

Renal Function Profile in White Kidney Donors: The First 4 Decades

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Relationship between baseline features of postdonation eGFR at 20, 30, and 40 years

Figure S1a. Relationship between systolic blood pressure at donation and eGFR at 20, 30, 40 years postdonation

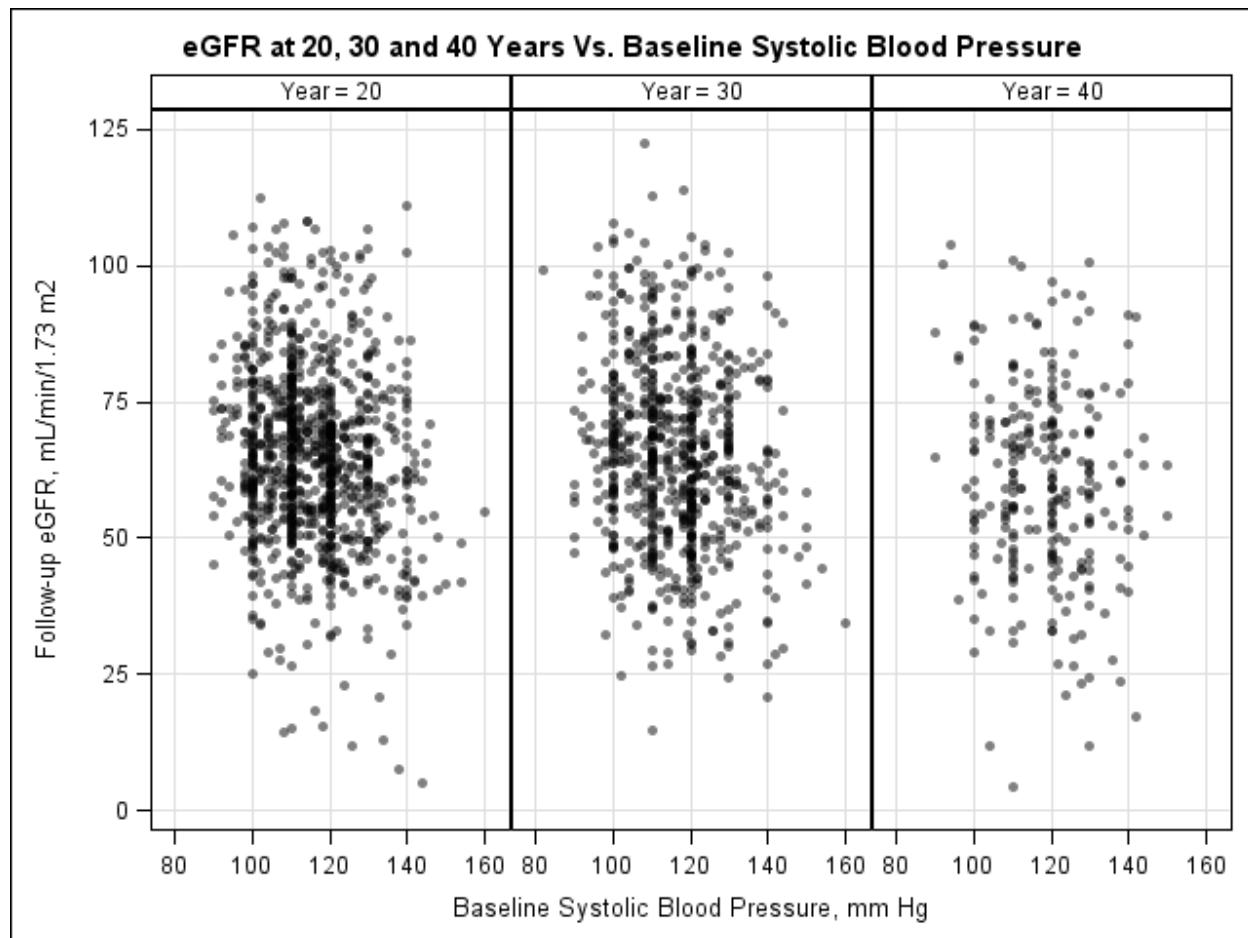


Figure S1b. Relationship between diastolic blood pressure at donation and eGFR at 20, 30, 40 years postdonation

