

**Supplementary Table 2** – Prevalence of weakness by definitions from Fried et al. (2001), FNIH Sarcopenia Project and Internally-defined cut points.

<b>Fried et al. (2001)</b>	<b>FNIH Sarcopenia Project</b>			<b>Internally-defined cut points</b>		
<b>Men</b>	<b>Normal</b>	<b>Intermediate</b>	<b>Weakness</b>	<b>Normal</b>	<b>Intermediate</b>	<b>Weakness</b>
Normal Strength	640 (95.8%)	28(4.2%)	0 (0%)	653 (97.8%)	15 (2.2%)	0 (0%)
Weakness	23 (8.9%)	149 (57.8%)	86 (33.3%)	32 (12.4%)	171 (66.3%)	55 (21.3%)
<b>Women</b>	<b>Normal</b>	<b>Intermediate</b>	<b>Weakness</b>	<b>Normal</b>	<b>Intermediate</b>	<b>Weakness</b>
Normal Strength	631 (91.2%)	61(8.8%)	0 (0%)	523 (75.6%)	169 (24.4%)	0 (0%)
Weakness	75 (23.7%)	136 (42.9%)	106 (33.4%)	0 (0%)	124 (39.1%)	193 (60.9%)