

**Results of linear mixed model analyses comparing the effectiveness of an Internet-based fully automated monitoring- and feedback intervention with low-intensity (once a week) versus high-intensity (three times a week) therapist support (statistical model 3). Results are based on the pooled results of 100 multiple imputed datasets.**

Measure	Time effects			Time x Condition effects		
	<i>B</i>	<i>t</i> ( <i>p</i> )	95% <i>CI</i>	<i>B</i>	<i>t</i> ( <i>p</i> )	95% <i>CI</i>
<b>Anorectic psychopathology (SEED-AN)</b>						
Baseline to post-intervention	-0.02	-1.63 (.10)	-0.05 to 0.004	0.01	0.77 (.44)	-0.02 to 0.05
Post-intervention to 3-month follow-up	-0.01	-0.81 (.42)	-0.04 to 0.02	0.007	0.32 (.75)	-0.04 to 0.05
Post-intervention to 6-month follow-up	-0.03	-1.67 (.10)	-0.70 to .005	-0.03	-1.28 (.20)	-0.07 to 0.02
<b>Bulimic psychopathology (SEED-BN)</b>						
Baseline to post-intervention	-0.21	-8.48 (<.001)	-0.25 to -0.16	0.05	1.54 (.13)	-0.01 to 0.11
Post-intervention to 3-month follow-up	-0.08	-2.89 (.004)	-0.14 to -0.03	0.03	0.69 (.49)	-0.05 to 0.11
Post-intervention to 6-month follow-up	-0.18	-5.04 (<.001)	-0.25 to -0.11	0.07	1.77 (.08)	-0.007 to 0.15
<b>Global ED psychopathology (EDE-Q)</b>						
Baseline to post-intervention	-0.41	-9.21 (<.001)	-0.50 to -0.33	0.06	1.11 (.27)	-0.05 to 0.17
Post-intervention to 3-month follow-up	-0.11	-2.59 (.01)	-0.19 to -0.03	-0.01	-0.19 (.85)	-0.13 to 0.11
Post-intervention to 6-month follow-up	-0.36	-6.09 (<.001)	-0.48 to -0.25	0.10	1.41 (.16)	-0.04 to 0.23
<b>ED-related quality of life (ED-QOL)</b>						
Baseline to post-intervention	-0.22	-11.19 (<.001)	-0.26 to -0.18	0.09	3.25 (.001)	0.03 to 0.14
Post-intervention to 3-month follow-up	-0.09	-3.83 (<.001)	-0.13 to -0.04	0.04	1.44 (.15)	-0.02 to 0.10
Post-intervention to 6-month follow-up	-0.21	-8.13 (<.001)	-0.26 to -0.16	0.08	2.50 (.01)	0.02 to 0.15
<b>Symptoms anxiety &amp; depression (PHQ-4)</b>						
Baseline to post-intervention	-1.34	-12.17 (<.001)	-1.56 to -1.12	-0.20	-1.33 (.18)	-0.51 to 0.10
Post-intervention to 3-month follow-up	-0.49	-3.84 (<.001)	-0.73 to -0.23	-0.23	-1.31 (.19)	-0.57 to 0.11
Post-intervention to 6-month follow-up	-0.83	-5.56 (<.001)	-1.12 to -0.54	0.09	0.52 (.61)	-0.26 to 0.44
<b>Perseverative thinking (PTQ)</b>						
Baseline to post-intervention	-0.30	-9.56 (<.001)	-0.36 to -0.24	0.004	0.84 (.93)	-0.08 to 0.09
Post-intervention to 3-month follow-up	-0.12	-3.56 (<.001)	-0.19 to -0.05	-0.03	-0.56 (.58)	-0.12 to 0.07
Post-intervention to 6-month follow-up	-0.23	-5.06 (<.001)	-0.32 to -0.14	0.01	0.28 (.78)	-0.09 to 0.12

SEED=Short Examination of Eating Disorders; AN=Anorexia Nervosa; BN=Bulimia Nervosa; EDE-Q=Eating Disorder Examination Questionnaire; ED-QOL=Eating Disorder-related Quality Of Life; PHQ-4=Patient Health Questionnaire; PTQ= Perseverative Thinking Questionnaire

Note 1: Values smaller than 0.01 are reported to 3 decimals places.

Note 2: Including the covariates age, duration of eating disorder psychopathology, and number of received psychological health care appointments



Bestandsnaam: multimedia app 4  
Map: P:\ehealth\healthdocumenten\featback\artikel\submission 6  
JMIR\submission 3  
Sjabloon: \\FSRC2038\SpaceProfile\$\JAardoo\RESProfile\Sjablonen\Normal.dot  
m  
Titel:  
Onderwerp:  
Auteur: JAardoo  
Trefwoorden:  
Opmerkingen:  
Aanmaakdatum: 14-6-2016 10:51:00  
Wijzigingsnummer: 1  
Laatst opgeslagen op: 14-6-2016 10:52:00  
Laatst opgeslagen door: JAardoo  
Totale bewerkingstijd: 1 minuut  
Laatst afgedrukt op: 14-6-2016 10:52:00  
Vanaf laatste volledige afdruk  
Aantal pagina's: 2  
Aantal woorden: 491 (ong.)  
Aantal tekens: 2.703 (ong.)