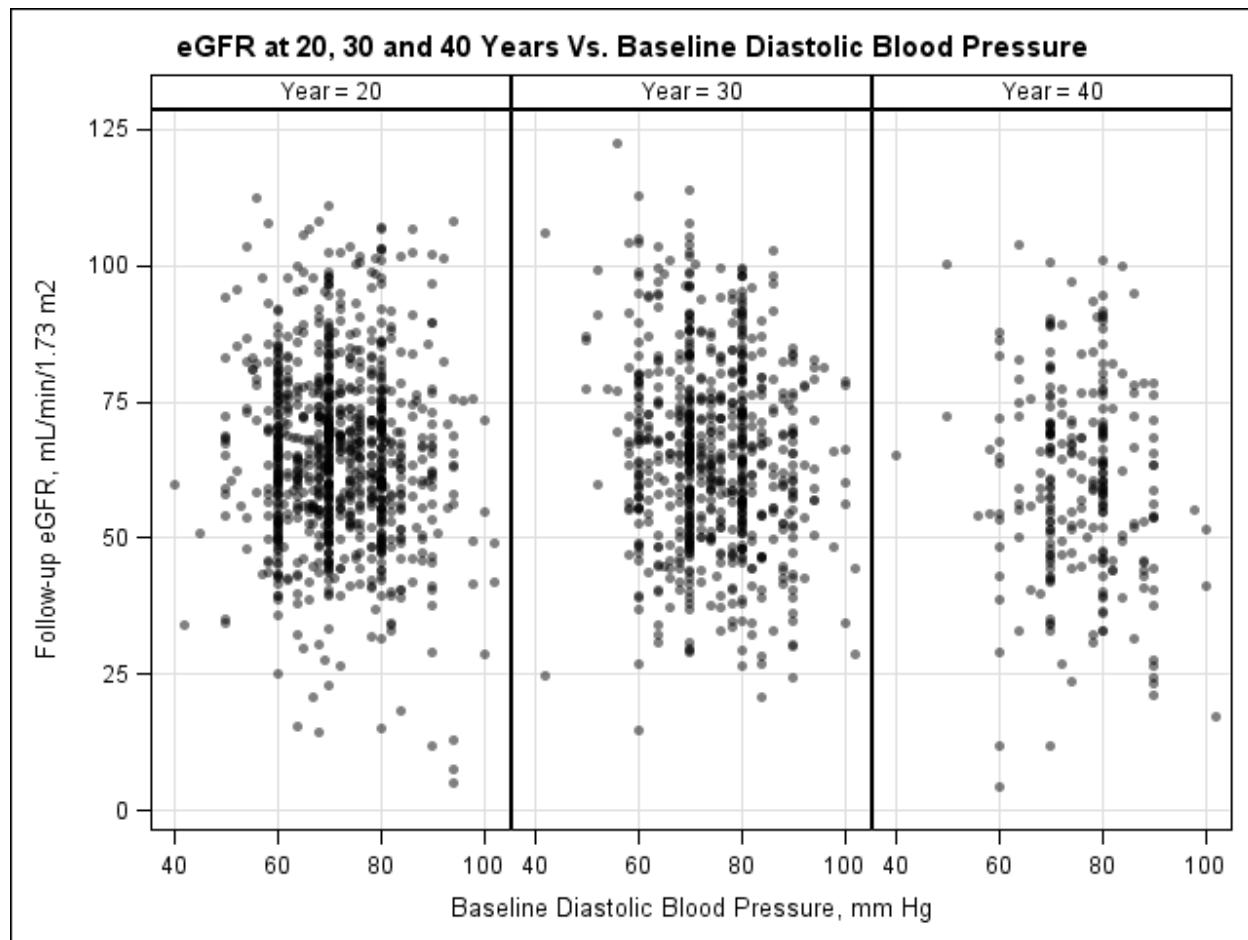


Figure S1c. Relationship between body mass index at donation and eGFR at 20, 30, 40 years postdonation

