Hi!

Do you want to participate in a study?

This study is about the right to health for immigrants in Sweden. It is aimed to persons who recently have come here and probably have been invited to a free health examination. We want to know what you think about the health examination and your experience of it, if you had one done.

The objective of the study is to highlight your perceptions and experiences of the health examination and the Swedish health care system.

You can participate in the study by answering this questionnaire. Participation is voluntary, but your opinion is important in order to improve health examinations and to get more people attending the examination.

No personal information that may reveal your identity is requested. Your answers will be grouped with those of other participants, in order to secure secrecy.

If you do not understand a question, ask for support from the person in charge of the survey. If you consider a question to be sensitive and that you do not want to answer it, you may just leave it behind and go to the next question.

Finally, we want to emphasise that your participation is very important and that you contribution will make this study more valuable. If you still do not want to participate in the study; please, return the questionnaire to the person in charge.

Thanks a lot for your collaboration.

Best regards,

Lubin Lobo

HEALTH EXAMINATIONS AND THE RIGHT TO HEALTH OF IMMIGRANTS RECENTLY ARRIVED

Instructions:

Your answers will be scanned in a machine. For that reason we ask you:

- Use a blue or black pen, NOT a pencil
 Mark your answers with an X, in this way: but not like in this: but not like in this:
- If you want to change an answer, fill the box that went wrong: and make a new X in the right one.:
- Write numbers clearly when requested. Write only one number in each box, like this:
 1 2 3 4
- Write clear texts in the indicated boxes when explanations are requested or when you want to provide additional information.
- Please, do not write out side of the boxed.

HEALTH EXAMINATIONS AND THE RIGHT TO HEALTH OF IMMIGRANTS RECENTLY ARRIVED

Initially some questions about you and your background

1.	In what year were you born?
2.	Are you a woman or a man?
	☐ Woman ☐ Man
3.	In which country were you born?
	Somalia Afghanistan Iraq Syria Eritrea Thailand
	In another country. Which one?
4.	What year did you come to Sweden?
	Year
5.	When did you obtain residence permission in Sweden? Year
6.	What is your civil status?
	☐ Married ☐ Living with partner ☐ Singel ☐ Singel ☐ Control ☐ Con
	☐ Divorced ☐ Widow(er)
7.	Do you have children?
	Yes, and they live in Sweden Yes but they live in another country No, I do not have children
8.	What level of education do you have?
	None 1 - 6 years (Primary school) 7-12 years (Secondary school) more than 12 years (High school /University) Other kind of education, what?

+	+
9.	What is your religion? I am not a religious person I am a Muslim I am a Christian I am a Buddhist I have another religion. Which?
10.	For what reason did you come to Sweden?
	To apply for asylum. To live with my parents/ family who came earlier to appy for asylum here. To live with / marry a Swede To live with / marry a non-Swedish European living in Sweden To work in Sweden For another reason, what?
	estions about the life in your home country questions help us to understand how you lived the last year in your home country.
11.	What did you mainly do during the last year in your home country? Mark only one alternative. I worked I did domestic work I was unemployed I did something else, what?
	Traid something cloc, what:
12.	Did you and your family have enough money Mark the alternative that best applies to you in each line.
b. To	Yes, always Yes, sometimes Yes, sometimes o buy food?
13.	How often did you go to consult a doctor (or a nurse), during the last year in your home country? Never In one ocassion More than one ocassion
14.	Did you or your family suffered from violence or threats in your home country? Yes No I do not know
15.	Did you come to Sweden with your family? Yes, I came here with my family. Yes, I came here with some members of my family. No, I came here alone

⁺Questions about your first period in Sweden

16.	How did you mainly live during the first six m Mark only one alternative.	onths in Sweder	1?	· ·		
	With other asylum seekers (in a special pla With other unaccomapnied children (in an i With family or relatives (at their place) With friends från my country With other persons, who:	-	•	nildren)		
17. During your first six months in Sweden Mark the alternative that best applies to you in each line.						
		Yes, always	Yes, sometimes	No, never		
a.	Did you have someone who could help with, e.g. contacts with authorities, addresses/find places, translate texts or explain instructions?					
b.						
C.	Did you feel alone or isolated?					
	18. a. How was your health during the first three months in Sweden? Very well Well Not well, nor bad Bad Very bad					
	☐ Yes☐ No☐ I do not know					

