

Your name

Where you live

Instructions

Write the names or numbers of the following people and groups on the rings of the Circle of Influence. The closer they are to YOU, the MORE IMPORTANT they are to your successful diabetes management. Leave out any people or groups you have not encountered. Add in any people that we've missed out.

People and groups involved in diabetes management:

- Your GP 1
- GP Practice Nurse 2
- Phlebotomist
Blood samples 3
- Optometrist
Eye screening 4
- Podiatrist
Foot care 5
- Dietician 6
- Pharmacist 7
- DESMOND Programme 8
- Endocrinologist
Hormone specialist 9
- Diabetes UK Support Group 10
- Psychologist 11
- Diabetes Specialist Nurse 12
- Diabetes Research Doctor 13
- Consultant Diabetologist 14
- Physiotherapist 15
- Exercise Practitioner 16