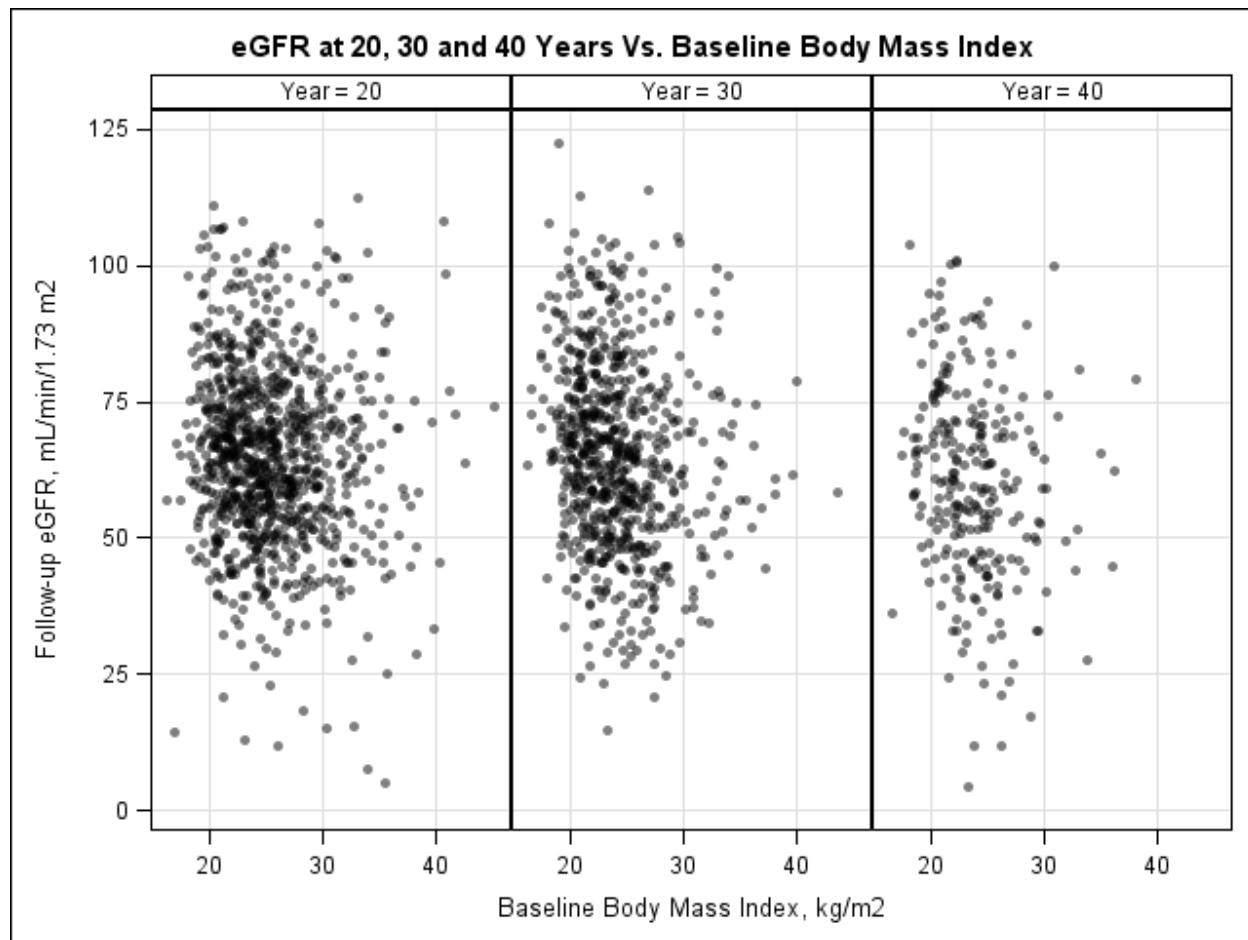