⁺About health and health care

19	Your ideas about health Mark the alternative in each line that best applies to you.			
		Agree	Disagree	l don't know
a.	I can feel bad even if I do not have any disease			
b.	A person can be sick but feel OK.			
C.	I can do nothing to influence my own health.			
	God decides about my sickness or health.			
	What I do and how I live have an impact on my health			
f.	To see a doctor and getting medicines are most important when I am sick.			
g.	I prefer other alternatives than doctors and medicines when I am sick			
h.	Illness can be a consequence of sin, magic or evil spirits.			
20.	Your perceptions about the health care Mark the alternative in each line that best applies to you.			1
		Yes	No	I don't know
	I had better health care services in my country than in Sweden			
b.	I cannot get here the medicines that doctors would get me in my country.			
C.	I thrust more to physicians and nurses in my country than I do here.			
d.	I visit a doctor only if I am seriously sick.			
е.	For me, physicians should to be of the same sex as myself			
f.	I avoid talking about sexuality and intimate things, even if the doctor asks me about it.			
g.	I know where to seek care if I get sick.			
h.	Physicians in Sweden do not understand my health problems.			
h. 21.	What source of information is most important considered good for health?	·	tion to food and	habits
	Health care services in Sweden (e.g. doctor, Health care in your home country Schools and other institutions for education Schools in your home country Media (e.g. TV, internet, books, brochures, p Providers of free time activities (e.g. organiz	in Sweden (e.g. S		

⁺Questions about health examinations

These questions are about a health examination that new arrivals are offered for free when they come to Sweden, whether healthy or sick. Usually one is invited to the health examination shortly after arrival in Sweden. At the health examination the doctor or nurse often ask about vaccinations, previous illnesses and doing medical tests.

22.	Have you ever before heard of health examinations for new arrivals?
	☐ Yes ☐ No → Move to question 27
\geq	
23.	From whom did you receive information about the health examination? You may mark several alternatives. Swedish Migration Board Health care Family, relatives or friends I found the information myself about the health examination. I have not found any information about the health examination. Others, who?
24.	Did you get a letter of invitation to health examination?
	□ No → Move to question 27
25.	a. In what language was the invitation written? You may mark several alternatives
	Swedish English Other language, what? Do not know
	b. Did you understand the content?
	Yes Partly No No, but someone helped me to translate I do not remember

+			+
26. What information did you get in the invita Mark the alternative that best applies to you in each line.	ation to the health ex	amination?	
	Yes	No	Do not remem-
a. The purpose of the health examination		П	ber
b. How the health examination is carried out			
c. That the health examination is optional			
d. How I could find the way to the health center	П		
e. That the result from the health examination will not be communicated with the Swedish Migration Board	oe 🔲		
27. In what way would you prefer to receive and the control of the		health examina	ntion?
28. What do you think the <u>purpose</u> of the heat Mark the alternative that best applies to you in each line.	Yes	No	Do not know
a. To check whether I was healthy or sick			
b. To offer care or treatment if I was sick.			
c. To identify communicable diseases (e.g.TB, HIV, AID hepatitis)	S, 🔲		
d. To protect the society from communicable diseases I may have.	that		
e. To vaccinate and protect me from diseases that might be present in the society	nt 🔲		
f. To identify if I was fit to start to work	П		
g. To give me information about health issuesr			
h. To prevent diseases.			
i. Other, What?			
29. Did you undergo the health examination? ☐ Yes ☐ No → Move on to question			

