

## Delirium Survey

1. On the acute take, what proportion of patients over the age of 75 have:

	< 5%	5 – 9%	10 – 14%	15 – 19%	> 20%
Delirium					
Depression					
Dementia					
Dementia and delirium					

2. Estimate the **one year mortality** for an average 70 year old woman:

	< 5%	5- 9%	10- 24%	> 25%
Duke's C colorectal carcinoma				
Non-ST Elevation Myocardial Infarction with troponin of 15				
Delirium secondary to urinary sepsis				
Bleeding duodenal ulcer from NSAID use				
Three admissions for infective exacerbation of COPD in 6/12				
Delirium with pre-existing cognitive impairment				
Subarachnoid haemorrhage and GCS 13				
Fractured neck of femur				
In a nursing home with Barthel score of 5/20				

3. In what percentage of cases of delirium is a clear set of precipitating causes found?

<10%	10-25%	25-50%	50-75%	>75%

4. Using DSM-IV, which of the following features are essential to diagnosis delirium:

disorientation in time	T / F	visual hallucinations	T / F
agitation	T / F	altered sleep-wake cycle	T / F
inattention	T / F	altered mood	T / F
acute onset	T / F	disorganised thinking	T / F
altered arousal	T / F		

5. I have used validated delirium assessment tools T / F

6. What is the relative risk of the following developing **in one year** from an episode of delirium in a patient over the age of 65?

	1x	2x	3x	5x	10x
Dementia					
Institutionalisation					
Delaying discharge					
Death					

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I have a good working knowledge of the diagnostic criteria for acute coronary syndromes					
I have a good working knowledge of the diagnostic criteria for pneumonia					
I have a good working knowledge of the diagnostic criteria for acute pancreatitis					
I have a good working knowledge of the diagnostic criteria for delirium					
Delirium is a medical emergency					
Delirium is an extensive and prevalent problem					
Delirium in acute medical settings is under-recognised					
Delirium is partly preventable					
Being skilled in delirium diagnosis makes a difference to clinical outcomes					
Benzodiazepines are first line treatments for delirium					
Delirium is distressing for patients					
Delirium is distressing for relatives					
I am confident at managing delirium					
Delirium is a treatable condition					
Staffing constraints often result in the over-use of pharmacological therapy					

Date                      Centre                      Grade

Year of qualification

Number of months postgraduate experience in:

Neurology

Geriatrics

Psychiatry

Current subspecialty post

Career plans