

[39]													
Janssen et al. (2005) [40]	2	2	2	1	2	2	2	2	2	2	2	2	0.95
Kuntsche et al. (2006) [41]	1	2	2	1	2	2	2	2	2	2	2	2	0.91
Richter et al. (2009) [42]	2	2	2	1	2	2	2	2	2	2	2	2	0.95
Vereecken et al. (2006) [43]	2	2	2	0	2	2	2	2	2	2	2	2	0.91
HBSC report 2004 [44]	1	2	2	2	2	2	1	0	0	2	2	2	0.73
Haug et al. (2009) [45]	2	2	2	2	2	2	2	2	2	2	2	2	1.00
Torsheim et al. (2010) [46]	2	2	2	0	2	2	2	2	2	2	2	2	0.91
HBSC report 2008 [47]	1	2	2	2	2	2	1	0	0	1	2	2	0.68
Nuutinen et al. (2015) [48]	2	2	2	2	2	2	2	2	2	2	2	2	1.00
HBSC report 2012 [49]	1	2	2	2	2	2	1	0	0	1	2	2	0.68
Bucksch et al. (2016) [50]	2	2	1	1	2	2	2	0	2	2	2	2	0.82
HBSC report 2016 [51]	1	2	2	2	1	2	1	0	0	1	2	2	0.64
Atkin et al. (2014) [52]	2	1	1	1	1	2	2	2	2	2	2	2	0.82
Ekelund et al. (2012) [53]	2	1	1	2	2	2	2	2	2	2	2	2	0.91
Hildebrand et al. (2015) [54]	1	2	1	2	2	2	2	2	2	2	2	2	0.91
Hense et al. (2011) [55]	2	2	2	2	0	2	2	2	2	2	2	2	0.91
Hunsberger et al. (2012) [56]	2	2	1	2	0	2	2	2	2	2	2	2	0.86
Kovács et al. (2015) [57]	2	2	2	1	2	2	2	2	2	2	2	2	0.95
Mitchell et al. (2013) [58]	1	2	1	1	2	2	2	2	2	2	2	2	0.86
Katzmaryk et al. (2015) [59]	2	2	2	2	2	2	2	2	2	1	2	2	0.95

LeBlanc et al. (2015) [60]	2	2	1	2	2	2	2	2	2	2	2	0.95
Klepp et al. (2007) [61]	2	2	2	2	2	2	2	2	2	2	2	1.00
te Velde et al. (2007) [62]	2	2	2	1	2	2	2	2	2	2	2	0.95
De Craemer et al. (2015) [63]	2	2	2	1	2	2	2	2	2	2	2	0.95
van Stralen et al. (2012) [64]	2	2	1	2	1	2	2	2	2	2	2	0.91
Total	74	82	71	70	73	75	78	74	70	81	84	0.91

Since items 5 (random allocation), 6 (blinding investigators) and 7 (blinding subjects) were not applicable to all of the studies, they are not shown here; N/A, not applicable