ESM Table 4. Baseline Total Cardiovascular Health Score in the Multi-Ethnic Study of Atherosclerosis [a]

	Overall	non-Hispanic white	Chinese American	African American	Hispanic American
	n= 5348	n=2277	n=676	n=1293	n=1102
Baseline Total Cardiovascular Health Score					
Inadequate (0-4) (%)	9.0	7.2	2.5	12.9	12.0
Average (5-8) (%)	65.1	62.8	53.4	70.7	70.5
Optimal (9-12) (%)	25.9	30.0	44.1	16.4	17.5

[a] 2 points for attainment of ideal cardiovascular health, 1 point for intermediate cardiovascular health and 0 points for poor cardiovascular health per metric were summed to create a total score ranging 0-12 and categorized as Inadequate (0-4), Average (5-8) or Optimal (9-12).