

Online Appendix.

Description of data: This file includes the SIMS-Trial group investigators

Appendix: SIMS-Trial group investigators

Trial steering committee: R D'Alessandro (*Chair*), Department of Clinical Neurology, University of Bologna, Bologna; A Solari, Unit of Neuroepidemiology, Foundation IRCCS Neurological Institute C. Besta, Milan; E Pucci, Neurology Department, Macerata Hospital, Macerata; V Martinelli, Department of Neurology, Scientific Institute Hospital San Raffaele, Milan; M Messmer Uccelli, Department of Health Services and Research, Italian MS Society, Genoa; C Borreani, Psychology Unit, National Cancer Institute Foundation, Milan; M Trojano, Departments of Neurological and Psychiatric Sciences, University of Bari, Bari; all in Italy.

Independent data and safety monitoring committee: C Heesen (*Chair*), Institute of Neuroimmunology and Clinical MS Research, University Medical Center Hamburg-Eppendorf, Hamburg, Germany; GL Mancardi, Departments of Neurology, Ophthalmology and Genetics, University of Genoa, Genoa, Italy; C Milanese, Multiple Sclerosis Unit, Foundation IRCCS Neurological Institute C. Besta, Milan, Italy; S Galimberti, Department of Clinical Medicine Prevention and Biotechnology, University of Milan-Bicocca, Italy.

Data management and analysis committee: A Solari, A Giordano, D Calabrese, G Ferrari, Unit of Neuroepidemiology, Foundation IRCCS Neurological Institute C. Besta, Milan, Italy.

Intervention panel: C Borreani, Psychology Unit, National Cancer Institute Foundation, Milan; K Mattarozzi, Department of Psychology, University of Bologna, Bologna; M Messmer Uccelli, Department of Health Services and Research, Italian MS Society, Genoa; A Giordano, Unit of Neuroepidemiology, Foundation IRCCS Neurological Institute C. Besta, Milan; all in Italy.

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