Association of non-alcoholic fatty liver disease with major adverse cardiovascular events: A systematic review and meta-analysis

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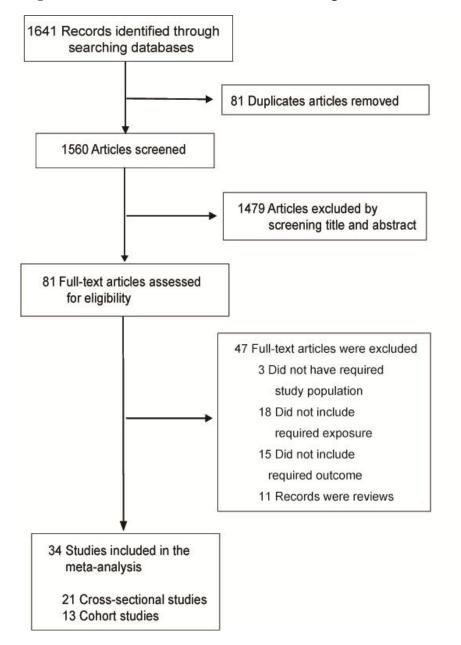


Figure S1. Flowchart for the selection of eligible studies

Study	Selection		Comparability	Exposure	Overall quality
	Representativeness of the sample	Ascertainment of exposure	Comparability of groups on the basis of the design or analysis	Assessment of outcome	assessment score (of a maximum of 5)
Agac et al, 2013	No description	* Ultrasound	** Study controls for sex, age, BMI, waist circumference, smoking status, family history of CAD, total cholesterol, triglycerides, HDL-C, LDL-C, ALT, serum creatinine, presence of hypertension, diabetes mellitus, and MetS	* Independent blind assessment	4
Agarwal et al, 2011	No description	* Ultrasound	* Study controls for age	* Independent blind assessment	3
Arslan et al, 2007	No description	* Ultrasound	** Study controls for age, male sex, plasma LDL level, BMI, smoking history, and individual components of the metabolic syndrome	* Independent blind assessment	4
Chan et al, 2014	* Somewhat representative of the average population in the community	* Ultrasound	Study does not control for other factors	* Independent blind assessment	3
Chen et al, 2010	* Somewhat representative of the average population in the	* Ultrasound	** Study controls for sex, age, BMI, smoking, hypertension,	* Independent blind assessment	5

Table S2. Quality assessment of the included studies (cross-sectional studies)

	community		diabetes mellitus, fasting		
			plasma glucose, TC, TG, HDL,		
			LDL, ALT, AST, SUA, and		
			gallbladder stones		
Chiang et al, 2010	* Somewhat representative of the	* Ultrasound	** Study controls for age,	* Independent blind	5
	average population in the		elevated hsCRP level,	assessment	
	community		metabolic syndrome,		
			hypertension, diabetes, and		
			dyslipidemia		
Choi et al, 2013	No description	* Ultrasound	** Study controls for age,	* Independent blind	4
			gender, glucose, HbA1c, BMI,	assessment	
			TC, TG, and LDL		
Choi et al, 2009	* Truly representative of the	* Ultrasound	** Study controls for age,	* Independent blind	5
	average population in the		gender, BMI, WC, and	assessment	
	community		metabolic syndrome		
Huang et al, 2012	* Truly representative of the	* Ultrasound	** Study controls for age, sex,	* Independent blind	5
	average population in the		BMI, LDL-C, HOMA-IR score,	assessment	
	community		regular exerciser, smoking		
			status, drinking status,		
			metabolic syndrome, and prior		
			histories of cardiovascular		
			diseases		
Idilman et al, 2015	No description	*CT images	** Study controls for age,	* Independent blind	4
			gender, LDL levels, BMI,	assessment	
			hypertension and smoking		
			status		

Josef et al, 2013	No description	*CT images	** Study controls for gender,	* Independent blind	4
			age, smoking habits, metabolic	assessment	
			syndrome, diabetes, BIM, and		
			levels of ALT, HDL and		
			LDL-C, TG, and fasting glucose		
Lopez-Suarez et al,	* Truly representative of the	* Ultrasound	** Study controls for age, sex,	* Independent blind	5
2011	average population in the		sedentary lifestyle, smoking	assessment	
	community		status, eGFR, diabetes, BMI,		
			HDL-C, TG, and ALT		
Sun et al, 2011	No description	*CT images	** Study controls for gender,	* Independent blind	4
			age, previous myocardial	assessment	
			infarction, TC, and AST		
Targher et al, 2006	* Truly representative of the	* Ultrasound	** Study controls for age, sex,	* Independent blind	5
	average population in the		diabetes duration, HbA,	assessment	
	community		smoking history, LDL-C, GGT		
			levels, use of medications, and		
			MetS		
Targher et al, 2007	* Truly representative of the	* Ultrasound	** Study controls for age, sex,	* Independent blind	5
	average population in the		BMI, smoking status, diabetes	assessment	
	community		duration, A1C, LDL-C, and		
			current use of medications		
Targher et al, 2010	No description	* Ultrasound	** Study controls for age, sex,	* Independent blind	4
			diabetes duration, HbA,	assessment	
			smoking status, LDL-C,		
			metabolic syndrome, BMI,		
			SBP, HDL-C, TG, albuminuria,		

			and medication use		
Targher et al, 2012	No description	* Ultrasound	** Study controls for age,	* Independent blind	4
			gender, duration of diabetes,	assessment	
			HbA, smoking status, alcohol		
			consumption, physical activity		
			level, family history of CVD,		
			LDL-C, metabolic syndrome,		
			BMI, SBP, HDL-C, TG, current		
			use of anti-hypertensive,		
			lipid-lowering or anti-platelet		
			medications, estimated GFR,		
			and albuminuria		
Thakur et al, 2012	No description	* Ultrasound	* Study controls for generalized	* Independent blind	3
			and abdominal obesity,	assessment	
			metabolic syndrome, fasting		
			insulin, dyslipidemias, systolic		
			and diastolic blood pressure and		
			hs-CRP		
VanWagner et al,	* Truly representative of the	*CT images	** Study controls for age, race,	* Independent blind	5
2014	average population in the		sex, study center, income level,	assessment	
	community		educational level, alcohol		
			intake, smoking status, physical		
			activity score, diabetes status,		
			SBP, TC, HDL, and treatments		
			for hypertension and		
			dyslipidemia		