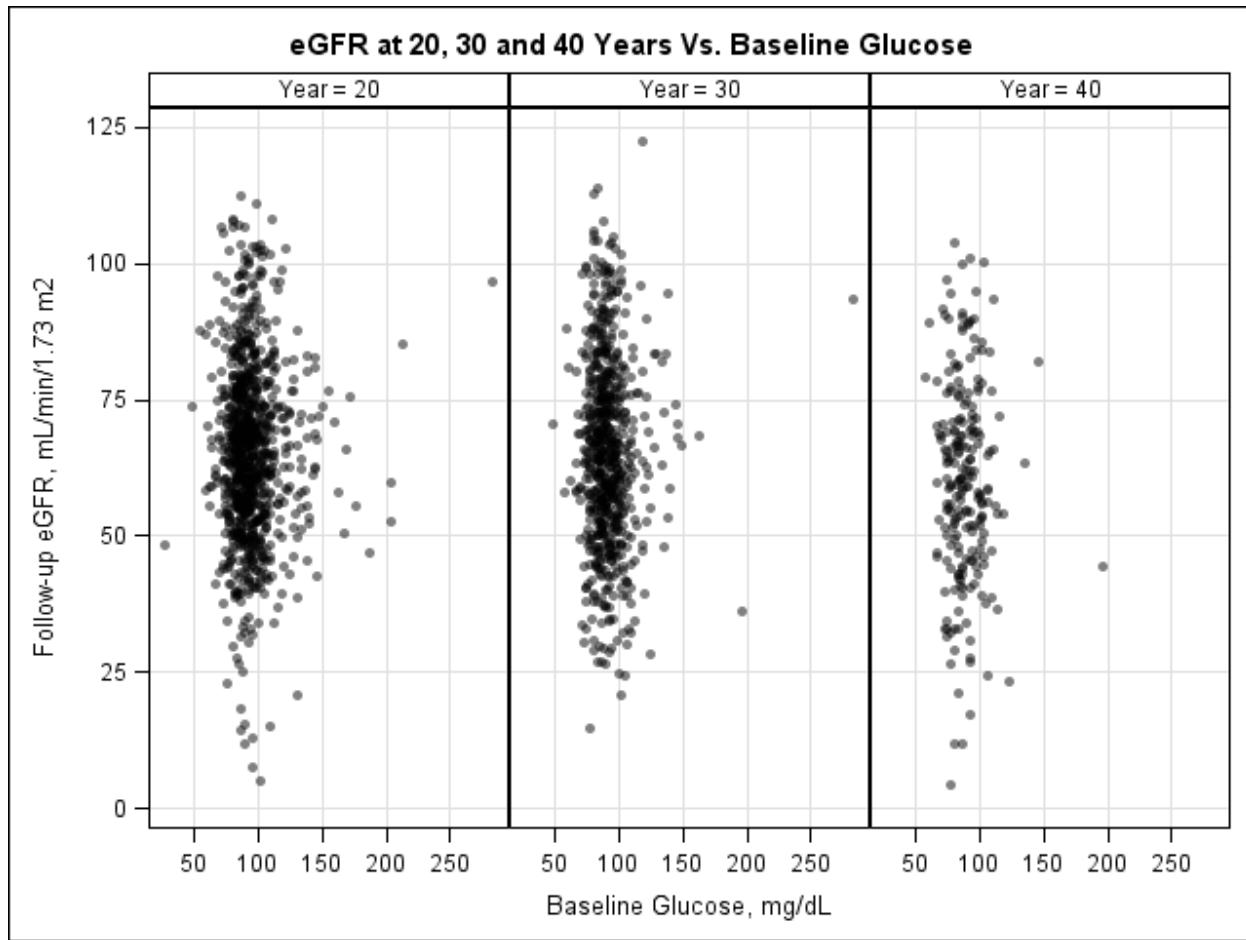


