

Web table Hazard ratios (95% confidence intervals) of all-cause mortality by alcohol intake in the 1993-1998 and 1999-2003 examinations

Alcohol intake (drinks per week)*				
1993-1998 examination	1999-2003 examination			
	<7	7 - 13	14-20	21+
Number of cases/person years				
<7	1132/123 551	120/17 082	43/4762	16/1958
7 – 13	136/ 15 641	143/ 21156	52/8055	35/3941
14-20	33/2898	43/4888	75/10 177	40/4156
21+	22/1507	30/2812	46/5073	114/ 9063
Stratified analysis ^a				
<7	1.00	0.94 (0.78 to 1.14)	0.98 (0.72 to 1.32)	0.86 (0.53 to 1.42)
7 – 13	1.14 (0.90 to 1.44)	1.00	0.88 (0.64 to 1.21)	1.12 (0.77 to 1.62)
14-20	1.30 (0.86 to 1.95)	1.25 (0.86 to 1.82)	1.00	1.25 (0.85 to 1.83)
21+	1.11 (0.71 to 1.76)	0.89 (0.59 to 1.33)	0.75 (0.53 to 1.06)	1.00
Joint category analysis ^b				
<7	1.00	0.94 (0.78 to 1.14)	0.98 (0.72 to 1.32)	0.86 (0.53 to 1.42)
7 – 13	1.02 (0.85 to 1.22)	0.89 (0.75 to 1.07)	0.79 (0.59 to 1.04)	1.00 (0.71 to 1.40)
14-20	1.15 (0.81 to 1.62)	1.10 (0.81 to 1.50)	0.88 (0.70 to 1.12)	1.10 (0.80 to 1.51)
21+	1.44 (0.94 to 2.19)	1.14 (0.80 to 1.65)	0.97 (0.72 to 1.30)	1.29 (1.06 to 1.57)

*1 drink corresponds to 12 grams of pure alcohol.

^aStratified by alcohol intake in the 1993-1998 examination, with stable alcohol intake as reference.

^bJoint category analysis with stable alcohol intake of <7 drinks per week in the 1993-1998 and 1999-2003 examinations as reference.

Estimates are adjusted for age, education, body mass index, Mediterranean Diet Score, smoking, physical activity, hypertension, elevated cholesterol, diabetes, and self-reported health.