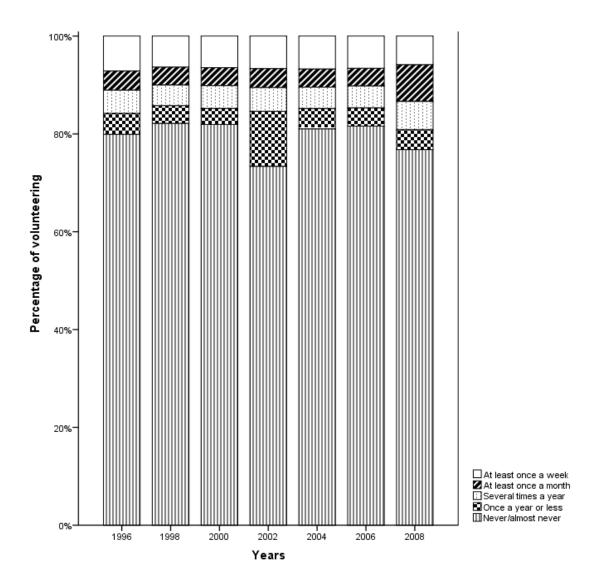
## **Supplementary material**

## Figures' legend

Supplementary Figure 1: Volunteering status by years in BHPS (1996-2008)

Supplementary Figure 2: Mean GHQ (95% CI) by volunteering

## **Supplementary Fig 1**



## **Supplementary Fig 2**