Figure S1d. Relationship between glucose at donation and eGFR at 20, 30, 40 years Postdonation



Risk Calculator for White Donors (separate excel attachment)

Outcomes in White and non-White donors

Table S1a. Characteristics at donation, entire cohort (n = 4,187)

Variable	% or mean (SD)
Age, years	39.0 (11.6)
Related to recipient	80.6
Female gender	56.8
Smoker	31.0
Body mass index, kg/m ²	25.9 (4.4)
Serum creatinine, mg/dL	0.9 (0.2)
eGFR, ml/min/1.73 m ²	93.5 (16.5)
Serum glucose, mg/dL	93.4 (14.8)
Systolic blood pressure, mm Hg	119.9 (13.2)
Diastolic blood pressure, mm Hg	73.4 (10.0)
Hemoglobin, g/dL	14.1 (1.3)
Race	
<i>White</i>	94.5
<i>American Indian</i>	1.8
<i>Asian</i>	1.2
<i>Black</i>	2.5
Recipient kidney disease	
<i>Glomerulonephritis</i>	24.5
<i>Type 2 diabetes</i>	4.1
<i>Other</i>	71.4

eGFR = estimated glomerular filtration rate; SD = standard deviation

Table S1b. Risk factors for adverse clinical outcomes

	Risk factor	Hazard ratio	P
Proteinuria	Body mass index*	1.09 (1.06-1.12)	< 0.001
	Male gender	1.48 (1.14-1.93)	< 0.001
	White race	0.52 (0.31-0.86)	0.01
	Related to recipient	0.60 (0.37-0.97)	0.04
eGFR < 60 ml/min/1.73 m ²	Older age at donation*	1.05 (1.04-1.06)	< 0.001
	Body mass index*	1.03 (1.01-1.04)	< 0.001
	Systolic blood pressure*	1.01 (1.00-1.02)	< 0.001
	Diastolic blood pressure*	0.99 (0.98-1.00)	< 0.001
	White race	0.73 (0.54-0.98)	0.04
	Type 2 diabetes	1.56 (1.18-2.07)	< 0.001
	Related to recipient	0.56 (0.48-0.65)	< 0.001
	eGFR (CKD-EPI)*	0.98 (0.98-0.98)	< 0.001
eGFR < 45 ml/min/1.73 m ²	Older age at donation*	1.06 (1.05-1.08)	< 0.001
	Body mass index*	1.03 (1.01-1.06)	< 0.001
	Systolic blood pressure*	1.01 (1.01-1.02)	< 0.001
	Related to recipient	0.51 (0.38-0.69)	< 0.001
	eGFR (CKD-EPI)*	0.97 (0.96-0.97)	< 0.001
eGFR < 30 ml/min/1.73 m ²	Older age at donation*	1.08 (1.06-1.10)	< 0.001
	Body mass index*	1.09 (1.04-1.14)	< 0.001
eGFR < 30 or ESRD	Older age at donation*	1.06 (1.05-1.08)	< 0.001
	Body mass index*	1.08 (1.04-1.13)	< 0.001
	Systolic blood pressure*	1.02 (1.00-1.03)	0.03
	White race	0.42 (0.2-0.87)	0.02
ESRD	Body mass index*	1.1 (1.02-1.18)	0.01
	White race	0.25 (0.09-0.74)	0.01

CI = confidence interval; CKD-EPI = Chronic Kidney Disease Epidemiology Collaboration equation; eGFR = estimated glomerular filtration rate; RRT = renal replacement therapy; SD = standard deviation

*per increment of 1 unit, i.e., per year increment (for older age at donation), per kg/m² increment for body mass index; per mmHg increment for blood pressure; per ml/min/1.73m² increment for eGFR

Table S1c. Cumulative incidence of ESRD (per 10,000)

