

**Supplemental Table 2.** Demographic properties of the study population from the first visit of participants (n=478)

	Depression (-) (n=421)	Depression (+) (n=57)	p-value <sup>1</sup>
Gender			
Men	113 (26.84)	11 (19.30)	0.22
Women	308 (73.16)	46 (80.70)	
Age (y)			
60-69	199 (47.27)	21 (36.84)	0.03
70-79	207 (49.17)	30 (52.63)	
≥80	15 (3.56)	6 (10.53)	
History of hypertension			
No	198 (47.03)	27 (47.37)	0.96
Yes	223 (52.97)	30 (52.63)	
History of diabetes			
No	353 (83.85)	44 (77.19)	0.21
Yes	68 (16.15)	13 (22.81)	
Regular alcohol consumption			
No	318 (75.53)	46 (80.70)	0.39
Yes	103 (24.47)	11 (19.30)	
Smoking status			
Smoker	24 (5.70)	4 (7.02)	0.86
Ex-smoker	30 (7.13)	3 (5.26)	
Non-smoker	367 (87.17)	50 (87.72)	
Education level			
<Primary	114 (27.08)	24 (42.11)	0.02
Primary-Secondary	188 (44.66)	25 (43.86)	
≥Secondary	119 (28.27)	8 (14.04)	
Body mass index (kg/m <sup>2</sup> )			
<25.0	235 (55.82)	36 (63.16)	0.42
25.0-29.9	170 (40.38)	18 (31.85)	
>30	16 (3.80)	3 (5.26)	

<sup>1</sup>p-values are calculated by  $\chi^2$  test.