

**Supplementary Material Table 2.** Characteristics of study population in 2002/03 (SAP 2)

	Total			Men			Women		
	N	mean / %	SD	N	mean / %	SD	N	mean / %	SD
<i>Socio-demographic variables</i>									
Age, years	4488	51.3	11.1	2224	51.0	11.2	2264	51.6	11.0
Sex	4488								
men		49.6							
women		50.4							
Nationality	4484			2223			2261		
Swiss		88.3			87.4			89.3	
Non-Swiss		11.7			12.6			10.7	
Language region	4398			2191			2207		
German		54.8			56.2			53.5	
French		31.6			31.6			31.5	
Italian		13.6			12.2			15.0	
Education	4485			2223			2262		
lower than tertiary education		73.0			64.2			81.7	
tertiary education		27.0			35.8			18.3	
<i>Health-related variables</i>									
BMI, kg/m <sup>2</sup>	4477	25.7	4.2	2220	26.4	3.6	2257	24.9	4.6
BMI category	4477			2220			2257		
normal weight		48.4			37.6			59.0	
overweight		37.2			47.2			27.4	
with obesity		14.4			15.2			13.6	
Health status	3899			1949			1950		
not so good or bad		4.6			3.7			5.4	
good		44.0			41.7			46.4	
excellent or very good		51.4			54.6			48.2	
Smoking status	4488			2224			2264		
current non-smoker		77.8			75.9			79.7	
current smoker		22.2			24.1			20.3	
Alcohol intake	4484			2221			2263		
1 or 2 times a week or less		60.6			47.4			73.6	
several times a week or daily		39.4			52.6			26.4	
<i>Physical activity</i>									
PA according to short questionnaire, MET-min/week	4482	1187.5	1161.8	2222	1308.0	1237.6	2260	1069.0	1069.2