EXCITATION LIGHT DOSE ENGINEERING TO REDUCE PHOTO-BLEACHING AND PHOTO-TOXICITY

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Supplemental Figure 1: Photo-bleaching of EGFP in the presence or absence of oxygen: Normalized CLSM photo-bleaching decay rates for paxillin-EGFP with one slow scan or 16-scan rapid scans in the presence of oxygen or with the oxygen scavenger OxyFluorTM. T-tests were conducted and three *** corresponds to P<0.001. There was no significant difference between the decay rates for 1 scan and 16 scans in the presence of OxyFluorTM. Error bars are SEM.

Supplemental Figure 2: Rapid line scanning reduces photo-bleaching: Fixed CHO-K1 cells expressing paxillin-mCherry imaged with 25% power from the 543 nm laser on the CLSM with variable numbers of line scans. **A)** Photo-bleaching curves follow a double exponential decay when scanning each line once slowly but a single exponential decay with averaging 16 rapid scans. **B)** Normalized average photo-bleaching decay rates for experiments that were conducted in triplicate with 9 cells and 15 ROIs for each condition. P values were calculated using a t-test of means and *** corresponds to P<0.001. Error bars are SEM.

Supplemental Figure 3: Reduced photobleaching with spinning disk confocal: Paxillin-EGFP in fixed CHO-K1 cells imaged **A**) with a 15 ms exposure time with wide-field laser illumination or **B**) with a 1000 ms exposure time with spinning disk confocal microscopy. **C**) Normalized photo-bleaching decay rates for fixed paxillin-EGFP with wide-field or spinning disk confocal excitation. The scale bars are 10 µm. Error bars are SEM.

Supplemental Figure 4: Photo-toxicity depends on EGFP fluorescence excitation and emission: Plots showing **A**) Cell protrusion rates and **B**) cell retraction rates. CHO-K1 cells lacking any EGFP protein fusion were imaged in bright field transmitted light (BF), or with blue fluorescence excitation light (Blue Excitation), cells expressing paxillin-EGFP but imaged only in BF (EGFP-BF) or with fluorescence excitation (EGFP-Blue Excitation). Images were collected every 20 seconds for 30 minutes in order to measure protrusion and retraction rates. T-tests of means relative to BF imaging and P<0.01 is shown at ** while P<0001 is ***. Error bars are SEM.



Photo-bleaching of EGFP Depends on Oxygen

Supplemental Figure 1





Supplemental Figure 2





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Supplemental Figure 3

