

**Results of linear mixed model analyses comparing the effectiveness of an Internet-based fully automated monitoring- and feedback intervention with and without therapist support (statistical model 2). Results are based on the pooled results of 100 multiple imputed datasets.**

Measure	Time effects			Time x Condition effects		
	<i>B</i>	<i>t</i> ( <i>p</i> )	95% <i>CI</i>	<i>B</i>	<i>t</i> ( <i>p</i> )	95% <i>CI</i>
Anorectic psychopathology (SEED-AN)						
Baseline to post-intervention	-0.02	-1.49 (.14)	-0.05 to 0.006	0.006	0.44 (.66)	-0.02 to 0.03
Post-intervention to 3-month follow-up	-0.007	-0.45 (.66)	-0.04 to 0.02	0.02	0.99 (.32)	-0.02 to 0.05
Post-intervention to 6-month follow-up	-0.04	-1.93 (.06)	-0.07 to .001	-0.02	-0.86 (.39)	-0.05 to 0.02
Bulimic psychopathology (SEED-BN)						
Baseline to post-intervention	-0.21	-8.07 (<.001)	-0.26 to -0.16	-0.006	-0.23 (.82)	-0.06 to 0.05
Post-intervention to 3-month follow-up	-0.08	-2.81 (.005)	-0.14 to -0.03	-0.01	-0.35 (.73)	-0.08 to 0.06
Post-intervention to 6-month follow-up	-0.19	-4.73(<.001)	-0.27 to -0.11	-0.03	-0.66 (.51)	-0.11 to 0.06
Global ED psychopathology (EDE-Q)						
Baseline to post-intervention	-0.40	-8.45 (<.001)	-0.49 to -0.31	0.05	1.02 (.31)	-0.05 to 0.15
Post-intervention to 3-month follow-up	-0.11	-2.53 (.01)	-0.20 to -0.02	-0.01	-0.23 (.82)	-0.11 to 0.09
Post-intervention to 6-month follow-up	-0.37	-5.76 (<.001)	-0.49 to -0.24	-0.01	-0.23 (.82)	-0.14 to 0.11
ED-related quality of life (ED-QOL)						
Baseline to post-intervention	-0.22	-10.51 (<.001)	-0.27 to -0.18	-0.005	-0.22 (.83)	-0.05 to 0.04
Post-intervention to 3-month follow-up	-0.09	-3.70 (<.001)	-0.14 to -0.04	-0.02	-0.71 (.48)	-0.07 to 0.03
Post-intervention to 6-month follow-up	-0.22	-7.46 (<.001)	-0.27 to -0.16	-0.01	-0.39 (.70)	-0.07 to 0.05
Symptoms anxiety & depression (PHQ-4)						
Baseline to post-intervention	-1.38	-11.76 (<.001)	-1.61 to -1.15	-0.13	-0.94 (.35)	-0.40 to 0.14
Post-intervention to 3-month follow-up	-0.50	-3.67 (<.001)	-0.76 to -0.23	-0.09	-0.58 (.56)	-0.38 to 0.21
Post-intervention to 6-month follow-up	-0.88	-5.33 (<.001)	-1.21 to -0.56	-0.15	-0.94 (.35)	-0.47 to 0.17
Perseverative thinking (PTQ)						
Baseline to post-intervention	-0.30	-8.99 (<.001)	-0.36 to -0.23	0.02	0.60 (.55)	-0.05 to 0.09
Post-intervention to 3-month follow-up	-0.13	-3.49 (.001)	-0.20 to -0.06	-0.03	-0.59 (.55)	-0.11 to 0.06
Post-intervention to 6-month follow-up	-0.23	-4.74 (<.001)	-0.33 to -0.13	-0.005	-0.09 (.93)	-0.10 to 0.09

SEED=Short Examination of Eating Disorders; AN=Anorexia Nervosa; BN=Bulimia Nervosa; EDE-Q=Eating Disorder Examination Questionnaire; ED-QOL=Eating Disorder-related Quality Of Life; PHQ-4=Patient Health Questionnaire; PTQ= Perseverative Thinking Questionnaire

Note 1: Values smaller than 0.01 are reported to 3 decimals places.

Note 2: Including the covariates age, duration of eating disorder psychopathology, and number of received psychological health care appointments.

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