

Symbol	Definition	Value		
$\gamma$	Edge energy	$1.2 \times 10^{-11}$ J/m		
$\sigma$	Surface tension	$15 \times 10^{-3}$ J/m <sup>2</sup>		
$\alpha$	Creation rate coefficient	$1 \times 10^9$ s <sup>-1</sup>		
$q$	$q = (r_m/r_*)^2$	2.46		
$C$	Steric repulsion constant	$9.67 \times 10^{-15}$ J <sup>1/4</sup> m		
$D$	Radial diffusion coefficient	$1 \times 10^{-14}$ m <sup>2</sup> /s		
$r_m$	Equilibrium pore radius	0.8 nm		
$G_p(r_m)$	Equilibrium pore conductance	1.56 nS		
$R_e$	Electrolyte resistance	100-800 $\Omega$		
<b>Spacer Surface:</b>				
$p$	Fractional order parameter	0.83		
$C_{dl}$	Double-layer capacitance	230 nF		
<b>DphPC Membrane</b>		<b>Tether Density:</b>		<b>100%</b>
$G_0$	Initial membrane conductance	1.00 $\mu$ S	0.66 $\mu$ S	0.33 $\mu$ S
$C_m$	Membrane capacitance	16.0-17.5 nF	12.5-16.0 nF	12.4 nF
$p$	Fractional order parameter	0.90-0.95	0.90-0.95	0.93
$C_{dl}$	Double-layer capacitance	100-180 nF	100-180 nF	120-180 nF
$V_{ep}$	Voltage of electroporation	350-415 mV	480-560 mV	650 mV
$K_t$	Spring constant	0 N/m	0 N/m	20 mN/m
<b>S. cerevisiae Membrane</b>		<b>Tether Density:</b>		<b>10%</b>
$G_0$	Initial membrane conductance	5.00 $\mu$ S	1.11-1.66 $\mu$ S	
$C_m$	Membrane capacitance	16.0-18.0 nF	14.0 nF	
$p$	Fractional order parameter	0.90	0.90-0.92	
$C_{dl}$	Double-layer capacitance	180 nF	180 nF	
$V_{ep}$	Voltage of electroporation	330-350 mV	410-430 mV	
$K_t$	Spring constant	0 N/m	0 N/m	
<b>E. coli Membrane</b>		<b>Tether Density:</b>		<b>10%</b>
$G_0$	Initial membrane conductance	2.00-1.00 $\mu$ S	0.66 $\mu$ S	
$C_m$	Membrane capacitance	14.0 nF	15.0-17.0 nF	
$p$	Fractional order parameter	0.90-0.91	0.90-0.91	
$C_{dl}$	Double-layer capacitance	180 nF	180 nF	
$V_{ep}$	Voltage of electroporation	360-380 mV	400-450 mV	
$K_t$	Spring constant	0 N/m	0 N/m	

**Table S1: Parameters for CED Current Predictions.** The parameters  $G_0$ ,  $C_m$ ,  $C_{dl}$ , and  $R_e$  in Table S1 are estimated using a single impedance measurement for each tethered membrane. The electroporation parameters  $C$ ,  $D$ ,  $r_m$  are obtained from 6, 74-78. The parameters  $\sigma$  and  $\gamma$  are computed from the CGMD simulations. Since  $\alpha$  and  $q$  are not dependent on the tether density, only a single current measurement was used to estimate these parameters, and found to be consistent with those reported in 75.