

Table E1. Descriptive and demographic data for participants ages 10-17 in L.A.FANS-2, a neighborhood and household survey in Los Angeles, CA, 2006-8 (n=551).

Spirometry	mean (sd)
FVC (mL) mean (sd)	3353.1 (961.2)
FEV ₁ (mL) mean (sd)	2814.0 (823.6)
FEF ₂₅₋₇₅ (mL/s) mean (sd)	3114.2 (1153.2)
Psychosocial stressors	n (%)
Neighborhood feels safe	349 (63.4)
<i>missing</i>	2 (0.4)
School feels safe	423 (76.8)
<i>missing</i>	5 (0.9)
Family does not fight	490 (88.9)
<i>missing</i>	2 (0.4)
Dad lives in the house	367 (66.6)
Child covariates	
Age mean (sd)	13.4 (2.3)
Height (cm) mean (sd)	158.9 (11.7)
Weight (kg) mean (sd)	61.4 (19.3)
Race	
Hispanic	369 (66.8)
non-Hispanic white	80 (14.5)
Black	27 (4.9)
Asian/Pacific Islander	28 (5.1)
Other (multiple races)	47 (8.5)
Child's nativity	
US-born	505 (91.7)
Child smokes	10 (1.8)
<i>missing</i>	4 (0.7)
Asthma diagnosis with wheeze (12 months)	37 (6.7)
Family/household covariates	
Maternal Education	
≤ 8th grade	133 (24.1)
9-12th grade	191 (34.7)
Vocational school	32 (5.8)
AA/some college	116 (21.1)
College+	76 (13.8)
<i>missing</i>	3 (0.5)
Federal poverty level	
<100%	158 (28.7)
101-200%	161 (29.2)
201-300%	93 (16.9)

301%+	139 (25.2)
Current smoker in house	119 (21.6)

1

2

3

Table E2. Pollutant median values and ranges for L.A.FANS adolescent respondents with spirometry measures (n=551)

Pollutant	Median, Range	IQR
NO ₂ (ppb)	23.7 (6.2, 34.6)	5.3
NO _x (ppb)	47.7 (11.8, 90.1)	16.5
NO (ppb)	23.5 (3.5, 56.5)	10.4
PM _{2.5} µm/m ³	21.7 (8.5, 23.6)	1.8

4

1 METHODS

2 Sample

3 *Los Angeles Family and Neighborhood Survey 2*

4 Participants were drawn from the Los Angeles Family and Neighborhood Survey (L.A.FANS)
5 wave 2. The first wave (L.A.FANS-1) sampled 3,090 households from 65 neighborhoods in
6 Los Angeles County in 2000-2001, interviewing 3,140 children ages 0-17 with oversampling
7 of very poor and poor households. The cohort included 55% Hispanic, 26% White, 10%
8 Black, and 7% Asian participants. In 2006-2008, L.A.FANS-2 re-interviewed L.A.FANS-1
9 participants and added additional households from within the same neighborhoods. 1,091
10 children were re-interviewed (64% response rate) and 296 new children were added to the
11 sample, for a total of 1,387 children. This second wave also added spirometry data
12 collection to its protocol. To minimize lung function measurement error issues, likely to be
13 larger in younger children, and to allow us to assess adolescents' self-reported psychosocial
14 stress, we restricted our analyses to individuals ages 10-17 years (here referred to as
15 "adolescents" following the World Health Organization nomenclature¹) with a reproducible
16 spirometry curve (n=551).

17 Outcome, exposure and covariate definitions

18 *Spirometry*

19 Of the 1,387 children in L.A.FANS-2, 1,070 children aged 5-17 years participated in
20 spirometry assessments. Evaluation and acceptance criteria for spirometry curves have
21 been previously detailed.² Briefly, an expert with specific experience evaluating spirometry
22 data from children as part of the UC Berkeley Fresno Asthmatic Children's Environment
23 Study reviewed all curves. To determine acceptability, all grading of spirometry curves was
24 done based on the following criteria (some of which overlap with the 1994 American
25 Thoracic Society criteria³): (1) The Back Extrapolated Volume must be $\leq 5\%$ or 150mL,
26 whichever is greater; (2) Time to Peak Flow must be ≤ 120 milliseconds; (3) No abrupt end
27 to test; (4) Forced expiratory time must be ≥ 2 seconds; (5) Time/Volume curve must begin
28 at origin (to ensure proper start of test); (6) Curve must show that subject exhaled using
29 only one continuous blast of air; and (7) Curve must show no leaks or negative flow
30 throughout test (i.e. no inhalation). Only curves judged acceptable by the reviewer were
31 included; curves judged acceptable by the EasyOne™ portable spirometer without reviewer

32 approval were not included in analyses. Of the 775 children with at least one acceptable
33 curve for analysis, 551 children were between 10-17 years of age.

