

SUPPLEMENTARY INFORMATION

Supplemental Table 1 (with references): Past, ongoing, and near future trials in Type 1 diabetes

Indication	Mechanisms	Examples	Target	Reference	
Prediabetes	Antigen specific immune modulation	Parental insulin	Beta cell protective/Tolerance to insulin	¹	
		Oral insulin	Tolerance to insulin	²	
		Alum GAD65	Tolerance to GAD65	³	
		Intranasal Insulin	Mucosal Antigen Specific Tolerance	^{4,5}	
		Cow's mild avoidance	Prevention of cellular activation by molecular mimic	⁶	
		Nicotinamide	Beta cells	⁷	
		Omega-3-fatty acids	Beta cell protective	⁸	
Prediabetes with glucose impairment*	Induction of regulatory mechanisms	Toleragenic Vitamin D	Dendritic cells	⁹	
		Teplizumab/ Otelixizumab	CD3/T cells (non-depleting)	¹⁰	
New onset diabetes	B cell depletion	Rituximab	CD20/B cells (depleting)	¹¹	
	Induction of regulatory cells/mechanisms	Teplizumab/ Otelixizumab	CD3	^{12,13}	
		Cell depletion	Thymoglobulin	T lymphocytes	^{14,15}
			Rituximab	CD20	¹⁶
	Anti-CD5 immunoconjugate		CD5 (B cells)	¹⁷	
	Anti-Cytokine		Alefacept	CD2: (depleting for memory T cells and NK cells)	¹⁸
			Ustekinumab	IL-12	¹⁹
			Canakinumab	IL-1	²⁰
			Anakinra (IL-1RA)	IL-1 receptor	²¹
			Daclizumab / (Zenapax) Basiliximab (Simulect)	IL-2receptor	²²
			"Power mix"	IL-1, IL-15	²³
	Anti-inflammatory		Etanercept (soluble TNFR2)	TNF	²⁴
			Lisofylline	Beta cells	²⁵
			Alpha-1 anti-trypsin (Aralast NP)		²⁶
	Costimulation blockade		CTLA4Ig (Abatacept)	B7.1 and B7.2	²⁷
Alefacept			LFA-3/CD2	²⁸	
Gleevec			Tyrosine Kinase	²⁹	
Broad immune suppression		Azathioprine, prednisone	T and B cell activation and proliferation	³⁰	
		Mycophenolate Mofetil with Daclizumab	Lymphocyte proliferation and IL-2rec	³¹	

		Cyclosporine Tacrolimus	Calcineurin	32,33
		Interleukin-2 (IL-2) with Rapamycin	Downregulate T effector while sparing T regulatory function	34
	Antigen specific immune modulation	GAD65alum	Tolerance to GAD65	3
		HSP60 (DiaPep277)	Immune modulatory	35
		Proinsulin DNA	Antigen-specific tolerance vaccination	36
	Cellular therapy	Granulocyte-Colony Stimulating Factor	Enhance T regulatory cell numbers	37
		Adult human mesenchymal stem cells	Impart immune regulation	38
		Insulin-treated EDCI fixed cells	Tolerance induction	39
		CD34+ cells	Stem cell immune modulation	37
		Expanded T regulatory cells	Augment regulatory T cell numbers	40
		Autologous dendritic cell therapy (with and without beta cell peptides)	Tolerogenic vaccine	41
		Umbilical cord blood infusion	Enhance T regulatory cell numbers	42
Diabetes recurrence following islet transplantation	Broad immune suppression	Tacrolimus, Rapamycin, Daclizumab	"Edmonton Protocol": Calcineurin, mTOR, IL-2rec	43,44
		Campath-1H	CD52: T-cell depleting mAb	45
		Alefacept	CD2	28
		Teplizumab	CD3	46,47
	Anti-inflammatory	Lisofylline		48
	Antigen processing	Deoxyspergualin	Monocytes	49

*** Relatives of patients with T1D who are positive for multiple autoantibodies or who have indeterminant glucose tolerance have a > 70% risk of diabetes over a 7 year observation period⁵⁰. They are considered similar to patients with T1D without manifest hyperglycemia.**

References

1. Effects of insulin in relatives of patients with type 1 diabetes mellitus. *N Engl J Med* **346**, 1685-91. (2002).
2. Skyler, J.S. et al. Effects of oral insulin in relatives of patients with type 1 diabetes: The Diabetes Prevention Trial--Type 1. *Diabetes Care* **28**, 1068-76 (2005).
3. Ludvigsson, J. et al. GAD treatment and insulin secretion in recent-onset type 1 diabetes. *N Engl J Med* **359**, 1909-20 (2008).

