Supplementary Table 1. Usability validation of The Legal Challenges in Digital Health (LCDH) Framework for exploring the relationship to valid regulations of 3 health-promoting digital services.

Health-promoting digital service								
No	Concept	Question	Sisom ^a	Give Me a Break ^b	DELTA ^c			
1	Medical	Is the product a medical	No	No	No			
	device	device?						
2	eHealth	Is the product an	Yes	No	No			
		eHealth service?						
3	Medical	Is the service	Yes	No	Yes			
	responsibility	recommended/supplied						
		by the health care?						
4	Care damage	Is there any risk of care	Yes	No	Yes			
		damage?						
5	Personal data	Are personal data	Yes	Yes	Yes			
		handled?						
6	Consent	Does the service lack	No	No	No			
		user agreement?						
Summary			Sisom is an eHealth	Give Me a Break is a	DELTA is a digital			
statement			service. Health care is	digital service for	service. Health care is			

	responsible for the	which health care has	responsible for the
	medical purposes of the	no responsibility.	medical purposes of the
	service and the	Personal data are	service and the
	potential risk of care	handled and agreed on	potential risk of care
	damage. Personal data	through a consent	damage. Personal data
	are handled and agreed	procedure.	are handled and agreed
	on through a consent		on through a consent
	procedure.		procedure.

^aSisom is a digital communication tool that assists children (6-12 years) in health care in communicating their experiences, feelings, life situation, and health. The child creates an avatar that sets out on a journey between islands on which the child finds a wide array of various experiences and symptoms represented by animations and brief statements to respond to. A summary of all responses is accumulated and eventually printed out as a hard copy that the child brings to the consultation with the medical staff. The use of *Sisom* results in a significant increase in symptoms and problems addressed and an improved quality and child focus of the health care dialogue.

^b*Give Me a Break* is an interactive platform for play and social interaction, a safe meeting place where cancer survivors (8+ years) can interact with peers, find new friends, and build long-lasting friendships. The platform is composed of a virtual playground to connect users, creative playful activities facilitated by an online youth worker to stimulate interaction and integration of social media applications to precede interaction into other channels. The service is introduced at discharge from intensive care or during clinical checkups at the hospital after completion of treatment.

^cDELTA is a digital service used for creating a greater sense of school ownership of adolescents and to support a sense of control and ability to manage school-related stress. The digital service supports a new approach for the school health team based on continuous interaction between the team and the school children. The children report daily on an app about how they feel being in school, and this information is summarized and returned to the school health team on a weekly basis for structured reflection, response, and feedback.