Vendhan et al, 2014	* Truly representative of the	* Ultrasound	* Study controls for age,	* Independent blind	4
	average population in the		diabetes, hypercholesterolemia,	assessment	
	community		HOMA-IR, and hypertension in		
			some but not all the analyses		
Wang et al, 2015	* Truly representative of the	* Ultrasound	** Study controls for gender,	No description	4
	average population in the		age, BMI, hyperuricemia, AST,		
	community		ALT, hypercholesterolemia,		
			hypertriglyceridemia, and		
			fasting plasma glucose		

		S	election		Comparability		Outcome		0
Study	Representative ness of the exposed cohort	Selection of the non exposed cohort	Ascertainment of exposure	Demonstratio n that outcome of interest was not present at start of study	Comparability of cohorts on the basis of the design or analysis	Assessment of outcome	Was follow-up long enough for outcomes to occur	Adequacy of follow up of cohorts	Overall quality assessment score (of a maximum of 9)
Adams	*	* Drawn	* Ultrasound	* The study	** Study	*Independe	*The study	* Subjects	9
et al,	Trulyrepresent	from the		demonstrated	controls for	nt blind	selects an	lost to follow	
2010	ative of the	same		that death was	age, gender,	assessment	adequate	up unlikely to	
	average	communit		not present at	obesity and		follow up	introduce bias	
	population in	y as the		start of study	date of diabetes		period for	(100% follow	
	the community	exposed			diagnosis.		outcome of	up)	
		cohort					interest		
Dunn et	* Truly	* Drawn	* Liver biopsy	* The study	* Study	*Independe	*The study	* Subjects	8
al, 2008	representative	from the		demonstrated	controls for	nt blind	selects an	lost to follow	
	of the average	same		that disease	age, gender,	assessment	adequate	up unlikely to	
	population in	communit		was not	race, SBP,		follow up	introduce bias	
	the community	y as the		present at	DBP, WC, TC,		period for	(100% follow	
		exposed		start of study	HDL, TG,		outcome of	up)	
		cohort			smoking, CRP,		interest		
					daily alcohol,				
					physical				
					activity,				

Table S3. Quality assessment of the included studies (cohort studies)

	1		r						r
					diabetes, and				
					HMG-CoA				
					reductase				
					inhibitor use in				
					most but not all				
					the analyses				
Ekstedt	* Somewhat	* Drawn	* Liver biopsy	The study did	The study did	*	*The study	* Subjects	6
et al,	representative	from the		not	not report the	Independent	selects an	lost to follow	
2015	of the average	same		demonstrate	factors that	blind	adequate	up unlikely to	
	population in	communit		that disease	controlled for	assessment	follow up	introduce bias	
	the community	y as the		was not			period for	(100% follow	
		exposed		present at			outcome of	up)	
		cohort		start of study			interest		
Hamagu	* Somewhat	* Drawn	* Ultrasound	The study did	** Study	Self-reporte	*The study	Subjects lost	6
chi et al,	representative	from the		not	controls for	d	selects an	to follow up	
2007	of the average	same		demonstrate	age, smoking,		adequate	likely to	
	population in	communit		that disease	SBP, LDL-C,		follow up	introduce bias	
	the community	y as the		was not	and metabolic		period for	(68% follow	
		exposed		present at	syndrome		outcome of	up)	
		cohort		start of study			interest		
Lazo et	* Truly	* Drawn	* Ultrasound	* The study	** Study	*Document	*The study	* Subjects	9
al, 2011	representative	from the		demonstrated	controls for	ed	selects an	lost to follow	
	of the average	same		that disease	sex, race,		adequate	up unlikely to	
	population in	communit		was not	education,		follow up	introduce bias	
	the community	y as the		present at	smoking,		period for	(78% follow	
		exposed		start of study	alcohol		outcome of	up)	

		cohort			consumption,		interest		
		conort			· ·		interest		
					physical				
					activity, BMI,				
					hypertension,				
					hypercholestero				
					laemia, and				
					diabetes				
Ong et	* Truly	* Drawn	* Liver enzyme	* The study	** Study	*Document	*The study	* Subjects	9
al, 2008	representative	from the		demonstrated	controls for	ed	selects an	lost to follow	
	of the average	same		that disease	age, gender,		adequate	up unlikely to	
	population in	communit		was not	race, education,		follow up	introduce bias	
	the community	y as the		present at	income, BIM,		period for	(88% follow	
		exposed		start of study	HTN, and DM		outcome of	up)	
		cohort					interest	-	
Ryoo et	* Truly	* Drawn	* Ultrasound	* The study	** Study	*	The study	* Subjects	8
al, 2014	representative	from the		demonstrated	controls for	Independent	does not	lost to follow	
a	of the average	same		that disease	age, HDL-C,	blind	select an	up unlikely to	
	population in	communit		was not	log (hsCRP),	assessment	adequate	introduce bias	
	the community	y as the		present at	serum		follow up	(79% follow	
		exposed		start of study	creatinine,		period for	up)	
		cohort			recent smoking		outcome of		
		conort			status, regular		interest		
					exercise, MetS		merest		
					and diabetes				
D	* 77 1	* D			mellitus	*	T 1 1	* 0.1.	0
Ryoo et	* Truly	* Drawn	* Ultrasound	* The study	** Study	*	The study	* Subjects	8