34 *Air pollution estimates*

35 Our air pollution measures have been described previously in detail.² We monitored
36 pollution using 186 passive Ogawa sampler badges for NO_x and NO₂ in two seasons of
37 2006/7 in neighborhoods in which LAFANS participants resided. This neighborhood level
38 NO_x and NO₂ measurement data were then used to develop a land use based regression
39 (LUR) model for the Los Angeles Basin, building LUR prediction surfaces^{4,5} for NO, NO₂ and
40 NO_x. PM_{2.5} estimates were generated by kriging available government monitoring data from
41 23 state and local district monitoring stations in the LA basin for the year 2000. Participants
42 in L.A.FANS-2 provided residential history information for the six years between survey
43 waves, allowing us to create annual average measures weighted for time spent at each
44 location for the past 5+ years. In a previous analysis we showed that exposure measures for
45 the 5 year, 2 year, 12 month, and current home only models were very similar.² Thus for the
46 current analyses, we extracted from our models annual average measures of each pollutant,
47 weighted for time spent at both residences and schools in the past 12 months.

48 *Psychosocial stressors*

49 Adolescent-reported: Adolescents self-reported whether “people in my family fight a lot”
50 (true vs. sometimes true or not true), whether they “feel safe in this neighbourhood” (yes vs.
51 sometimes or no) and whether they “feel safe at this school” (yes vs. sometimes or no).

52 Caregiver/family: The individual who identified as head of household reported whether the
53 father of each child lived in the house (yes/no).

54 *Adolescent/household socio-demographic covariates*

55 The following covariates were collected regarding the adolescents: gender, age, height and
56 weight, race/ethnicity, nativity, self-reported smoking, asthma history, and wheeze within
57 the past 12 months. Maternal education, household income (which was used to categorize
58 federal poverty level (FPL)), and any reported smoking in the house were also collected in
59 the survey.

60

61 Statistical analyses

62 Potential confounders were selected and included in all models based upon the previous
63 literature and by assessing changes in estimates for air pollutants greater than 10%. These
64 covariates included adolescent's age, FPL, smokers in the household, adolescent's
65 race/ethnicity, height, height-squared, weight, weight-squared, sex, and sex*age. Few
66 adolescents (n=10) reported smoking. Inclusion of this variable in the models did not
67 change estimates for the air pollutants and thus was not retained in final models. Analyses
68 were conducted in SAS 9.3 (Cary, NC).

69

70 RESULTS

71

72 Neither self-reported neighborhood safety nor school safety were associated with
73 spirometry measures, although all co-adjusted air pollutant estimates were independently
74 associated with the spirometry measures. We did not observe statistical interaction of these
75 psychosocial stressors with any of the air pollutants (data not shown).

76

77 In sensitivity analyses, removing those with an asthma diagnosis who experienced wheeze
78 in the past 12 months (n=37) resulted in slight attenuation but did not change air pollutant
79 estimates or interactions by >10% (data not shown).

80

81

82 DISCUSSION

83

84 Using information on family, neighborhood and school-related psychosocial stressors
85 collected in L.A.FANS, we were able to assess whether these measures modified the
86 associations between select air pollutants and spirometry outcomes in adolescents ages 10-
87 17 years. We found that paternal absence, while not independently associated with lung
88 function measures, modified the association of NO₂ and both FEV₁ (p=0.02) and FVC
89 (p=0.04). While associations were modest, the deficits of FEV₁ associated with NO₂ were
90 ~2% of the median FEV₁ values in the sample (2814mL), while deficits were 5% accounting
91 for the interaction with paternal absence. Although not statistically significant, NO, NO_x and
92 PM_{2.5} followed the same pattern, with stronger negative associations observed between the
93 air pollutants and spirometry measures in adolescents from households without a father
94 than in households with a father present. Similar trends were observed when we compared

95 adolescents' self-reported family fighting with those who reported no family fighting,
96 although interaction terms did not reach statistical significance. Neither self-reported
97 school safety nor neighborhood safety modified associations of air pollutant and spirometry
98 measures of lung function.

99

100 We were compelled by the findings of synergism between air pollutants and stress in the
101 Children's Health Study,⁶ but relying on early static measures of parental stress only may
102 not appropriately represent and thus potentially misclassify the stress an adolescent is
103 experiencing. The stress burden in a household likely changes with time and circumstance,
104 and while parental measures of stress may influence the perceived stress of a five year-old
105 child, to our knowledge the role of timing of stress during lung development in relation to
106 decrements in lung function has not been established. As children age into adolescence,
107 their own coping skills, peer networks and autonomy increase. This highlights the
108 importance of considering an adolescent's stress burden on their pulmonary function from
109 their point of view in addition to the parents'. Without having validated stress measures
110 available in L.A.FANS, we employed measures that had face validity or previously reported
111 associations with cortisol or lung function, as follows:

112

113 We examined school and neighborhood safety based on both their face validity (e.g.- do you
114 feel safe in your school/neighborhood: yes, no, sometimes) as well as based on previous
115 studies that found that a child's perceived neighborhood safety⁷ and school safety⁸ are
116 associated with psychological distress. However, since few participants reported not feeling
117 safe at all in their school or neighborhood, we combined the categories 'not at all' and
118 'sometimes' not feeling safe (reference: always feeling safe), which may have resulted in a
119 measures representing much lower stress than has previously been assessed.

