**Supplemental Table S1.** Logistic Regression Analyses to Generate ORs of Covariates Included in the Final Multivariable Adjusted Model for the Risk of Osteoporosis

Covariate	OR (95% CI)	P value
Age	1.061 (1.005–1.119)	0.031a
Body mass index	0.953 (0.865-1.051)	0.336
Current smoking	1.266 (0.194-8.268)	0.805
Alcohol intake (≥3 units/day)	1.858 (0.896–3.852)	0.096
Exercise status (≥30 min/day)	0.780 (0.428-1.421)	0.417
Parental history of OF	1.432 (0.623–3.292)	0.398
Years since menopause	1.036 (0.989-1.085)	0.138
25-Hydroxyvitamin D <sub>3</sub>	1.002 (0.983-1.021)	0.838

OR, odds ratio; CI, confidence interval; OF, osteoporotic fracture. <sup>a</sup>Values are statistically significant.