S2 Table. Secondary analysis: Mean change of the SPS-D score from baseline at 6 months for ITT/LOCF (intervention effect on primary outcome).

SPS-D score	ITT/LOCF (n = 1,509)				
	Difference	*SE*	95% CI		P-value
Model 1	−0.53	0.18	−0.90	−0.16	0.008
Model 2	−0.50	0.15	−0.82	−0.18	0.004
Model 3	−0.49	0.17	−0.84	−0.14	0.009

SPS, subjective psychosomatic symptoms; ITT/LOCF, Analysis by intention-to-treat principles performing imputation of missing data using the last observation carried forward method; SE, standard error; Model 1, crude mixed model; Model 2, mixed model adjusted for baseline; Model 3, mixed model adjusted for baseline, sex, age, and BMI.