al. 2014	representative	from the		demonstrated	controls for	Independent	does not	lost to follow	
b	of the average	same		that disease	age, BMI, TG,	blind	select an	up unlikely to	
	population in	communit		was not	serum	assessment	adequate	introduce bias	
	the community	y as the		present at	creatinine,		follow up	(78% follow	
	2	exposed		start of study	AST, ALT,		period for	up)	
		cohort			GGT, recent		outcome of		
					smoking status,		interest		
					regular exercise				
					and diabetes				
					mellitus				
Stepano	No description	No	* Liver biopsy	* The study	** Study	*Document	*The study	Subjects lost	6
va et al,		descriptio		demonstrated	controls for	ed	selects an	to follow up	
2013		n		that disease	age, gender,		adequate	likely to	
				was not	race, obesity,		follow up	introduce bias	
				present at	diabetes, and		period for	(60% follow	
				start of study	hyperlipidemia		outcome of	up)	
							interest		
Stepano	* Truly	* Drawn	* Ultrasound	The study	** Study	*	*The study	Subjects lost	7
va et al,	representative	from the		does not	controls for	Independent	selects an	to follow up	
2012	of the average	same		demonstrate	age, sex, race,	blind	adequate	likely to	
	population in	communit		that disease	obesity,	assessment	follow up	introduce bias	
	the community	y as the		was not	diabetes		period for	(58% follow	
		exposed		present at	mellitus,		outcome of	up)	
		cohort		start of study	smoking, and		interest		
					family history				
					of CVD				

Sung et	* Truly	* Drawn	* Ultrasound	The study	* Study	*	The study	Subjects lost	5
al, 2009	representative	from the		does not	controls for	Independent	does not	to follow up	
	of the average	same		demonstrate	age, BMI,	blind	select an	likely to	
	population in	communit		that disease	smoking and	assessment	adequate	introduce bias	
	the community	y as the		was not	exercise habits		follow up	(54% follow	
		exposed		present at			period for	up)	
		cohort		start of study			outcome of		
							interest		
Sung et	* Truly	* Drawn	* Images	* The study	** Study	*	*The study	* Subjects	9
al, 2014	representative	from the		demonstrated	controls for	Independent	selects an	lost to follow	
	of the average	same		that disease	age, sex,	blind	adequate	up unlikely to	
	population in	communit		was not	alcohol	assessment	follow up	introduce bias	
	the community	y as the		present at	consumption,		period for	(73% follow	
		exposed		start of study	smoking status,		outcome of	up)	
		cohort			exercise, SBP,		interest		
					BMI, diabetes				
					status, GGT,				
					HOMA-IR,				
					eGFR, and				
					change in BMI				
Wong et	No description	* Drawn	* Ultrasound	* The study	** Study	*	The study	* Subjects	7
al, 2011		from the		demonstrated	controls for	Independent	does not	lost to follow	
		same		that disease	age, gender,	blind	select an	up unlikely to	
		communit		was not	smoking,	assessment	adequate	introduce bias	
		y as the		present at	alcohol,		follow up	(100% follow	
		exposed		start of study	diabetes,		period for	up)	

	cohort		hypertension,	outcome of	
			SBP, DBP,	interest	
			BMI, WC,		
			fasting glucose,		
			TC, HDL-C,		
			LDL-C, TG,		
			creatinine, and		
			ALT		

	Number of comparisons	Number of population	Pooled WMD (95% CI)	P value
	in included	involved		
	studies			
Body mass index (kg/m ²)	27	102,080	2.82 (2.43 to 3.21)	< 0.001
Waist circumference (cm)	18	71,109	8.62 (7.70 to 9.54)	< 0.001
Systolic blood pressure (mmHg)	21	108,307	6.09 (4.82 to 7.35)	< 0.001
Diastolic blood pressure (mmHg)	22	108,706	3.77 (2.83 to 4.71)	< 0.001
Total cholesterol (mg/dl)	19	83,903	11.57 (8.54 to 14.61)	< 0.001
HDL cholesterol (mg/dl)	27	101,642	-5.62 (-6.63 to -4.62)	< 0.001
LDL cholesterol (mg/dl)	23	76,125	7.62 (4.13 to 11.11)	< 0.001
Triglycerides (mg/dl)	28	110,278	52.27 (45.62 to 58.91)	< 0.001
Fasting glucose (mg/dl)	22	106,481	8.34 (7.00 to 9.69)	< 0.001
Alanine aminotransferase (IU/L)	24	87,242	14.03 (10.98 to 17.08)	< 0.001
Aspartate aminotransferase (IU/L)	22	86,550	6.04 (4.48 to 7.60)	< 0.001
γ -glutamyltranspeptidase (IU/L)	14	74,040	13.32 (9.88 to 16.76)	< 0.001
Mean CIMT (mm)	6	9,428	0.06 (0.02 to 0.11)	0.010

Table S4. Weighted mean difference in baseline risk factor levels among the included population,

compared NAFLD participants with non-NAFLD participants

CIMT, carotid intimal-medial thickness; HDL, high-density lipoprotein; LDL, low-density lipoprotein; NAFLD, non-alcoholic fatty liver disease; WMD, weighted mean difference