4. Harrison, L.C. et al. Pancreatic beta-cell function and immune responses to insulin after administration of intranasal insulin to humans at risk for type 1 diabetes. *Diabetes Care* **27**, 2348-55 (2004).
5. Achenbach, P., Barker, J. & Bonifacio, E. Modulating the natural history of type 1 diabetes in children at high genetic risk by mucosal insulin immunization. *Curr Diab Rep* **8**, 87-93 (2008).
6. Akerblom, H.K. et al. Dietary manipulation of beta cell autoimmunity in infants at increased risk of type 1 diabetes: a pilot study. *Diabetologia* **48**, 829-37 (2005).
7. Gale, E.A., Bingley, P.J., Emmett, C.L. & Collier, T. European Nicotinamide Diabetes Intervention Trial (ENDIT): a randomised controlled trial of intervention before the onset of type 1 diabetes. *Lancet* **363**, 925-31 (2004).
8. Norris, J.M. et al. Omega-3 polyunsaturated fatty acid intake and islet autoimmunity in children at increased risk for type 1 diabetes. *Jama* **298**, 1420-8 (2007).
9. Gysemans, C.A. et al. 1,25-Dihydroxyvitamin D3 modulates expression of chemokines and cytokines in pancreatic islets: implications for prevention of diabetes in nonobese diabetic mice. *Endocrinology* **146**, 1956-64 (2005).
10. Fife, B.T. et al. Insulin-induced remission in new-onset NOD mice is maintained by the PD-1-PD-L1 pathway. *J Exp Med* **203**, 2737-47 (2006).
11. Hu, C.Y. et al. Treatment with CD20-specific antibody prevents and reverses autoimmune diabetes in mice. *J Clin Invest* **117**, 3857-3867 (2007).
12. Herold, K.C. et al. Anti-CD3 monoclonal antibody in new-onset type 1 diabetes mellitus. *N Engl J Med* **346**, 1692-8. (2002).
13. Keymeulen, B. et al. Insulin needs after CD3-antibody therapy in new-onset type 1 diabetes. *N Engl J Med* **352**, 2598-608 (2005).
14. Eisenbarth, G.S. et al. Anti-thymocyte globulin and prednisone immunotherapy of recent onset type 1 diabetes mellitus. *Diabetes Res* **2**, 271-6 (1985).
15. Saudek, F. et al. Polyclonal anti-T-cell therapy for type 1 diabetes mellitus of recent onset. *Rev Diabet Stud* **1**, 80-8 (2004).
16. Pescovitz, M.D. et al. Rituximab, B-lymphocyte depletion, and preservation of beta-cell function. *N Engl J Med* **361**, 2143-52 (2009).
17. Skyler, J.S. et al. Effects of an anti-CD5 immunoconjugate (CD5-plus) in recent onset type I diabetes mellitus: a preliminary investigation. The CD5 Diabetes Project Team. *J Diabetes Complications* **7**, 224-32 (1993).
18. Barlow, A.K. & Like, A.A. Anti-CD2 monoclonal antibodies prevent spontaneous and adoptive transfer of diabetes in the BB/Wor rat. *Am J Pathol* **141**, 1043-51 (1992).
19. Trembleau, S., Penna, G., Gregori, S., Giarratana, N. & Adorini, L. IL-12 administration accelerates autoimmune diabetes in both wild-type and IFN-gamma-deficient nonobese diabetic mice, revealing pathogenic and protective effects of IL-12-induced IFN-gamma. *J Immunol* **170**, 5491-501 (2003).
20. Bendtzen, K. et al. Cytotoxicity of human p17 interleukin-1 for pancreatic islets of Langerhans. *Science* **232**, 1545-7 (1986).
21. Thomas, H.E. et al. IL-1 Receptor Deficiency Slows Progression to Diabetes in the NOD Mouse. *Diabetes* **53**, 113-121 (2004).
22. Zheng, X.X. et al. IL-2 receptor-targeted cytolytic IL-2/Fc fusion protein treatment blocks diabetogenic autoimmunity in nonobese diabetic mice. *J Immunol* **163**, 4041-8 (1999).
23. Koulmanda, M. et al. Modification of adverse inflammation is required to cure new-onset type 1 diabetic hosts. *Proc Natl Acad Sci U S A* **104**, 13074-9 (2007).