30. When did you do the health examination? Less than 1 year ago Between 1 and 2 year ago			
More than 2 years ago			
31. Where did you do the health examination?			
Skåne Östergötland Norrbotten Other place, Where?			
32. Why did you do the health examination? Mark the alternative that best applies to you in each line.			
a. It was free of cost. b. I thought it was compulsory.	Yes	No 🔲	I do not know
c. I wanted to stay in Sweden d. I was pregnant e. I was sick and needed health care.			
f. I wanted to know if I had any disease. g. I wanted to know if I had any communicable disease. h. I needed to talk with someone regarding my health			
i. Other persons recommended the health examination			
j. Other reason?			
33. What expectations did you have regarding und Mark the alternative that best applies to you in each line.	lergoing the hea	llth examination	1?
a. It would increase my chance to stay in Sweden b. To get a diagnos. c. To get treatment and medicine d. I had no particular expectations	l agree	I disagree	I do not know
e. If you had other expectations. What?			

34. Who did the health examination?						
A doctor A nurse Both a doctor and a nurse Do not know Do not remember						
About the communication with the doctor or the nurse.						
35. When you talked to the doctor o the nurse a Mark the alternative that best applies to you in each line.	t the health	examinatio	n			
	Yes	Partly	No	Do not remember		
a. Were you informed on what tests that were done and why?						
b. Did you understand the doctor or the nurse?						
c. Do you think the doctor or the nurse understood what you were saying?						
d. Were your questions answered?						
e. Were you satisfied with the answers?						
f. Did you get a chance to express your health concerns in a satisfactory way?						
g. Did you get any advice regarding your health concerns?						
h. Did you get any treatment or medicin?						
 i. Was there anything you had wanted to talk about during the health examination but did not get a chance to? 						
j. If yes on the last question, what?						
About the content of the health examinat	ion					
36. During the health examination						
Mark the alternative that best applies to you in each line.						
	:	1	i Damat	Do		
	Yes	No	Do not remember	Do not know		
a. Did the doctor or the nurse do a physical examination?						
b. Was any medical tests done?						
c. Did you get information on what tests that were done?						
d. Did you get information on why the tests were done?						
e. Did you get the results?						

Interpreters

An interpreter is a person who helps with translations when the patient does not speak the same language as the

doctor or the nurse.

37. a. Did you have an interpreter at your health examination? No Move on to question 38 b. Were the interpreter present in the clinic or on the telephone? In the clinic On the telephone c. Did you know the interpreter? Yes, the interpreter was a relative Yes, the interpreter was a friend No, I did not know the interpreter d. What would you prefer? ☐ An interpreter that I know An interpreter that I do not know. Either, it does not matter e. Was the interpreter of the same sex as you? I do not know f. Do you think the interpreter ought to be of the same sex as you? Yes Either, it does not matter g. Did you trust the interpreter to translate what you said in a correct way? ☐ Yes h. How did it work to communicate using an interpreter? It worked well ☐ Not well, nor bad Do not know i. What do you think is the best? To have the interpreter in the room at the health examination To have the interpreter via the telephone

⁺About the right to health

38.	Did the doctor or the nurse explain to you an Mark the alternative that best applies to you in each line.	y of the follow	ving?		
		Yes	N	0	Do not remem- ber
a.	That only asylum seekers have the right to the health examination.]	
b.	That it is optional to undergo the health examination.]	
C.	That adult asylum seekers have limited access to health care in Sweden.]	
d.	Those asylum seekers under the age of 18 have the same right to health care as all children in Sweden.]	
e.	What service you may get from the health care.]	
f.	Where you can get health care service if you get sick.]	
g.	Where you may get help if you are feeling very sad, stressed or not being able to sleep.]	
h.	How you protect yourself (or your partner) from an unwanted pregnancy.]	
i. 	How you protect yourself from sexually transmitted infections (e.g. HIV/AIDS, Chlamydia och gonorrhea)]	
j.	How to act to reduce the risk to get TB.]	
39.	Your reflection from having done the health of Mark the alternative that best applies to you in each line.	examination			
39.		examination	Partly	No	Do not remember
39.		i i	Partly	No .	
	Mark the alternative that best applies to you in each line.	i i	Partly	No .	
a. 	Mark the alternative that best applies to you in each line. Did the health examination make you feel better? Did you get information that make you feel better and	i i	Partly	No	
a. b.	Mark the alternative that best applies to you in each line. Did the health examination make you feel better? Did you get information that make you feel better and prevent disease? Did you trust the person who carried out the health	i i	Partly	No	
a. b. c.	Mark the alternative that best applies to you in each line. Did the health examination make you feel better? Did you get information that make you feel better and prevent disease? Did you trust the person who carried out the health examination?	i i	Partly	No	
a. b. c.	Mark the alternative that best applies to you in each line. Did the health examination make you feel better? Did you get information that make you feel better and prevent disease? Did you trust the person who carried out the health examination? Did the health examination correspond to your expectations?	i i	Partly	No	
a. b. c. d. e.	Mark the alternative that best applies to you in each line. Did the health examination make you feel better? Did you get information that make you feel better and prevent disease? Did you trust the person who carried out the health examination? Did the health examination correspond to your expectations? Are you over all satisfied with the health examination? Do you think that the doctor or nurse treated you in a	i i	Partly	No	