Table S5.	Results	of	subgroup	analyses

Outcome	Item Assessed in	Study Feature	Cross-sectional Studies	Cohort Studies
	Analysis		Pooled OR (95% CI), I^2 statistics (%), <i>P</i> -value for the heterogeneity <i>Q</i> test, number of comparisons in included studies	Pooled HR (95% CI) , t^2 statistics (%), <i>P</i> -value for the heterogeneity <i>Q</i> test, number of comparisons in included studies
			(<i>n</i>)	(<i>n</i>)
Overall mortality in NAFLD vs. non-NAFLD	Study design	Population-based	No study	1.13 (0.92-1.39); <i>l</i> ² =68.3%, <i>P</i> =0.013; n=5
		Hospital-based	No study	1.23 (1.05-1.44); I ² =0.0%, P=0.482; n=2
	Mean age	≥50 years	No study	1.59 (0.93-2.72); I ² =41.6%, P=0.191; n=2
		<50 years	No study	1.17 (0.90-1.52); I ² =73.7%, P=0.010; n=4
	Ethnicity	Non-Asian	No study	1.14 (0.99-1.32); I ² =65.4%, P=0.008; n=7
		Asian	No study	No study
	Presence of diabetes	Diabetic participants	No study	2.20 (1.10-4.20); n=1
		Non-diabetic participants	No study	1.15 (0.91-1.46); n=1
		Combined	No study	1.10 (0.94-1.29); I ² =66.1%, P=0.019; n=5
	Study quality ^a	High	No study	1.13 (0.92-1.39); I ² =68.3%, P=0.013; n=5
		Relatively low	No study	1.23 (1.05-1.44); <i>I</i> ² =0.0%, <i>P</i> =0.482; n=2
	Adjustment for age <i>and</i> BMI/obesity <i>and</i> smoking	Studies adjusting	No study	No study

		Studies not adjusting	No study	1.14 (0.99-1.32); <i>I</i> ² =65.4%, <i>P</i> =0.008; n=7
CVD mortality in NAFLD vs. non-NAFLD	Study design	Population-based	No study	0.99 (0.75-1.30); <i>l</i> ² =57.2%, <i>P</i> =0.022; n=8
		Hospital-based	No study	1.45 (1.13-1.87); $I^2=0.0\%$, $P=0.541$; n=2
	Mean age	≥50 years	No study	0.92 (0.51-1.67); I ² =0.0%, P=0.903; n=3
	0	<50 years	No study	1.14 (0.86-1.53); $I^2 = 76.2\%$, $P < 0.001$; n=7
	Ethnicity	Non-Asian	No study	$1.10(0.86-1.41); I^2 = 64.9\%, P = 0.002; n = 10$
		Asian	No study	No study
	Presence of diabetes	Diabetic participants	No study	1.00 (0.48-2.07); <i>I</i> ² =0.0%, <i>P</i> =0.788; n=2
		Non-diabetic participants	No study	1.32 (0.89-1.96); n=1
		Combined	No study	1.09 (0.80-1.49); I ² =74.9%, P=0.001; n=7
	Study quality ^a	High	No study	$1.32 (0.64-2.72); I^2 = 74.1\%, P = 0.004; n = 5$
		Relatively low	No study	1.08 (0.85-1.38); I^2 =58.1%, P =0.049; n=5
	Adjustment for age and BMI/obesity and smoking	Studies adjusting	No study	0.92 (0.77-1.10); <i>l</i> ² =0.0%, <i>P</i> =0.667; n=3
		Studies not adjusting	No study	1.31 (0.88-1.96); <i>l</i> ² =72.0%, <i>P</i> =0.002; n=7
CVD incidence in NAFLD vs. non-NAFLD	Study design	Population-based	No study	1.21 (1.09-1.35); <i>l</i> ² =0.0%, <i>P</i> =0.996; n=4
		Hospital-based	1.81 (1.23-2.66); I ² =79.8%, P<0.001; n=6	4.24 (2.16-8.33); <i>I</i> ² =0.0%, <i>P</i> =0.797; n=3

	Mean age	≥50 years	1.29 (0.99-1.68); <i>I</i> ² =60.7%, P=0.079; n=3	1.17 (0.69-1.98); n=1
		<50 years	4.19 (1.40-12.60); <i>I</i> ² =77.2%, <i>P</i> =0.012; n=3	1.43 (1.10-1.85); <i>I</i> ² =62.4%, <i>P</i> =0.021; n=6
	Ethnicity	Non-Asian	2.22 (1.23-4.01); I ² =86.6%, P<0.001; n=4	1.21 (1.09-1.35); <i>I</i> ² =0.0%, <i>P</i> =0.996; n=4
		Asian	1.51 (0.96-2.37); I ² =53.1%, P=0.144; n=2	4.24 (2.16-8.33); <i>I</i> ² =0.0%, <i>P</i> =0.797; n=3
	Presence of diabetes	Diabetic	1.83 (1.16-2.90); I ² =82.5%, P<0.001; n=5	No study
		participants		
		Non-diabetic	No study	4.24 (2.16-8.33); <i>I</i> ² =0.0%, <i>P</i> =0.797; n=3
		participants		
		Combined	1.89 (1.23-2.91); n=1	1.21 (1.09-1.35); I ² =0.0%, P=0.996; n=4
	Study quality ^a	High	1.45 (1.05-1.99); I ² =73.2%, P=0.024; n=3	1.17 (0.69-1.98); n=1
		Relatively low	3.70 (0.86-15.93); I ² =87.0%, P<0.001; n=3	1.43 (1.10-1.85); <i>I</i> ² =62.4%, <i>P</i> =0.021; n=6
	Adjustment for age	Studies adjusting	3.99 (1.13-14.07); I ² =84.6%, P=0.002; n=3	1.22 (1.09-1.36); <i>I</i> ² =0.0%, <i>P</i> =0.977; n=3
	and BMI/obesity and smoking			
	0	Studies not	1.31 (0.95-1.81); I ² =58.5%, P=0.090; n=3	2.80 (1.18-6.68); I ² =67.2%, P=0.028; n=4
		adjusting		
CAD incidence	Study design	Population-based	1.94 (0.72-5.23); I ² =59.1%, P=0.118; n=2	No study
in NAFLD vs. non-NAFLD				
		Hospital-based	1.87 (1.45-2.39); I ² =82.2%, P<0.001; n=13	2.31 (1.46-3.65); n=1
	Mean age	≥50 years	2.76 (1.51-5.04); I ² =79.4%, P<0.001; n=8	2.31 (1.46-3.65); n=1
		<50 years	1.33 (1.19-1.49); I ² =26.1%, P=0.230; n=7	No study
	Ethnicity	Non-Asian	No study	No study
		Asian	1.87 (1.47-2.37); I ² =80.2%, P<0.001; n=15	2.31 (1.46-3.65); n=1
	Presence of diabetes	Diabetic	1.55 (0.92-2.62); I ² =31.4%, P=0.233; n=3	No study
		participants		

