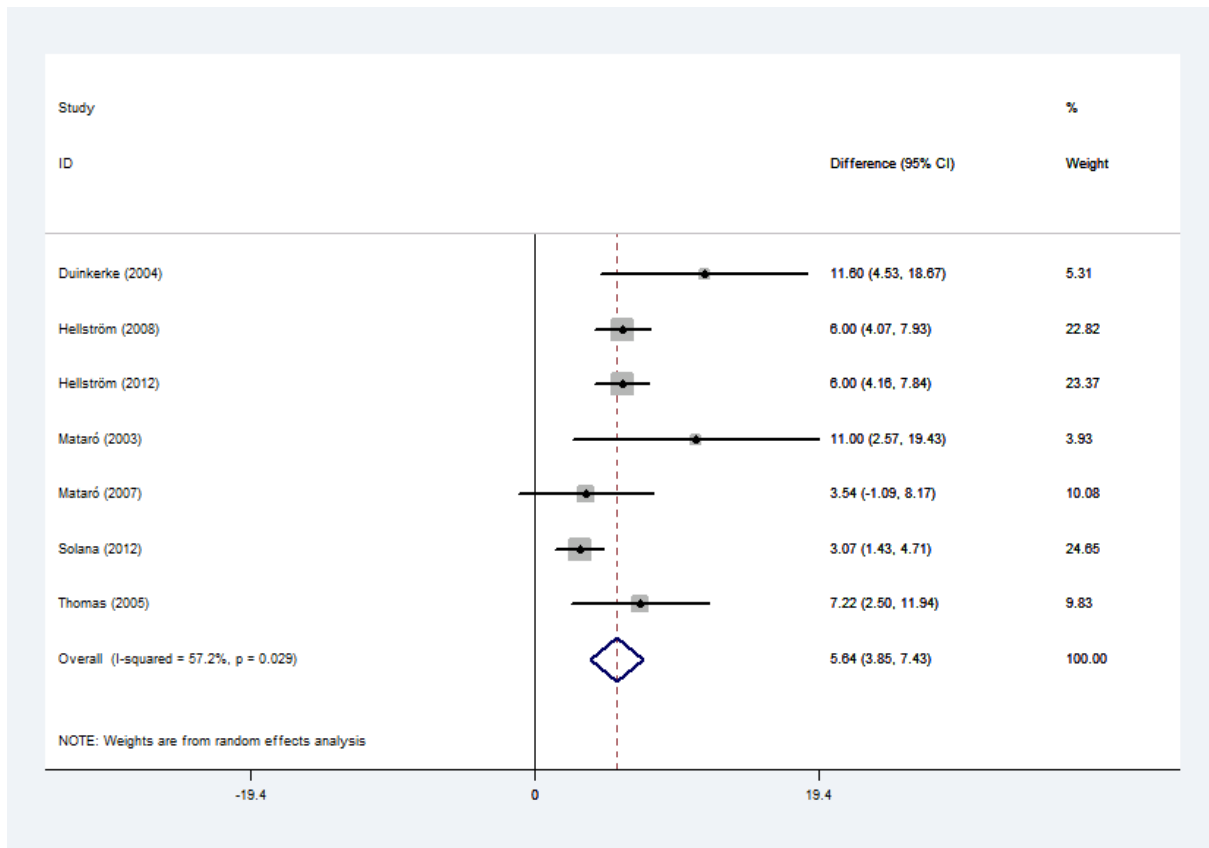
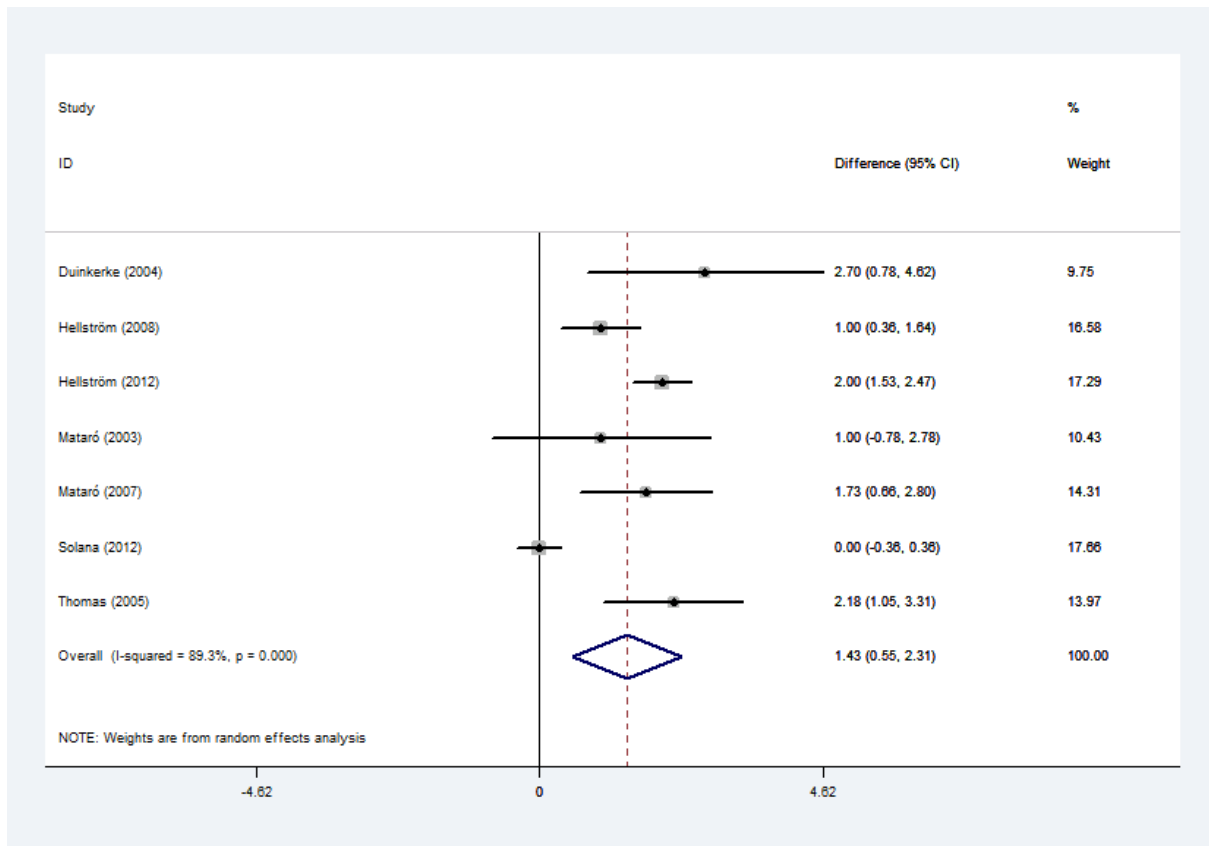


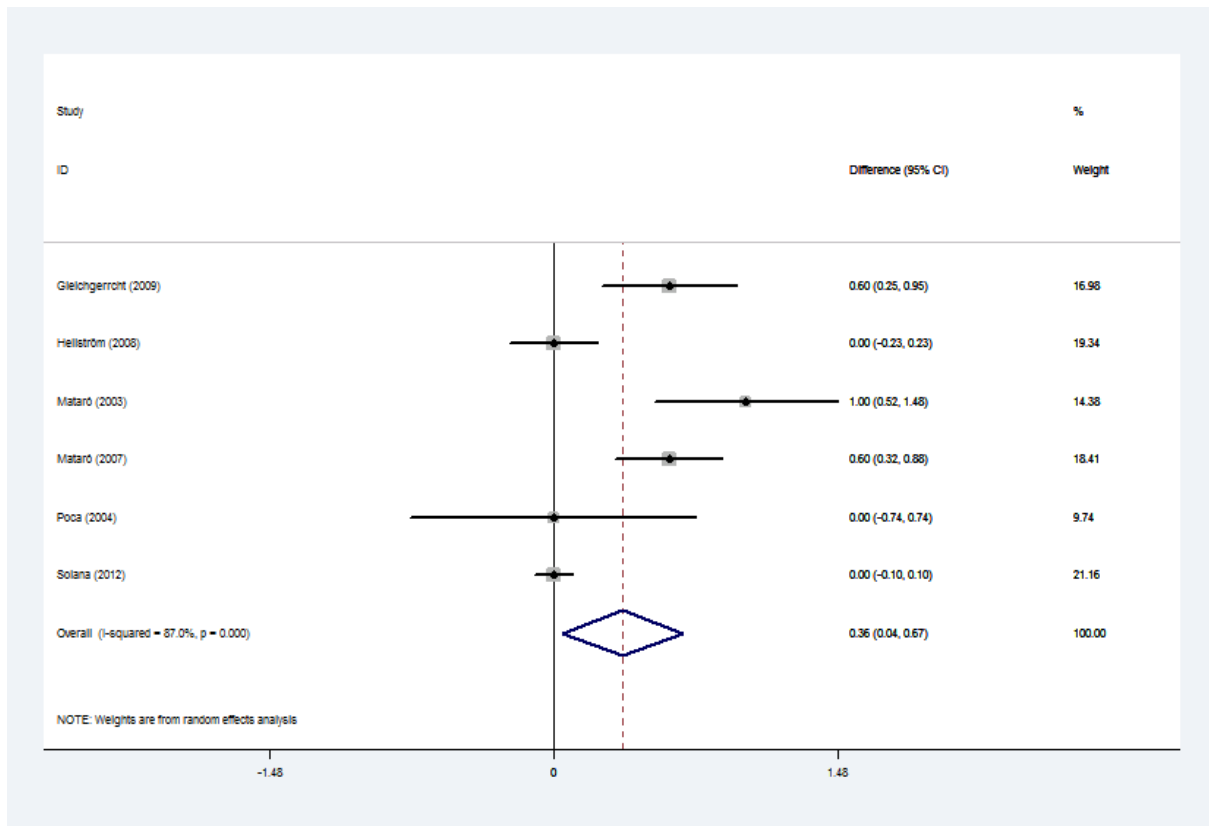
**Figure 1.** Forest plot for difference in MMSE. The pooled outcome was