

**Online Supplementary Table**

**Supplementary Table 1. Cardiac risk factor characteristics of study participants**

Variable (at age 60-64y unless stated otherwise)	All		Men		Women	
	n	Result	n	Result	n	Result
Haemoglobin A <sub>1c</sub> , %	1527	5.8 (0.6)	740	5.8 (0.7)	787	5.8 (0.6)
Fasting glucose, mmol/L	1549	5.8 (1.2)	751	6.0 (1.2)	798	5.6 (1.2)
Total cholesterol, mmol/L	1529	5.7 (1.2)	741	5.3 (1.1)	788	6.0 (1.2)
HDL <sup>§§</sup> , mmol/L	1529	1.6 (0.4)	741	1.4 (0.3)	788	1.8 (0.4)
Triglycerides, mmol/L <sup>    </sup>	1529	1.3 (0.7)	741	1.4 (0.8)	788	1.2 (0.6)
Diabetes, n (%)	1498	85 (6)	717	43 (6)	781	42 (5)
Smoking habit						
Current, n (%)	144	(10)	74	(10)	70	(9)
Ex, n (%)	621	(41)	350	(49)	271	(35)
Never, n (%)	733	(49)	298	(41)	435	(56)

Data are mean (SD), <sup>||||</sup>median (interquartile range) or n (%) as appropriate. Abbreviations: <sup>§§</sup>High density lipoprotein