		Non-diabetic	2.37 (1.34-4.17); <i>I</i> ² =30.3%, <i>P</i> =0.230; n=4	No study
		participants		
		Combined	1.85 (1.38-2.48); <i>I</i> ² =88.0%, <i>P</i> <0.001; n=8	2.31 (1.46-3.65); n=1
	Study quality ^a	High	1.30 (1.19-1.41); <i>I</i> ² =0.0%, <i>P</i> =0.524; n=5	No study
		Relatively low	2.56 (1.55-4.23); I ² =76.0%, P<0.001; n=10	2.31 (1.46-3.65); n=1
	Adjustment for age <i>and</i> BMI/obesity <i>and</i> smoking	Studies adjusting	2.78 (1.64-4.70); <i>I</i> ² =39.8%, <i>P</i> =0.141; n=6	2.31 (1.46-3.65); n=1
		Studies not adjusting	1.66 (1.29-2.14); <i>I</i> ² =84.8%, <i>P</i> <0.001; n=9	No study
Hypertension incidence in NAFLD vs. non-NAFLD	Study design	Population-based	1.71 (1.10-2.65); n=1	No study
		Hospital-based	1.23 (1.12-1.35); I ² =0.0%, P=0.934; n=3	1.16 (1.06-1.27); <i>I</i> ² =55.9%, <i>P</i> =0.059; n=5
	Mean age	≥50 years	1.71 (1.10-2.65); n=1	No study
	-	<50 years	1.23 (1.12-1.35); I ² =0.0%, P=0.934; n=3	$1.16 (1.06-1.27); I^2 = 55.9\%, P = 0.059; n = 5$
	Ethnicity	Non-Asian	1.71 (1.10-2.65); n=1	No study
		Asian	1.23 (1.12-1.35); I ² =0.0%, P=0.934; n=3	1.16 (1.06-1.27); I^2 =55.9%, P =0.059; n=5
	Presence of diabetes	Diabetic	No study	No study
		participants Non-diabetic participants	1.23 (1.12-1.35); <i>I</i> ² =0.0%, <i>P</i> =0.934; n=3	No study
		Combined	1.71 (1.10-2.65); n=1	1.16 (1.06-1.27); <i>I</i> ² =55.9%, <i>P</i> =0.059; n=5
	Study quality ^a	High	1.71 (1.10-2.65); n=1	1.16 (1.06-1.27); I ² =55.9%, P=0.059; n=5
		Relatively low	1.23 (1.20-1.35); I^2 =0.0%, P =0.934; n=3	No study

	Adjustment for age <i>and</i> BMI/obesity <i>and</i> smoking	Studies adjusting	1.71 (1.10-2.65); n=1	1.09 (1.03-1.16); <i>I</i> ² =0.0%, <i>P</i> =0.515; n=3
		Studies not adjusting	1.23 (1.20-1.35); <i>I</i> ² =0.0%, <i>P</i> =0.934; n=3	1.34 (0.99-1.82); <i>I</i> ² =75.2%, <i>P</i> =0.044; n=2
Atherosclerosis	Study design	Population-based	1.28 (1.14-1.43); I ² =0.0%, P=0.480; n=4	No study
ncidence in				
NAFLD vs.				
non-NAFLD				
		Hospital-based	4.80 (1.80-12.80); n=1	No study
	Mean age	≥50 years	1.28 (1.14-1.43); I^2 =0.0%, P =0.480; n=4	No study
		<50 years	4.80 (1.80-12.80); n=1	No study
	Ethnicity	Non-Asian	1.15 (0.86-1.54); I ² =34.0%, P=0.218; n=2	No study
		Asian	1.48 (1.08-2.03); I ² =69.9%, P=0.036; n=3	No study
	Presence of diabetes	Diabetic	No study	No study
		participants		
		Non-diabetic	4.80 (1.80-12.80); n=1	No study
		participants		
		Combined	1.28 (1.14-1.43); I ² =0.0%, P=0.480; n=4	No study
	Study quality ^a	High	1.28 (1.14-1.43); I ² =0.0%, P=0.480; n=4	No study
		Relatively low	4.80 (1.80-12.80); n=1	No study
	Adjustment for age	Studies adjusting	1.31 (1.15-1.50); I ² =0.0%, P=0.796; n=2	No study
	and BMI/obesity and	- 0		-
	smoking			
	-	Studies not	1.33 (0.96-1.84); I ² =78.2%, P=0.010; n=3	No study
		adjusting		-

