

Online Table 2 Child development subscale outcomes as reported across studies included in the systematic review

Study	Measure	Outcome	Assessment	Child age	Time	Intervention		Control		Cohen's d	Other statistics
						n	Mean(SD)	n	Mean(SD)		
Feinberg et al. 2010	CBCL	Externalizing	Q	36 months	LF	70	45.71(8.32)	65	46.15(8.76)	0.05 (-0.29; 0.39)	
	CBCL	Internalizing	Q	36 months	LF	70	46.03(8.69)	65	46.49(8.46)	0.05 (-0.28; 0.39)	
	CBCL	Attention/Hyper	Q	36 months	LF	70	3.67(2.43)	65	3.66(2.72)	0.00 (-0.34; 0.33)	
	CBCL	Agression	Q	36 months	LF	70	7.58(4.81)	65	7.85(5.16)	0.05 (-0.28; 0.39)	
Aronen & Kurkela 1996	CBCL	Internalizing	Q	14-15 years	LF	75	4.7	63	10.3	0.40 (0.05; 0.73)	t=2.3, p=0.02
	CBCL	Externalizing	Q	14-15 years	LF	75	4.8	63	10.8	0.36 (0.02; 0.70)	t=2.1, p=0.23
	CBCL	Withdrawn	Q	14-15 years	LF	75	2.0	63	2.2	0.12 (-0.22; 0.45)	t=0.7, p=0.49
	CBCL	Somatic complaints	Q	14-15 years	LF	75	1.1	63	1.9	0.46 (0.12; 0.80)	t=2.7, p=0.009
	CBCL	Anxious/Depressed	Q	14-15 years	LF	75	1.7	63	2.7	0.38 (0.04; 0.71)	t=2.2, p=0.03
	CBCL	Social Problems	Q	14-15 years	LF	75	0.8	63	1.3	0.26 (-0.08; 0.59)	t=1.5, p=0.14
	CBCL	Thought Problems	Q	14-15 years	LF	75	0.1	63	0.13	0.03 (-0.30; 0.37)	t=0.2, p=0.83
	CBCL	Attention Problems	Q	14-15 years	LF	75	1.5	63	2.3	0.34 (0.00; 0.68)	t=1.99, p=0.05
	CBCL	Delinquent Behavior	Q	14-15 years	LF	75	1.1	63	1.3	0.19 (-0.15; 0.52)	t=1.1, p=0.27
	CBCL	Aggressive Behavior	Q	14-15 years	LF	75	3.7	63	5.3	0.38 (0.04; 0.71)	t=2.2, p=0.03
	YSR	Internalizing	Q	14-15 years	LF	74		62		0.52 (0.17; 0.86)	t=3.0
	YSR	Externalizing	Q	14-15 years	LF	74		62		0.21 (-0.13; 0.54)	t=1.2
	YSR	Withdrawn	Q	14-15 years	LF	74	2.9	62	3.8	0.43 (0.09; 0.77)	t=2.5, p=0.01
	YSR	Somatic complaints	Q	14-15 years	LF	74	1.7	62	2.3	0.28 (-0.06; 0.61)	t=1.6, p=0.10
	YSR	Anxious/Depressed	Q	14-15 years	LF	74	2.5	62	4.6	0.60 (0.26; 0.95)	t=3.5, p=0.001
	YSR	Social Problems	Q	14-15 years	LF	74	1.8	62	2.2	0.21 (-0.13; 0.54)	t=1.2, p=0.22
	YSR	Thought Problems	Q	14-15 years	LF	74	0.7	62	1.2	0.36 (0.02; 0.70)	t=2.1, p=0.04
	YSR	Attention Problems	Q	14-15 years	LF	74	2.7	62	3.6	0.33 (-0.01; 0.67)	t=1.9, p=0.05
	YSR	Delinquent Behavior	Q	14-15 years	LF	74	3.1	62	3.5	0.16 (-0.18; 0.49)	t=0.9, p=0.33
	YSR	Aggressive Behavior	Q	14-15 years	LF	74	6.3	62	7.3	0.21 (-0.13; 0.54)	t=1.2, p=0.21
Aronen & Arajävi 2000	YASR	Internalizing	Q	20-21 years	LF	73	8.19	63	10.71	0.36 (0.02; 0.70)	t=2.11, p=0.037
	YASR	Externalizing	Q	20-21 years	LF	73	6.30	63	7.06	0.15 (-0.19; 0.49)	t=0.87, p=0.381

	YASR	Withdrawn	Q	20-21 years	LF	73	2.17	63	2.73	0.25 (-0.09; 0.58)	t=1.43, p=0.154
	YASR	Somatic complaints	Q	20-21 years	LF	73	1.97	63	2.54	0.23 (-0.11; 0.57)	t=1.35, p=0.177
	YASR	Anxious/depressed	Q	20-21 years	LF	73	6.01	63	7.94	0.38 (0.04; 0.72)	t=2.19, p=0.030
	YASR	Intrusive	Q	20-21 years	LF	73	2.04	63	2.31	0.15 (-0.18; 0.49)	t=0.89, p=0.374
	YASR	Thought problems	Q	20-21 years	LF	73	0.16	63	0.35	0.24 (-0.09; 0.58)	t=1.42, p=0.157
	YASR	Attention problems	Q	20-21 years	LF	73	2.85	63	3.54	0.34 (0.00; 0.68)	t=1.99, p=0.048
	YASR	Delinquent behavior	Q	20-21 years	LF	73	0.96	63	1.22	0.13 (-0.20; 0.47)	t=0.78, p=0.436
	YASR	Agressive behavior	Q	20-21 years	LF	73	3.30	63	3.52	0.08 (-0.25; 0.42)	t=0.49, p=0.624

Bold: significant at a 5% level

⌘: SD calculated based on information in the study

PI: Post Intervention

SF: Short term Follow up (≤6 months post intervention)

LF: Long term Follow up (>6 months post intervention)

Q: Questionnaire

DV: Dependent variable

CBCL: Child Behavior Checklist

YSR: Youth Self Report

YASR: Young Adult Self Report