

### Appendix 3. Risk of bias of individual studies

	Random sequence	Allocation concealment	Blinding of outcome	Incomplete outcome
Choi 2012	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Liu 2008	?*	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Moldovan 2013	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Muto 2011	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Naeem 2014	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Talbure 2015	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Unlu Ince 2013	?*	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wang Urban 2014	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wang Rural 2013	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\*Randomisation was reported but with no indication of how it was carried out