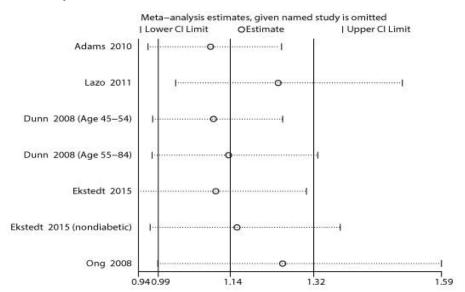
Overall mortality in NASH vs.	Study design	Population-based	No study	0.80 (0.52-1.22); n=1
non-NASH		II	N	$1.56(0.04, 0.50), t^2$ 20.50(B 0.001), a 4
	X	Hospital-based	No study	1.56 (0.94-2.58); <i>I</i> ² =89.5%, <i>P</i> <0.001; n=4
	Mean age	≥50 years	No study	1.13 (0.74-1.72); n=1
		<50 years	No study	1.44 (0.80-2.57); I ² =89.3%, P<0.001; n=4
	Ethnicity	Non-Asian	No study	1.37 (0.86-2.19); <i>I</i> ² =86.4%, <i>P</i> <0.001; n=5
		Asian	No study	No study
	Presence of diabetes	Diabetic	No study	No study
		participants		
		Non-diabetic	No study	No study
		participants		
		Combined	No study	1.37 (0.86-2.19); <i>I</i> ² =86.4%, <i>P</i> <0.001; n=5
	Study quality ^a	High	No study	0.80 (0.52-1.23); n=1
	1 1 1 1	Relatively low	No study	$1.56(0.94-2.59); I^2 = 85.9\%, P < 0.001; n = 4$
	Adjustment for age	Studies adjusting	No study	No study
	and BMI/obesity and smoking	Searce aujusting		
		Studies not	No study	1.37 (0.86-2.19); I ² =86.4%, P<0.001; n=5
		adjusting		
CVD mortality	Study design	Population-based	No study	0.59 (0.29-1.20); n=1
in NASH vs.		-	•	
non-NASH				
		Hospital-based	No study	1.41 (0.61-3.22); <i>I</i> ² =83.8%, <i>P</i> <0.001; n=4
	Mean age	≥50 years	No study	0.51 (0.23-1.12); n=1

Ethnicity	<50 years Non-Asian Asian	No study No study No study	1.44 (0.65-3.20); <i>I</i> ² =83.2%, <i>P</i> <0.001; n=4 1.18 (0.57-2.48); <i>I</i> ² =83.3%, <i>P</i> <0.001; n=5 No study
Presence of diabetes	Diabetic participants	No study	No study
	Non-diabetic participants	No study	No study
	Combined	No study	1.18 (0.57-2.48); I^2 =83.3%, P <0.001; n=5
Study quality ^a	High	No study	0.59 (0.29-1.20); n=1
	Relatively low	No study	1.41 (0.61-3.22); I ² =83.8%, P<0.001; n=4
Adjustment for age <i>and</i> BMI/obesity <i>and</i> smoking	Studies adjusting	No study	No study
	Studies not adjusting	No study	1.18 (0.57-2.48); <i>I</i> ² =83.3%, <i>P</i> <0.001; n=5

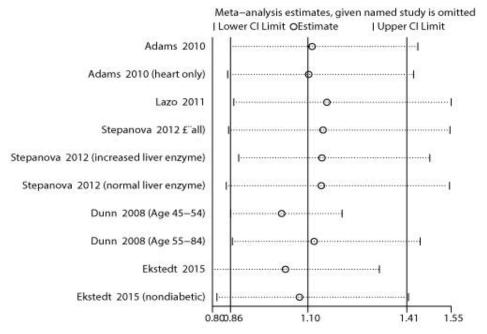
^a We considered a cross-sectional study awarded 5 stars and a cohort study awarded 8 or more stars as a high quality study in current study, as no standard criteria has been established

Figure S2. Sensitivity analyses. Pooled relative risks for cardiovascular events associated with non--alcoholic fatty liver disease by omitting one study in turn.

A. Overall mortality

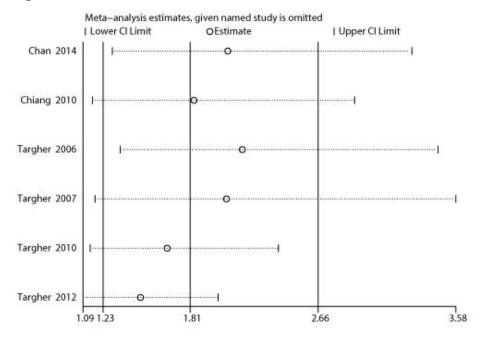


B. CVD mortality

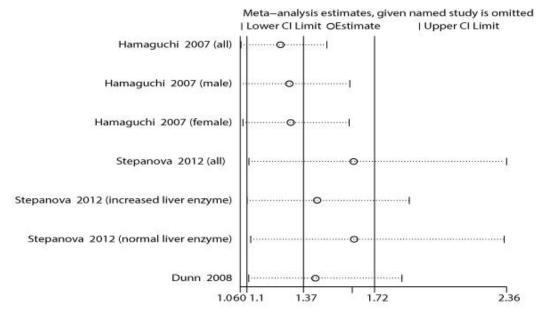


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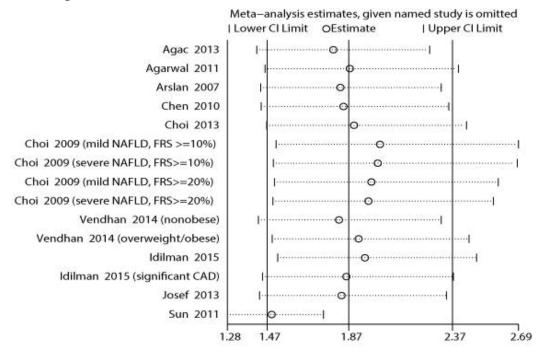
C. CVD prevalence (Cross-sectional studies)



