

ONLINE SUPPLEMENT
SUPPLEMENTARY TABLES AND
FIGURES

Table E1: Baseline characteristics of the Sleep Heart Health Study cohort by FEV₁ category

	FEV ₁ group 1 (≥ 3.19) N=1529	FEV ₁ group 2 (2.61-3.18) N=1536	FEV ₁ group 3 (2.10-2.60) N=1551	FEV ₁ group 4 (≤ 2.09) N=1558
Age, years	57.3 (9.1)	60.6 (9.6)	63.6 (10.1)	71.0 (9.9)
FEV ₁ , L	3.73 (0.44)	2.88 (0.16)	2.35 (0.15)	1.68 (0.35)
FVC, L	4.86 (0.64)	3.79 (0.40)	3.13 (0.36)	2.34 (0.52)
FEV ₁ /FVC, %	77.1 (5.7)	76.5 (6.5)	75.7 (7.1)	72.6 (10.3)
BMI, kg/m ²	28.2 (4.5)	28.5 (5.2)	28.8 (5.8)	28.4 (5.7)
Sex, %				
Women	157 (10%)	738 (48%)	1099 (71%)	1264 (81%)
Men	1372 (90%)	798 (52%)	452 (29%)	294 (19%)
Race, %				
White	1312 (86%)	1247 (81%)	1156 (75%)	1105 (71%)
African-American	47 (3%)	73 (5%)	107 (7%)	239 (15%)
Native American	93 (6%)	141 (9%)	187 (12%)	159 (10%)
Hispanic	66 (4%)	56 (4%)	76 (5%)	36 (2%)
Other	11 (1%)	19 (1%)	25 (2%)	19 (1%)
Smoking Status, %				
Never	607 (40%)	700 (46%)	776 (50%)	732 (47%)
Former	733 (48%)	667 (44%)	604 (39%)	629 (41%)
Current	177 (12%)	160 (10%)	162 (11%)	185 (12%)
Hypertension, %	605 (40%)	737 (48%)	858 (55%)	1065 (69%)
Cardiovascular disease [†] , %	176 (12%)	210 (14%)	239 (16%)	359 (24%)
Deaths, %	182 (12%)	275 (18%)	356 (23%)	644 (41%)
Follow-up time, person-years	17641.1	17351.0	16731.4	15368.2
Mortality rate, per 1000 person-years	10.3	15.8	21.3	41.9

p < 0.0001 for comparisons of age,, FEV₁, FEV₁/FVC, gender, race, smoking status, hypertension, diabetes, cardiovascular disease across RDI categories using χ^2 and analysis of variance to compare categorical and continuous variables, respectively. P<0.05 for comparisons of body mass index, p=0.01 for comparison of across categories. Values represent mean (standard deviation) or percentage. [†]Cardiovascular disease defined as presence of angina, heart failure, myocardial infarction, stroke, or any coronary revascularization procedure.

Table E2: Adjusted hazard ratios for FVC (per 200 mL decrease) and all-cause mortality in the Sleep Heart Health Study.

	AHI < 5 events/hr	AHI \geq 5 events/hr
Model 1 [†]	1.13 (1.12, 1.15)	1.10 (1.08, 1.11)
Model 2 [‡]	1.08 (1.06, 1.10)	1.06 (1.04, 1.08)
Model 3 [§]	1.07 (1.05, 1.09)	1.05 (1.03, 1.07)

[†]Model 1: FVC (continuous), AHI (categorical), FVC x AHI interaction.

[‡]Model 2: FVC (continuous), AHI (categorical), FVC x AHI interaction, age, gender, race, BMI, smoking status.

[§]Model 3: FVC (continuous), AHI (categorical), FVC x AHI interaction, age, gender, race, BMI, smoking status, hypertension, and cardiovascular disease.

p-values for interaction term to Models 1, 2, and 3: 0.004, 0.172, 0.072.

Table E3: Adjusted hazard ratios for FVC (per 200mL decrease) associated with all-cause mortality.

	Apnea-hypopnea index (events/hr)			
	< 5.0	5.0-14.9	15.0-29.9	\geq 30.0
Model 1 [†]	1.14 (1.12, 1.15)	1.10 (1.08, 1.12)	1.10 (1.07, 1.13)	1.09 (1.04, 1.13)
Model 2 [‡]	1.08 (1.06, 1.10)	1.06 (1.04, 1.09)	1.06 (1.03, 1.10)	1.05 (1.01, 1.09)
Model 3 [§]	1.07 (1.05, 1.09)	1.05 (1.03, 1.07)	1.05 (1.02, 1.09)	1.03 (0.99, 1.08)

[†]Model 1: FVC (continuous), AHI (categorical), FVC x AHI interaction.

[‡]Model 2: FVC (continuous), AHI (categorical), FVC x AHI interaction, age, gender, race, BMI, smoking status.

[§]Model 3: FVC (continuous), AHI (categorical), FVC x AHI interaction, age, gender, race, BMI, smoking status, hypertension, and cardiovascular disease.

p-values for interaction between AHI categories and FVC as a trend in Models 1, 2 and 3: 0.009, 0.141, 0.061.

Table E4: Adjusted hazard ratios for FEV₁/FVC (per 1% decrease) and all-cause mortality

	AHI < 5 events/hr	AHI \geq 5 events/hr
Model 1 [†]	1.05 (1.04, 1.06)	1.01 (1.00, 1.02)
Model 2 [‡]	1.02 (1.01, 1.03)	1.00 (0.99, 1.01)
Model 3 [§]	1.02 (1.01, 1.03)	1.00 (0.99, 1.01)

[†]Model 1: FEV₁/ FVC (continuous), AHI (categorical), FEV₁/FVC x AHI interaction.[‡]Model 2: FEV₁/ FVC (continuous), AHI (categorical), FEV₁/FVC x AHI interaction, age, gender, race, BMI, smoking status.[§]Model 3: FEV₁/ FVC (continuous), AHI (categorical), FEV₁/FVC x AHI interaction, age, gender, race, BMI, smoking status, hypertension, and cardiovascular disease.

p-values for interaction term to Models 1, 2, and 3: <0.001, 0.003, 0.021.

Table E5: Adjusted hazard ratios for FEV₁/FVC (per 1% decrease) and all-cause mortality.

	Apnea-hypopnea index (events/hr)			
	< 5.0	5.0-14.9	15.0-29.9	\geq 30.0
Model 1 [†]	1.05 (1.04, 1.06)	1.03 (1.01, 1.04)	1.00 (0.99, 1.02)	1.00 (0.97, 1.02)
Model 2 [‡]	1.02 (1.01, 1.03)	1.01 (1.00, 1.02)	0.99 (0.97, 1.01)	0.99 (0.97, 1.02)
Model 3 [§]	1.02 (1.01, 1.03)	1.01 (1.00, 1.02)	0.99 (0.97, 1.01)	0.99 (0.97, 1.02)

[†]Model 1: FEV₁/ FVC (continuous), AHI (categorical), FEV₁/FVC x AHI interaction.[‡]Model 2: FEV₁/ FVC (continuous), AHI (categorical), FEV₁/FVC x AHI interaction, age, gender, race, BMI, smoking status.[§]Model 3: FEV₁/ FVC (continuous), AHI (categorical), FEV₁/FVC x AHI interaction, age, gender, race, BMI, smoking status, hypertension, and cardiovascular disease.p-values for interaction between AHI categories and FEV₁/FVC as a trend in Models 1, 2 and 3: <0.001, 0.001, 0.004.

Figure E1: Scatterplot of FEV₁ (L) versus FVC (L).

