

Multimedia Appendix 1: Frequency of health-specific ICT activities (%[95%CI])

Health-specific ICT activities ^a	Every day	At least once per week	At least once per month	Less than once per month	Never
Seek health info online	4.8(1.7-7.8)	11.7(7.2=16.2)	14.3(9.6-19.0)	16.5(11.00-21.9)	52.8(45.5-60.0)
Access health benefit info online	0.5(-0.5-1.5)	0.6(-0.6-1.8)	2.4(0.5-4.2)	8.7(5.0-12.5)	87.8(83.4-92.2)
Participant in online health support group	0	1.1(-0.1-2.8)	1.4(0.1-2.6)	6.8(3.2-10.5)	90.7(86.6-94.9)
Access online health records	0	0	3.1(0.5-5.6)	5.7(2.7-8.8)	91.2(87.3-95.1)
Purchase medications online	0	0.6(-0.3-1.5)	2.6(0.6-4.6)	4.5(1.8-7.2)	92.3(88.9-95.7)
Communicate with providers online	0	0.9(-0.3-2.2)	1.1(-0.1-2.4)	7.6(4.2-11.1)	90.3(86.5-94.1)
^a Information on use frequency was not collected for the following activities: “Use of online resource to avoid asking doctor” and “Use of health-related mobile apps”					