determined using a random-effects model. Average differences are shown with 95 per cent confidence intervals.



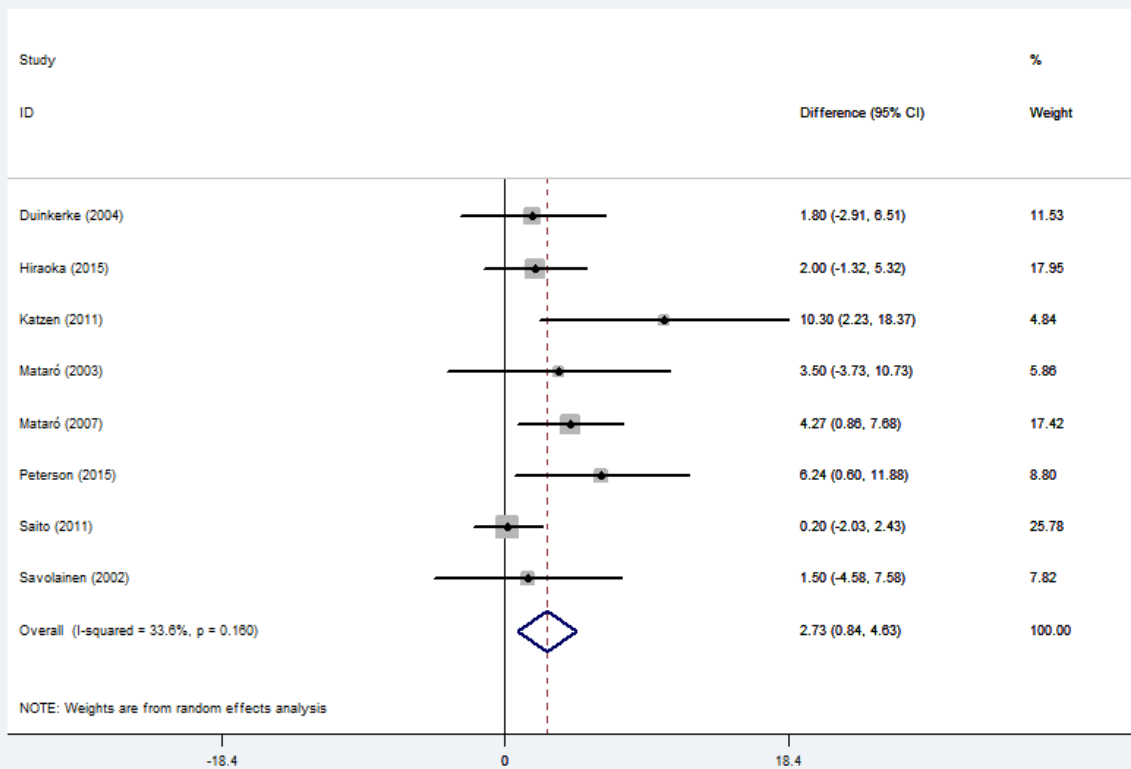
**Figure 2.** Forest plot for difference in RAVLT