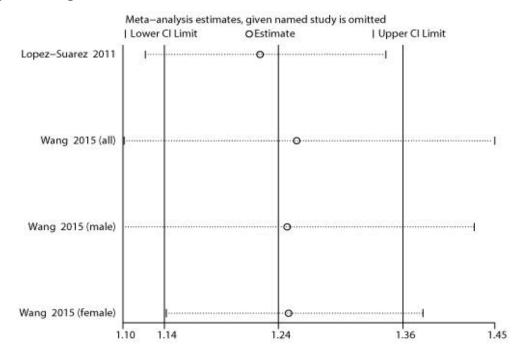
D. CVD incidence (Cohort studies)



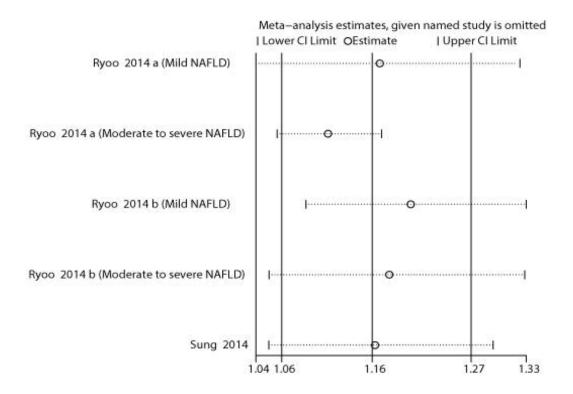
E. CAD prevalence (Cross-sectional studies)



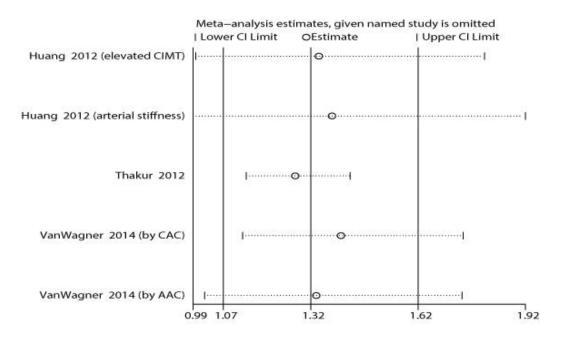
F. Hypertension prevalence (Cross-sectional studies)



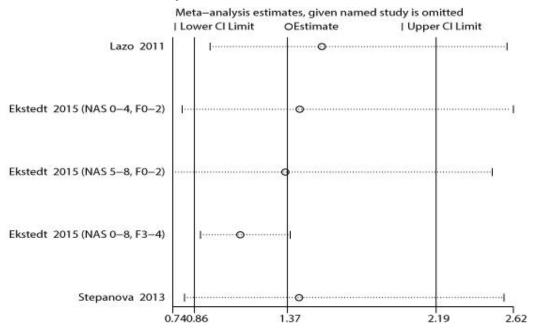
G. Hypertension incidence (Cohort studies)



H. Atherosclerosis prevalence



I. NASH: Overall mortality



J. NASH: CVD mortality

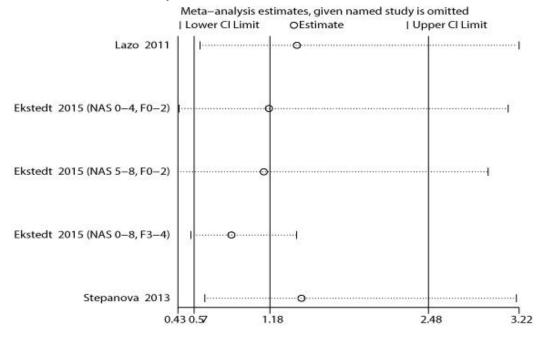
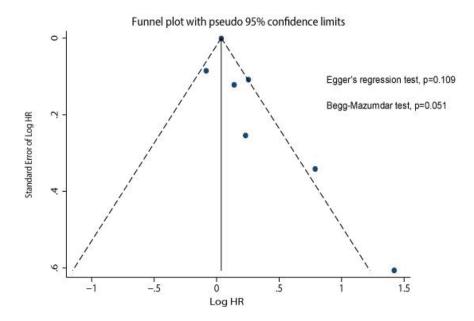


Figure S3. Funnel plots to assess publication bias

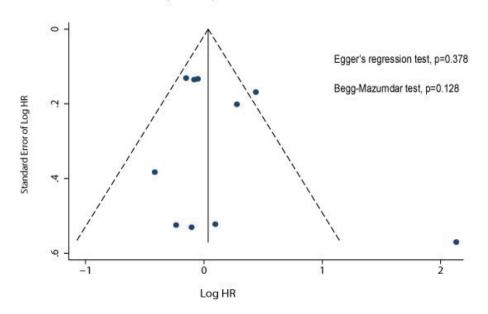
Plots show study size as a function of effect size for studies included in the meta-analysis.

