

## Harris Hip Score

<b>I. Pain (44 points possible)</b>			
A. None		44	
B. Slight, occasional, no compromise in activities	40		
C. Mild pain, no effect on common activities, rarely moderate pain with unusual activity, may take simple pain medication	30		
D. Moderate pain, tolerable, accepts limitations caused by pain. Some limitation of common activities or work. Occasionally takes pain medication stronger than aspirin	20		
E. Pronounced, serious limitation of activities	10		
F. Totally disabled, crippled, pain in bed, bedridden	00		
<b>II Function (47 points possible)</b>			
A. Gait (33 possible)			
1. Limp	a. None	11	
	b. Slight	08	
	c. Moderate	05	
	d. Severe	00	
2. Support			
	a. None	11	
	b. Cane for long walks	07	
	c. Cane most of the time	05	
	d. One crutch	03	
	e. Two canes	02	
	f. Two crutches	00	
	g. Not able to walk	00	
3. Distance walked			
	a. Unlimited	11	
	b. 6 blocks	08	
	c. 2-3 blocks	05	
	d. Indoors only	02	
	e. Bed and chair	00	
B. Activities (14 possible)			
1. Stairs			
	a. Normally without using a railing	04	
	b. Normally using a railing	02	
	c. In any manner	01	
	d. Unable to do stairs	00	
2. Shoes and Socks			
	a. With ease	04	
	b. With difficulty	02	
	c. Unable	00	
3. Sitting			
	a. Comfortably in chair for one hour	05	
	b. On high chair for one half hour	03	
	c. Unable to sit comfortably in a chair	00	
4. Enter public transportation		01	
<b>III Absence of deformity point (4) are given if the patient demonstrated</b>			
A. Less than 30° fixed flexion contracture			
B. Less than 10° fixed adduction			
C. Less than 10° fixed internal rotation in extension			
D. Limb length discrepancy less than 3.2 centimetres			
<b>IV Range of motion (index values are determined by multiplying the degrees of motion possible in each arc by the appropriate index</b>			
A. Flexion			
	a.	0-45°	x 1.0
	b.	45-90°	x 0.6
	c.	90-110°	x 0.3
B. Abduction			
	a.	0-15°	x 0.8
	b.	15-20°	x 0.3
	c.	Over 20°	x 0
C. External rotation in extension			
	a.	0-15°	x 0.4
	b.	Over 15°	x 0
D. Internal rotation in extension			
	a.	Any	x 0
E. Adduction			
	a.	0-15°	x 0.2
To determine the overall rating for range of motion, multiply the sum of the index values x 0.05. Record Trendelenburg test as positive, level or neutral.			