total verbal recall. The pooled outcome was determined using a random-effects model. Average differences are shown with 95 per cent confidence intervals.



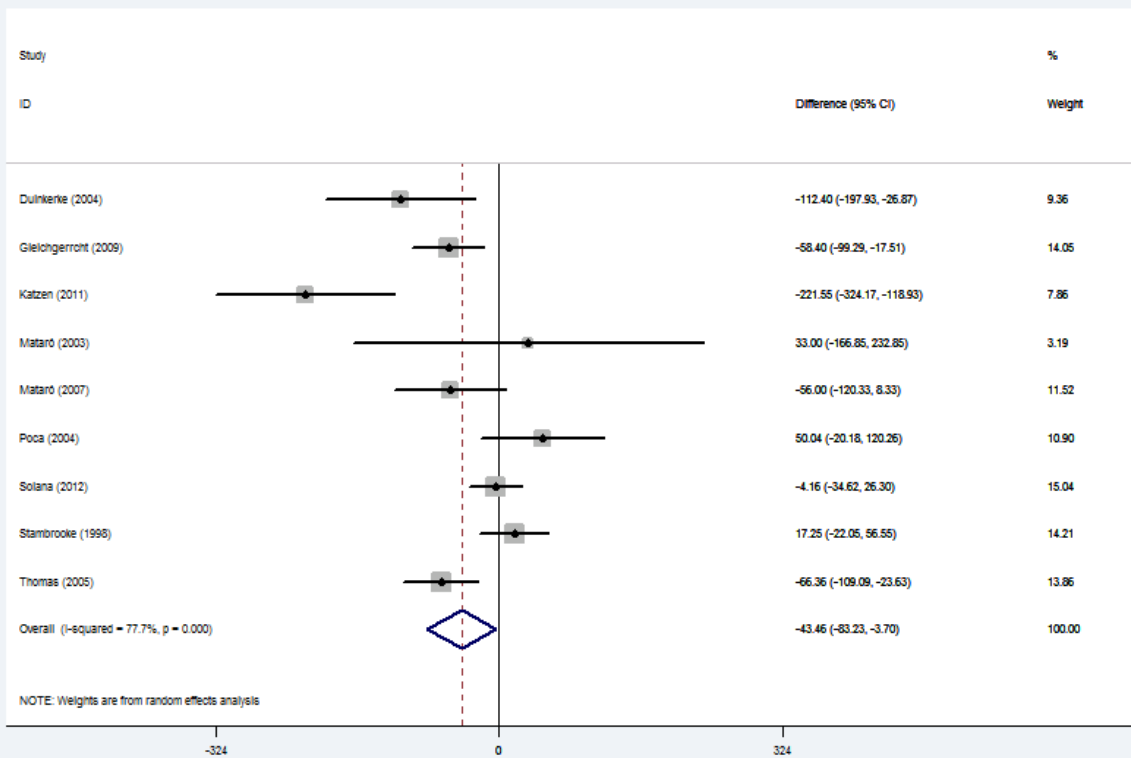
**Figure 3.** Forest plot for difference in RAVLT delayed verbal recall. The pooled outcome was determined using a random-effects model. Average differences are shown with 95 per cent confidence intervals.