120

121 We selected self-reported 'family conflict' based upon findings associating interparental
122 conflict with increased cortisol levels in children,^{9,10} as well as findings that 6-7 year-old
123 girls had reduced FEV₁ and FVC when mothers reported high levels of interparental
124 conflict.¹¹ Previous research on interparental conflict found that the child's involvement in
125 the family conflict (e.g. comforting the parent) as well as externalizing behaviors mediated
126 cortisol response. However, we acknowledge that in this previous research the children

127 were much younger (ages 5-7),^{9,10} potentially limiting the relevance of the findings for our
128 adolescent sample.

129

130 A large body of evidence suggests that paternal absence has many negative consequences
131 for children, including behavioral problems and psychological distress (review paper¹²). A
132 previous study found father-absent male adolescents had higher cortisol levels compared
133 with father-present adolescents, but there was no difference in cortisol levels between
134 father-present/absent adolescent females.¹³ In L.A.FANS, we were not able to assess if a
135 father-surrogate (stepfather, grandfather) was present in the house, which would be helpful
136 to assess in future work in order to understand what “father’s absence” is measuring.

137

138

139

140 1. World Health Organization adolescent health [Internet]. [cited 2015 May 8]; Available
141 from: http://www.who.int/topics/adolescent_health/en/
142

143 2. Ritz BR, Ghosh JKC, Tuner MW, Qiu J, Jerrett M, Su J, et al. Traffic-Related Air Pollution
144 and Asthma in Economically Disadvantaged and High Traffic Density Neighborhoods
145 in Los Angeles County, California [Internet]. 2009;1–113. Available from:
146 http://www.arb.ca.gov/research/single-project.php?row_id=64715
147

148 3. Crapo R, Hankinson J, Irvin C, MacIntyre N, Voter K, Wise R. Standardization of
149 Spirometry. *Am J Respir Crit Care Med* 1995;152:1107–36.
150

151 4. Su JG, Jerrett M, Beckerman B. A distance-decay variable selection strategy for land
152 use regression modeling of ambient air pollution exposures. *Sci Total Environ*
153 2009;407:3890–8.
154

155 5. Su JG, Jerrett M, Beckerman B, Wilhelm M, Ghosh JK, Ritz B. Predicting traffic-related
156 air pollution in Los Angeles using a distance decay regression selection strategy.
157 *Environ Res* 2009;109:657–70.
158

159 6. Islam T, Urman R, Gauderman WJ, Milam J, Lurmann F, Shankardass K, et al. Parental
160 stress increases the detrimental effect of traffic exposure on children’s lung function.
161 *Am J Respir Crit Care Med* 2011;184:822–7.
162

163 7. Booth, J., Ayers, S. L., & Marsiglia FF. Perceived neighborhood safety and
164 psychological distress: Exploring protective factors. *J Sociol Soc Welf* 2012;39:137–
165 56.

166

167 8. Flannery DJ, Wester KL, Singer MI. Impact of Exposure To Violence in School on Child
168 and Adolescent Mental Health and Behavior. *J Community Psychol* 2004;32:559-73.
169

170 9. Davies PT, Sturge-apple ML, Cicchetti D, Cummings EM. The Role of Child
171 Adrenocortical Functioning in Pathways Between Interparental Conflict and Child
172 Maladjustment. *Dev Psychol* 2007;43:918-30.
173

174 10. Davies PT, Sturge-Apple ML, Cicchetti D, Cummings EM. Adrenocortical
175 Underpinnings of Children's Psychological Reactivity to Interparental Conflict
176 Patrick. *Child Dev* 2008;79:1693-706.
177

178 11. Suglia SF, Ryan L, Laden F, Wright RJ. Violence exposure, a chronic psychosocial
179 stressor, and childhood lung function. *Psychosom Med* 2008;70:160-9.
180

181 12. McLanahan S, Tach L, Schneider D. The Causal Effects of Father Absence. *Annu Rev*
182 *Sociol* 2013;399:399-427.
183

184 13. Flinn M V., Quinlan RJ, Decker S a., Turner MT, England BG. Male-female differences
185 in effects of parental absence on glucocorticoid stress response. *Hum Nat*
186 1996;7:125-62.
187

188

189

190

191

192

193

194

195

196

197

198

199

200