

## SUPPLEMENTARY DATA

**Table S1.** Characteristics of included athletes

Athletes (n)	1055
Male (n)	958
Female (n)	97
Year of birth (median, range)	1897 (1864-1913)
Year of death (median, range)	1969 (1901-2010)
Age at death (mean, SD)	72.1 (16.9)
Personal records (n)	2320
Personal records per athlete (median, range)	2 (1-10)
Age at personal record (mean, SD)	24.9 (3.8)
Disciplines (n)	58
Nationalities (n)	41
SD=Standard deviation	