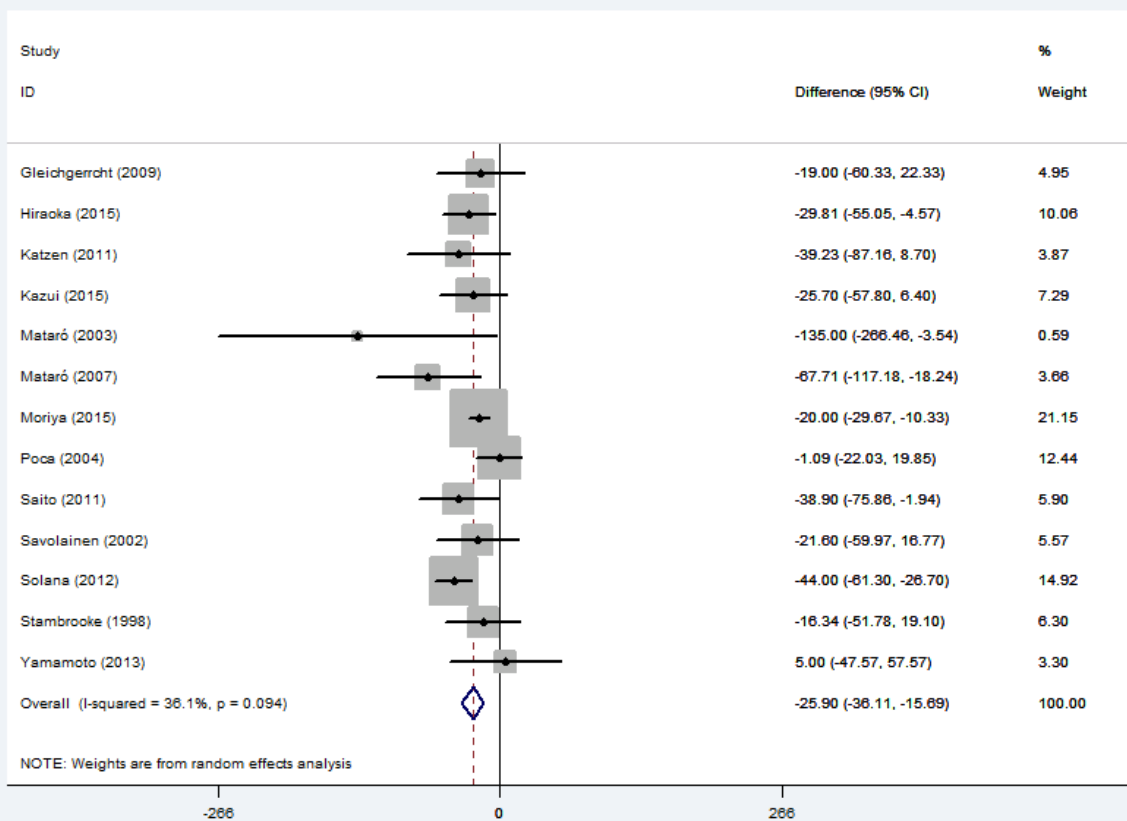
**Figure 4.** Forest plot for difference in backwards digit span score. The pooled outcome was determined using a random-effects model. Average differences are shown with 95 per cent confidence intervals.



**Figure 5.** Forest plot for difference in phonemic verbal fluency. The pooled outcome was determined using a random-effects model. Average differences are shown with 95 per cent confidence intervals.



**Figure 6.** Forest plot for difference in trail making test B score (seconds to complete). The pooled outcome was determined using a random-effects model. Average differences are shown with 95 per cent confidence intervals.



**Figure 7.** Forest plot for difference in trail making test A score (seconds to complete). The pooled outcome was determined using a random-effects model. Average differences are shown with 95 per cent confidence intervals.