

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Boonen 2009	+	+	+	+	+	+	?
Boonen 2012	+	+	+	+	+	+	+
Cohen 1999	+	+	+	+	-	+	+
Orwoll 2000	+	+	+	+	+	+	?
Orwoll 2010a	+	+	+	+	+	+	+
Orwoll 2010b	+	+	+	+	+	+	+
Reid 2000	+	+	+	+	-	+	?
Saag 1998	+	+	+	+	+	+	+
Sambrook 2012	+	+	+	+	+	+	+
Sato 2007	+	+	+	+	+	+	+