24. Mastrandrea, L. et al. Etanercept treatment in children with new-onset type 1 diabetes: pilot randomized, placebo-controlled, double-blind study. *Diabetes Care* **32**, 1244-9 (2009).
25. Chen, M., Yang, Z., Wu, R. & Nadler, J.L. Lisofylline, a novel antiinflammatory agent, protects pancreatic beta-cells from proinflammatory cytokine damage by promoting mitochondrial metabolism. *Endocrinology* **143**, 2341-8 (2002).
26. Koulmanda, M. et al. Curative and beta cell regenerative effects of alpha1-antitrypsin treatment in autoimmune diabetic NOD mice. *Proc Natl Acad Sci U S A* **105**, 16242-7 (2008).
27. Lenschow, D.J. et al. Differential effects of anti-B7-1 and anti-B7-2 monoclonal antibody treatment on the development of diabetes in the nonobese diabetic mouse. *J Exp Med* **181**, 1145-55. (1995).
28. Weaver, T.A. et al. Alefacept promotes co-stimulation blockade based allograft survival in nonhuman primates. *Nat Med* **15**, 746-9 (2009).
29. Louvet, C. et al. Tyrosine kinase inhibitors reverse type 1 diabetes in nonobese diabetic mice. *Proc Natl Acad Sci U S A* **105**, 18895-900 (2008).
30. Cook, J.J. et al. Double-blind controlled trial of azathioprine in children with newly diagnosed type I diabetes. *Diabetes* **38**, 779-83 (1989).
31. Hao, L., Wang, Y., Chan, S.M. & Lafferty, K.J. Effect of mycophenolate mofetil on islet allografting to chemically induced or spontaneously diabetic animals. *Transplant Proc* **24**, 2843-4 (1992).
32. Bougneres, P.F. et al. Factors associated with early remission of type I diabetes in children treated with cyclosporine. *N Engl J Med* **318**, 663-70. (1988).
33. Stiller, C.R. et al. Effects of cyclosporine immunosuppression in insulin-dependent diabetes mellitus of recent onset. *Science* **223**, 1362-7 (1984).
34. Rabinovitch, A., Suarez-Pinzon, W.L., Shapiro, A.M., Rajotte, R.V. & Power, R. Combination therapy with sirolimus and interleukin-2 prevents spontaneous and recurrent autoimmune diabetes in NOD mice. *Diabetes* **51**, 638-45 (2002).
35. Raz, I. et al. Beta-cell function in new-onset type 1 diabetes and immunomodulation with a heat-shock protein peptide (DiaPep277): a randomised, double-blind, phase II trial. *Lancet* **358**, 1749-53 (2001).
36. Urbanek-Ruiz, I. et al. Immunization with DNA encoding an immunodominant peptide of insulin prevents diabetes in NOD mice. *Clin Immunol* **100**, 164-71 (2001).
37. Voltarelli, J.C. et al. Autologous nonmyeloablative hematopoietic stem cell transplantation in newly diagnosed type 1 diabetes mellitus. *Jama* **297**, 1568-76 (2007).
38. Abdi, R., Fiorina, P., Adra, C.N., Atkinson, M. & Sayegh, M.H. Immunomodulation by mesenchymal stem cells: a potential therapeutic strategy for type 1 diabetes. *Diabetes* **57**, 1759-67 (2008).
39. Luo, X. et al. ECDI-fixed allogeneic splenocytes induce donor-specific tolerance for long-term survival of islet transplants via two distinct mechanisms. *Proc Natl Acad Sci U S A* **105**, 14527-32 (2008).
40. Tang, Q. et al. In vitro-expanded antigen-specific regulatory T cells suppress autoimmune diabetes. *J Exp Med* **199**, 1455-65 (2004).
41. Machen, J. et al. Antisense oligonucleotides down-regulating costimulation confer diabetes-preventive properties to nonobese diabetic mouse dendritic cells. *J Immunol* **173**, 4331-41 (2004).
42. Haller, M.J. et al. Autologous umbilical cord blood transfusion in very young children with type 1 diabetes. *Diabetes Care* **32**, 2041-6 (2009).

