PHV – peak height velocity.

Appendix Table S3: Frequency of *IGSF10* variants in the hypogonadotropic hypogonadism (HH) cohort.

| HH cohort (n=334) | | | ExAC database (n=32200) | | | P value |
|--|------------------|------------------|--|------------------|------------------|---------|
| Total number of rare and predicted damaging variant alleles* | Allele Frequency | Total Prevalence | Total number of rare and predicted damaging variant alleles* | Allele Frequency | Total Prevalence | |
| 34 | 5.1% | 10.2% | 2314 | 3.5% | 7% | 0.0329 |

Minor allele frequency (MAF) data for the European control subjects was retrieved from the ExAC Browser (Exome Aggregation Consortium (ExAC), Cambridge, MA: <http://exac.broadinstitute.org>, accessed October 2015). P value calculated by Fisher's exact test. *rare variants with MAF <2.5% and predicted damaging by both SIFT and Polyphen2

Appendix Table S4: Clinical characteristics of two patients with hypothalamic amenorrhea (HA) and HA-equivalent with a shared rare variant in *IGSF10* (NM_178822: c.7353_7354insATCA: (rs570110855) p.L2452fs).

| Characteristic | Patient 1 | Patient 2 |
|--|--|--------------------------|
| <i>Clinical Characteristics</i> | | |
| Gender | Female | Male |
| Age (yr) | | |
| At menarche | Unknown | - |
| At diagnosis | 25 | 29 |
| BMI at diagnosis | 25 (low body fat to muscle ratio) | 18 |
| <i>Predisposing factors</i> | | |
| Weight loss | No | Yes |
| Excessive exercise | Yes | No |
| Subclinical eating disorder | No | Yes |
| Fertility Status | Failed attempt at conception off treatment; undergoing gonadotropin therapy | No attempt at conception |
| Family history of hypothalamic amenorrhea | No | No |
| <i>Radiological Findings</i> | | |
| MRI | Normal pituitary | Normal pituitary |
| <i>Biochemical Findings</i> | | |
| LH (U/L) | 5.0 | 0.6 |
| FSH (U/L) | 5.9 | 4.1 |
| Estradiol (E_2) (pg/mL) | <15 | - |
| Testosterone (ng/mL) | <0.3 | 0.8 |
| Prolactin (mU/L) | 129 | 111 |
| TFTs | Within normal range | Within normal range |
| AMH | 40.3 | - |

The body-mass index (BMI) is the weight in kilograms divided by the square of the height in meters; LH- lutenising hormone; FSH – follicular stimulating hormone; TFTs – thyroid function tests, comprising of free T4 and thyroid stimulating hormone; AMH – anti-mullerian hormone

References

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2. Adzhubei IA, Schmidt S, Peshkin L, Ramensky VE, Gerasimova A, Bork P, Kondrashov AS, and Sunyaev SR. A method and server for predicting damaging missense mutations. *Nature methods*. 2010;7(4):248-9.
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