Subgroup	15 years	30 years	40 years
All	12.8 (4.8-34.1)	77.4 (49.5-121.1)	88.4 (56.5-138.2)
Male	7.5 (1-52.8)	94.5 (51-175)	107.5 (58-198.8)
Female	16.8 (5.4-52.1)	64.5 (33.6-123.6)	73.8 (38.5-141.4)
White	13.5 (5.1-35.9)	68.7 (42.2-112)	78.7 (48.3-128.2)
Non-white	Inestimable	238.1 (77.4-720)	255.3 (83.1-770.6)
≤ 50	11.7 (3.8-36.2)	73.9 (44.6-122.4)	85.6 (51.7-141.6)
> 50	18 (2.5-126.8)	94.1 (35.4-248.8)	100.6 (37.9-265.9)
Related to recipient	11.3 (3.6-34.9)	88 (55.5-139.3)	103.3 (65.2-163.5)
Not related to recipient	21.6 (3-152.5)	24.5 (3.5-172.7)	24.5 (3.5-172.9)

CI = confidence interval; eGFR = estimated glomerular filtration rate; ESRD = end-stage renal disease; SD = standard deviation

Table S1d. Postdonation events and risk of death, proteinuria, and eGFR < 30 ml/min/1.73 m² or ESRD

Outcome	Time-dependent covariate	Hazard ratio	P
Death	Diabetes	0.71 (0.46-1.08)	0.1131
	New-onset hypertension	3.69 (2.88-4.73)	<0.0001
	Proteinuria	2.02 (1.28-3.2)	0.0025
	eGFR < 60	4.41 (3.54-5.5)	<0.0001
	eGFR < 30	2.87 (1.89-4.35)	<0.0001
	eGFR < 30 or ESRD	3.38 (2.37-4.81)	<0.0001
Proteinuria	Diabetes	4.65 (3.28-6.59)	<0.0001
	New-onset hypertension	3.99 (2.62-6.07)	<0.0001
	eGFR < 60	3.93 (2.58-5.97)	<0.0001
	eGFR < 30	6.13 (2.95-12.73)	<0.0001
eGFR < 30 or ESRD	Diabetes	2.21 (1.32-3.69)	0.0026
	New-onset hypertension	2.48 (1.38-4.46)	0.0023
	Proteinuria	3.52 (1.76-7.04)	0.0004
	eGFR < 60	3.89 (2.47-6.13)	<0.0001
	eGFR < 45	6.39 (3.96-10.31)	<0.0001

CI = confidence interval; eGFR = estimated glomerular filtration rate; ESRD = end-stage renal disease; RRT = renal replacement therapy

