

**Supplement Table 1.**

Author (year)	Randomization	Allocation Concealment	Blinding of participants and researchers	Blinding of outcome assessment	Incomplete outcome data	Selective reporting
Bathon, et al. (2000)	?	?	?	L	L	L
Bong Lee, et al. (2014)	L	L	?	?	L	L
Breedveld, et al. (2006)	L	?	L	L	L	L
Burmester, et al. (2015)	?	?	?	?	L	L
Detert, et al. (2013)	?	?	?	?	L	L
Durez , et al. (2008)	?	?	?	L	L	L
Emery, et al. (2008)	L	L	L	L	L	L
Emery, et al. (2009)	L	L	L	L	L	L
Jones, et al. (2009)	L	L	L	L	L	L
Smolen, et al. (2014)	L	L	L	L	L	L
St Clair, et al. (2004)	L	?	L	L	L	L
Tak, et al. (2010)	L	L	L	L	L	L
Westhovens, et al. (2009)	?	?	L	L	L	L

**Table1.** Risk of bias assessment of included studies. ?, Unclear risk of bias; L, Low risk of bias.