43. Shapiro, A.M. et al. Islet transplantation in seven patients with type 1 diabetes mellitus using a glucocorticoid-free immunosuppressive regimen. *N Engl J Med* **343**, 230-8. (2000).
44. Shapiro, A.M. et al. International trial of the Edmonton protocol for islet transplantation. *N Engl J Med* **355**, 1318-30 (2006).
45. Froud, T. et al. Islet transplantation with alemtuzumab induction and calcineurin-free maintenance immunosuppression results in improved short- and long-term outcomes. *Transplantation* **86**, 1695-701 (2008).
46. Hering, B.J. et al. Transplantation of cultured islets from two-layer preserved pancreases in type 1 diabetes with anti-CD3 antibody. *Am J Transplant* **4**, 390-401 (2004).
47. Hering, B.J. et al. Insulin independence after single-donor islet transplantation in type 1 diabetes with hOKT3g-1(ala-ala), sirolimus, tacrolimus therapy. *American Journal of Transplantation*, 180A (2001).
48. Yang, Z. et al. The novel anti-inflammatory agent lisofylline prevents autoimmune diabetic recurrence after islet transplantation. *Transplantation* **77**, 55-60 (2004).
49. Gores, P.F. et al. Insulin independence in type I diabetes after transplantation of unpurified islets from single donor with 15-deoxyspergualin. *Lancet* **341**, 19-21 (1993).
50. Sherr, J., Sosenko, J., Skyler, J.S. & Herold, K.C. Prevention of type 1 diabetes: the time has come. *Nat Clin Pract Endocrinol Metab* **4**, 334-43 (2008).

Supplemental Table 2. Ongoing trials for Type 1 diabetes

Study Title	Agent	Phase	Patient population	Clinicaltrials.gov
Biologics				
AbATE	Teplizumab (anti-CD3 mAb)	2	New onset T1DM	NCT00129259
DEFEND-1	Otelixizumab (anti-CD3 mAb)	3	New onset T1DM	NCT00678886
Protégé	Teplizumab	3	New onset T1DM	NCT00385697
Protégé Encore	Teplizumab	3	New onset T1DM	NCT00920582
Anti-CD3 Prevention Trial	Teplizumab	2	Prevention for at risk relatives	NCT01030861
START	Thymoglobulin	2	New onset T1DM	NCT00515099
Effects of Recombinant Human Glutamic Acid Decarboxylase	GAD65-alum	2	New onset T1DM	NCT00529399
A Phase III Study to Investigate the Impact of Diamyd in Patients Newly Diagnosed With	GAD65-alum	3	New onset T1DM	NCT00723411

Type 1 Diabetes (EU)				
Novel Therapy Combining Regenerative Stimuli Immunomodulation to Preserve Beta Cell Function in New Onset Type 1 Diabetes	Lansoprazole Sitagliptin GAD65	2	New onset T1DM	NCT00837759
Subcutaneous Administration of Otelixizumab to T1DM Patients	Otelixizumab	1	T1DM	NCT00946257
Delay	Teplizumab	2	Recent onset T1DM (4-12 mos)	NCT00378508
Anti-Interleukin-1 in Diabetes Action (AIDA)	IL-1 receptor antagonist (Anakinra)	3	New onset T1DM	NCT00711503
Cells				
Cord Blood Infusion for Type 1 Diabetes Mellitus (T1DM)	Cord blood	1	T1DM	NCT00989547
Autologous Dendritic Cell Therapy for Type 1 Diabetes Suppression: A Safety Study	Dendritic cells	1	T1DM	NCT00445913
Cord Blood Plus Vitamin D and Omega 3s in T1D	Umbilical cord blood Vitamin D Omega 3 fatty acids	2	T1DM	NCT00873925
Umbilical Cord Blood Infusion to Treat Type 1 Diabetes	Umbilical cord blood	1		NCT00305344
Small molecules				
Intranasal Insulin for Prevention of Type 1 Diabetes	Intranasal insulin	2	Prevention for at risk relatives	NCT00223613
Oral Insulin for Prevention of Diabetes in Relatives at Risk for Type 1 Diabetes Mellitus	Oral insulin	3	Prevention for at risk	NCT00419562
Trial of Intranasal Insulin in Children and Young Adults at Risk of Type 1 Diabetes	Intranasal insulin	2	Prevention for at risk	NCT00336674
Tolerability, Safety, and	INGAP	1	T1DM	NCT00995540

Efficacy Study of INGAP Peptide to Treat Type 1 Diabetes Mellitus in Adults	peptide			
Other				
Effect of Metabolic Control at Onset of Diabetes on Progression of Type 1 Diabetes	Intensive glucose control	3	New onset T1DM	NCT00505206
Phase 1 Study of BHT-3021 in Subjects With Type 1 Diabetes Mellitus	Proinsulin DNA vaccine	1	T1DM	NCT00453375