Figure S2a. Sample output for average white donor

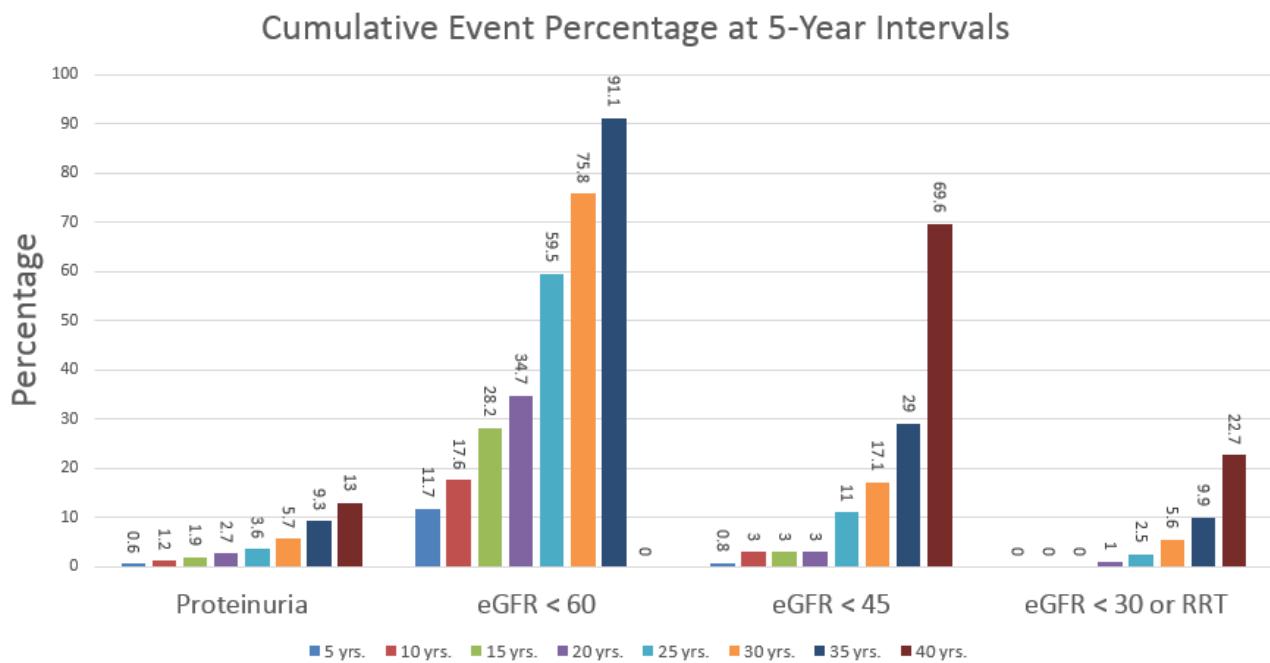
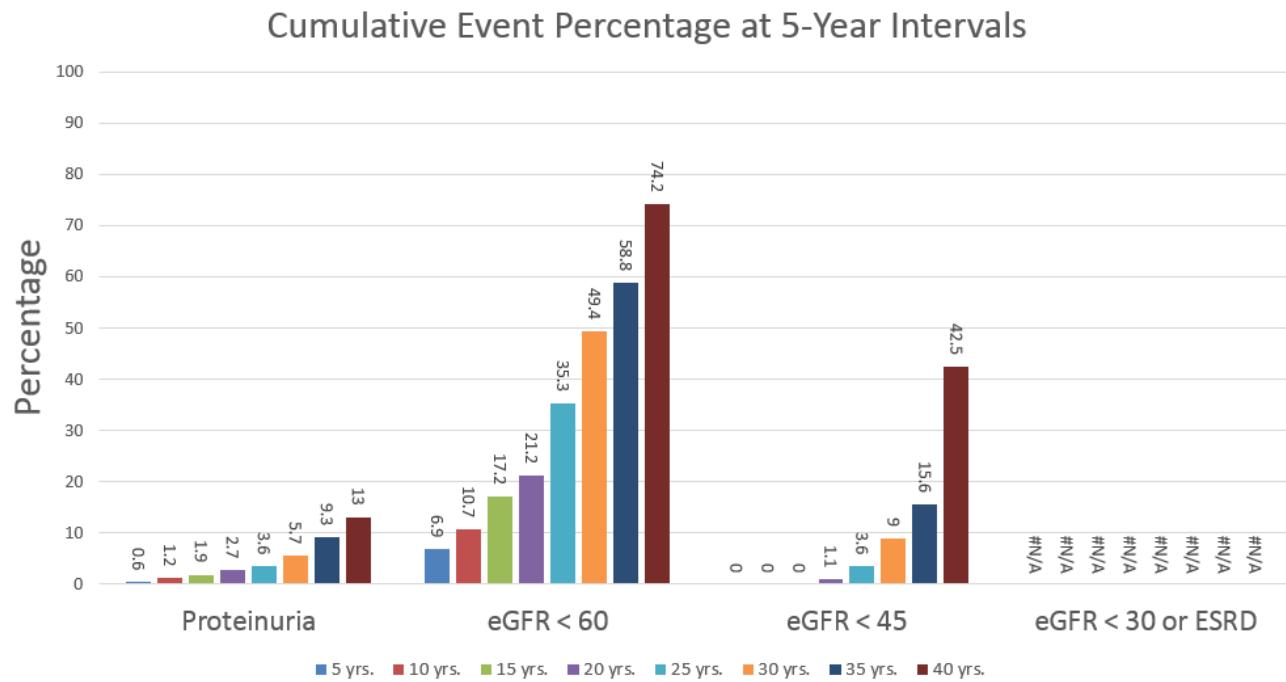


