Supplement Table 1. Composition of the multi-mineral algae product (Aquamin Soluble®).

Element	μg/g	Element	μg/g	Element	μg/g
Aluminum	32.7	Hafnium	0.025	Rubidium	0.350
Antimony	0.086	Holmium	<0.03	Ruthenium	0.058
Arsenic	0.115	Indium	0.021	Samarium	0.083
Barium	1.43	Iodine	14.0	Scandium	0.075
Beryllium	0.062	Iridium	<0.01	Selenium	3.70
Bismuth	0.050	Iron	162	Silicon	95.8
Boron	15.6	Lanthanum	0.085	Silver	0.098
Bromine	8.35	Lead	0.131	Sodium	2,340
Cadmium	0.045	Lithium	0.693	Strontium	644
Calcium	152,900	Lutetium	0.011	Sulfur	1,953
Carbon	659,100	Magnesium	15,200	Tantalum	0.083
Cerium	0.029	Manganese	34.8	Tellurium	0.048
Cesium	0.011	Mercury	<0.005	Terbium	0.050
Chloride	1,210	Molybdenum	0.082	Thallium	0.096
Chromium	0.820	Neodymium	0.033	Thorium	<0.02
Cobalt	<0.05	Nickel	0.115	Thulium	0.017
Copper	1.09	Niobium	<0.03	Tin	0.063
Dysprosium	0.048	Osmium	<0.01	Titanium	8.19
Erbium	0.339	Palladium	<0.01	Tungsten	0.048
Europium	0.071	Phosphorous	320	Vanadium	4.29
Fluoride	6.95	Platinum	<0.01	Ytterbium	0.094
Gadolinium	0.042	Potassium	119	Yttrium	0.445
Gallium	0.115	Praseodymium	0.151	Zinc	10.7
Germanium	0.028	Rhenium	<0.02	Zirconium	0.28
Gold	<0.01	Rhodium	<0.01		

Source: 2008 Test Certificate for Aquamin Soluble®, by Advanced Laboratories, Inc. (Salt Lake City, UT), for client Marigot Limited (Ireland).