A. Overall mortality

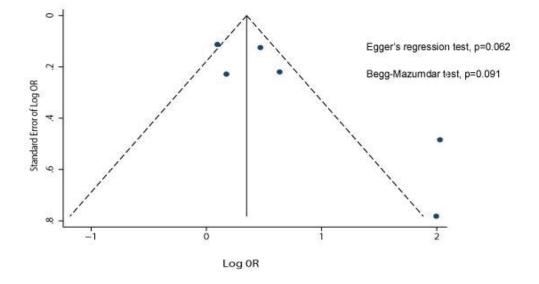


B. CVD mortality



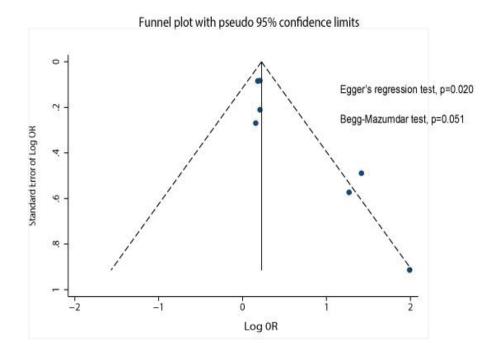


C. CVD prevalence (Cross-sectional studies)

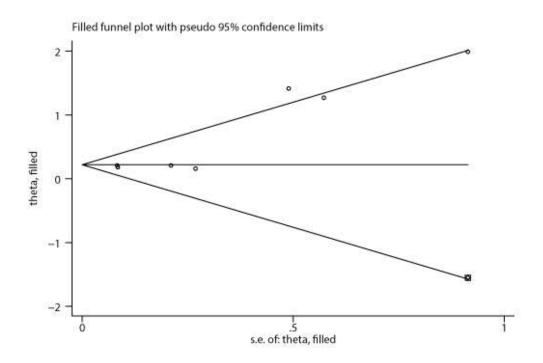


Funnel plot with pseudo 95% confidence limits

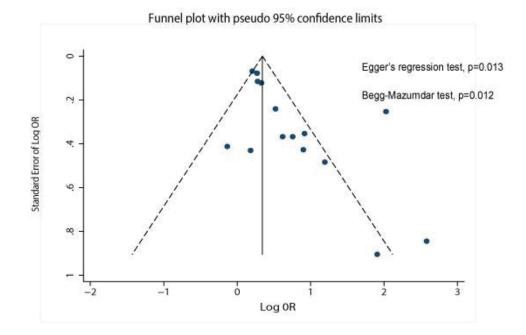
D. CVD incidence (Cohort studies)



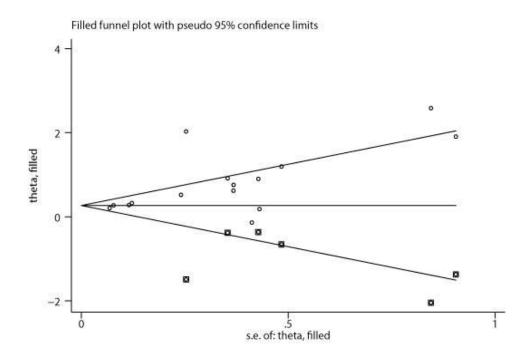
E. CVD incidence (Cohort studies) after using the trim and fill approach. 1 study was filled. Pooled HR (95% CI) after filling was 1.36 (1.06-1.74)



F. CAD prevalence (Cross-sectional studies)



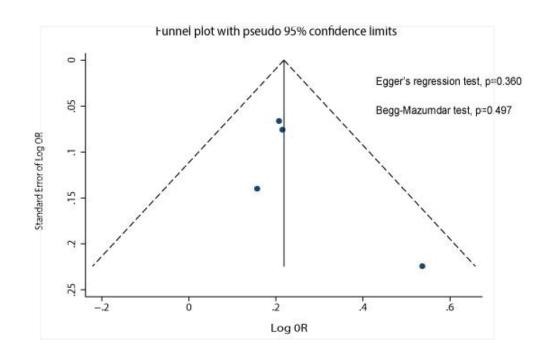
G. CAD prevalence(Cross-sectional studies) after using the trim and fill approach. 6 studies was filled. Pooled OR (95% CI) after filling was 1.36 (1.04-1.77)



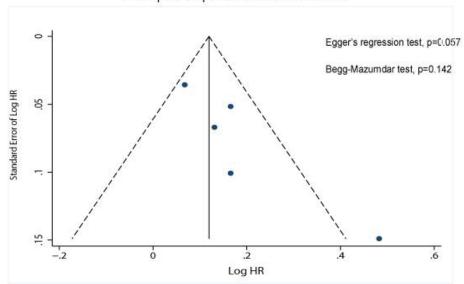
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H. Hypertension prevalence (Cross-sectional studies)

L

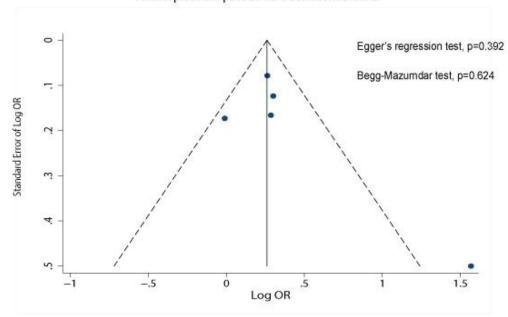


I. Hypertension incidence (Cohort studies)



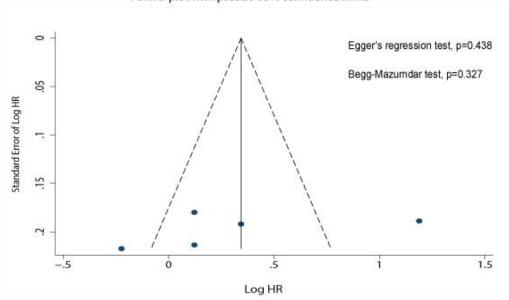
Funnel plot with pseudo 95% confidence limits

J. Atherosclerosis prevalence



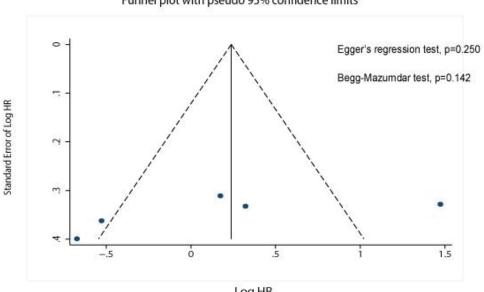
Funnel plot with pseudo 95% confidence limits

K. NASH: overall mortality



Funnel plot with pseudo 95% confidence limits

L. NASH: CVD mortality



Funnel plot with pseudo 95% confidence limits

Log HR