Figure S2a. Sample output for average white donor (i.e., a 40-year-old white female nonsmoker with an eGFR of 94 ml/min/1.73 m²; serum glucose, 93 mg/dL; body mass index, 26 kg/m²; baseline blood pressure, 120/73 mm Hg; and related to a recipient who does not have type 2 diabetes)

Figure S2b. Sample output for donor identical to that in Figure 1 except a 20-year-old woman whose recipient does have type 2 diabetes



Kidney donor follow-up survey

1. Did a doctor ever tell you that you have or had any of the following health conditions?

(Check one box on each line)

Yes	No	Approximate Date
<input type="checkbox"/>	<input type="checkbox"/>	

- a. Decreased kidney function..... _____
- b. Hypertension (high blood pressure) treated with medication _____
- c. High cholesterol treated with medication..... _____
- d. High cholesterol treated with diet..... _____
- e. Stroke (cerebrovascular accident or CVA)..... _____
- f. Transient ischemic attack (TIA)..... _____
- g. Blood in your urine (hematuria)..... _____
- h. Protein in your urine (proteinuria)..... _____
- i. Bowel obstruction..... _____
- j. Anemia (low red blood count)..... _____
- k. Heart Failure (congestive heart disease)..... _____
- l. Heart Attack (myocardial infarction)..... _____
- m. Coronary Artery Disease/Angina (chest pain)..... _____

If Yes, treatment (Check all that apply)

1None 2Medication 3Bypass surgery 4Balloon angioplasty

- n. Cancer..... _____

If Yes, describe where _____

- o. Diabetes..... _____

If Yes, treatment (Check all that apply) 1Diet 2Oral Pill 3Insulin

2. Do or did any first degree relatives (meaning parents, siblings and children) have diabetes?

(Check one) 1Yes 2No 3Unknown

3. Which choice below describes your current cigarette smoking activity? (Check best choice)

1Every day 2Some days 3Used to smoke but currently not smoking

4Never smoked more than 100 cigarettes in my lifetime 5Never

If yes, Year Started _____ Year Stopped _____

4. WOMEN ONLY: Have you ever been pregnant?

(Check one) 1Yes 2No If yes, please fill out pregnancy survey included.

Table S2. Characteristics at donation: development and validation cohorts

Variable	All (n = 3,956)	% or mean (SD)		P split cohort 1 vs. 2
		Development (n = 1,978)	Validation (n = 1,978)	
Age, years	39.3 (11.6)	39.2 (11.5)	39.3 (11.8)	0.71
Related to recipient	80.3	81.9	78.7	0.01
Female gender	56.7	57.2	56.3	0.54
Smoker	30.3	31.1	29.5	0.28
Body mass index, kg/m ²	25.8 (4.3)	25.8 (4.3)	25.9 (4.3)	0.56
Body mass index ≥ 30 kg/m ²	16.5	16.8	16.2	0.63
Serum creatinine, mg/dL	0.9 (0.2)	0.9 (0.2)	0.9 (0.2)	0.57
eGFR (CKD-EPI), ml/min/1.73 m ²	92.9 (16.2)	92.6 (16.1)	93.1 (16.2)	0.31
Serum glucose, mg/dL	93.4 (14.8)	93.1 (14.5)	93.7 (15.1)	0.21
Systolic blood pressure, mm Hg	120.0 (13.1)	119.7 (13.1)	120.3 (13.2)	0.14
Diastolic blood pressure, mm Hg	73.4 (10.0)	73.3 (10.1)	73.6 (9.9)	0.38
Hemoglobin, g/dL	14.1 (1.3)	14.1 (1.3)	14.1 (1.3)	0.33
Recipient kidney disease				
<i>Glomerulonephritis</i>	24.0	23.7	24.3	
<i>Type 2 diabetes</i>	3.8	3.8	3.8	0.92
<i>Other</i>	72.2	72.5	71.9	

CKD-EPI = Chronic Kidney Disease Epidemiology Collaboration equation; eGFR = estimated glomerular filtration rate; SD = standard deviation