40. If you were treated well and satisfied v	with the health examina	ation —>	Move to 41			
If you were <u>not</u> treated in a good or respectful way at the health examination, what do you think was the reason to this? Mark the alternative that best applies to you in each line.						
	Yes	No —	Do not know/ no opinion			
a. My language problems / limitations						
b. My nationality or ethnic identity						
c. My sex						
d. My age						
e. For being disable or handicapped						
f. My religion						
g. My colour of skin						
h. My sexual orientation						
h. Other reason;						
41. After the health examination, I feel More positive towards the health of the More negative towards the health of Whether more positive or negative.	examination than before.					

To you who did NOT do the health examination

42. Why did you <u>not</u> do the health examination? Mark the alternative that best applies to you in each line.			`
man the attendance that best applies to you in each line.		·	i
	Agree	Do not agree	Do not know
a. I was not a asylum seeker			
b. I had never heard about the health examination			
c. I have not received a letter or invitation			
d. I received an invitation but did not want to go			
e. I did not understand what the health examination was			
f. I thought the health examination may have			П
negative effect on my asylum application g. I thought I would not get the medicines I needed			
g. I thought I would not get the medicines I needed			
h. I do not like to talk about my health problems och difficulties			
i. I felt healthy			
j. I am afraid of syringes and injections			
k. I have bad experiences from contacts with the Swedish Migration Board			
I have bad experiences from contacts with doctors and nurses in Sweden			
m. I was afraid that I had a dangerous disease			
n. I did not want to know that I had HIV/AIDS			
o. I was afraid for what others might say if I had HIV/ AIDS			
p. I did not want to know if I had tuberculosis (TB)			
 q. I was afraid for what others might say if I had tuberculosis (TB) 			
r. I have heard negative comments on the health examination			
s. I was afraid for having to leave Sweden if I was seriously sick			
t. Because others I know had not done the health examination			
u. Other reason;			
d. Other reason,			
43. Do you think of any negative effect by <u>not</u> ha	ving done the h	ealth examinati	on?
Yes. If so, what?			
Do not know			

44. Would you recommend other persons to do the health examination? Yes No No opinion Questions regarding your present health status 45. How do you perceive your general health condition during the last three months in Sweden? ✓ Very good Good Not good, nor bad Bad Very bad 46. How do you perceive your general health condition in comparison with others in your own age? Better Worse About the same 47. Have you during the last three months been in need for a doctor or seeking health care, but refrained from doing so? Yes _ No ➤ Go to question 49 48. Why did you not go to see a doctor? Too long waiting time Difficult to get in contact by the telephone ■ Negative experiences from before I did not know where to go or who to ask For economic reasons I did not have the time to go Because of language difficulties U Other reason, what?

Your advices to others in relation to the health examination

⁺ Abo	ut answering the questionnaire	S ENGELSKA	ID
49.	How did you answer the questionnaire? I have read by myself and answered the question. Someone read the questions for me and I have the someone read the questions for me and also write.	hen answered the que	
50.	Where did you answer the questionnaire? In Stockholm county In Norrbottens county In Östergötlands county In Skåne county		
51.	Do you have any comments to add?		

Thank you very much for your cooperation!