

Supplemental Table 2. Method details for measurement of steroids by LC-MS/MS

Steroid	RT (min)	Precursor/product ions (m/z^a)	Internal Standard	LOD ng/dL	Linear Regression (R²)
Progesterone	11.8	315.2/97	Progesterone -d9	1.2	0.9986
17-OH Progesterone	9.9	331.2/97	17-OH Progesterone-d8	1.9	0.9964
11-deoxycorticosterone	10.8	331.2/109	11-deoxycorticosterone-d8	2	0.9965
11-deoxycrtisol	8.9	347.2/97	11-deoxycrtisol-d5	2	0.9953
Corticosterone	9.2	347.2/121	Corticosterone-d8	0.7	0.9990
Aldosterone	8.6	361.2/343.1	aldosterone-d7	2	0.9993
Cortisol	7.1	363/121	Cortisol -d4	1	0.9992
18-hydroxycortisol	6.0	379.2/267	Cortisol -d4	1.2	0.9992
18-oxocortisol	6.5	377.2/313	Cortisol -d4	1.2	0.9965

^a m/z , mass to charge ratio; RT, retention time; LOD, Limit of detection (calculated by signal-to-noise ratio of 3).