

Supplementary Figure 1 | Growth phenotype distributions. (a) Variation in degree of stress in the different environments for maximum growth rate (left panel) and mean growth (right panel). In the upper panels actual population doubling time (hours), and mean growth (cells), are shown for all phenotyped strains to allow a direct biological interpretation of values. The transformation, from normalized trait values to actual doubling times and mean growth, was achieved by multiplying normalized values with the median control trait value and reversion of the log-transformation for each environment. In the lower panels, The same distributions have been divided to show the difference in distribution between strains without chr. IX aneuploidies (color coded by environment) and strains with chr. IX aneuploidies (red superimposed violins). (b) Frequency distribution of normalized phenotypes for POLs (blue) and estimated diploid F12 parents (gray).

Supplementary Figure 2 | Extent of genome-wide homozygosity has no impact on yeast growth. Each point represents one POL in one environment (colors), with maximum growth rate (left panel) and mean growth (right panel) in different panels. x-axis shows mean heterozygosity, across all the segregating sites in the genome. y-axis shows the normalized growth phenotype.

Supplementary Figure 3

Supplementary Figure 4 | Major QTL positions. QTL positions (purple line) and associated 1.8-LOD support interval (dashed area) for (a) the chromosome IX QTL in allantoin and (b) the chromosome IV QTL in galactose. Both QTLs point to variants known to explain a large portion of the variation in the respective environments.

Figure initially constructed with AnnotationSketch (S. Steinbiss et al. AnnotationSketch, a library for drawing genome annotations. Bioinformatics 25(4), 533-534 (2009)) and then modified.

Supplementary Figure 6 | Phenotype distributions as a function of genotype for key QTLs. (a) Left panel: distribution of mean growth in allantoin, as a function of genotype composition at the QTL at chr. IX. Right panel: mean growth in galactose, as a function of genotype composition at the QTL on chr. IV. (b) Tukey boxplots for growth traits as a function of genotype composition at the near universal chr. IX QTL, penetrating in all but one evironment with antagonistic effects on maximum growth rate and mean growth. Note: on average, homozygote WA is the strongest genotype for maximum growth rate. However, as shown in Supplementary Figure 7, heterozygotes are heavily enriched among the best performing POLs.

Supplementary Figure 7 | Dominance, overdominance, and underdominance in heterotic POLs. (a) Frequency of POLs not significantly different from their corresponding estimated diploid parents (y-axis) as a function of different FDR q-values (x-axis) where the red label (0.01) indicates the FDR q-value used for downstream analysis. (b) For each growth phenotype (black label = growth rate, red label = mean growth) the genotype frequencies for best parent heterotic POLs (BPH), all POLs and worst parent heterotic POLs (WPH) at the pleiotropic chr. IX QTL. Best parent heterotic POLs for growth rate at this segregating site are significantly overrepresented for the heterozygous genotype compared to all POLs in most environments (p<0.01, exception of NaCl, glycine and caffeine). Conversely, best parent heterotic POLs in mean growth are in most environments overrepresented for homozygous NA (χ^2 test, p<0.01, exception of caffeine) and underrepresented for the heterozygote (exception of NaCl and caffeine). (c) The percentage of WHP explained by enrichment of worst homozygote, dominance and underdominance as a function of FDR. Note: we show the outcomes of a range of FDR cut-off values to illustrate the robustness of conclusions; the cut-offs used for downstream analysis was set beforehand and not influenced by the results.

Supplementary Figure 8 | QQ-plots showing correction for population structure. This QQ-plot shows the expected vs. observed p-values for two of the QTL calls using linear mixed models. The locus with the strongest effect (red triangles) explain the outliers for the expected uniform distribution under the null.

Supplementary Table 1

Supplementary Note 1

1 Variance Decomposition Model

The precision with which one can estimate variance components from interactions increases in populations descending from a small number of founders³⁸. We exploit the information about non-additive variation that is contained in a large cross between two different yeast strains to decompose the phenotypic variance of growth traits into components that come from additive effects, dominance effects, and pairwise and third order interaction effects.

We first introduce the random effects model, which gives the phenotypic covariance matrix as a linear combination of covariance matrices which reflect the covariance due to additive, dominance, pairwise, and third order interaction effects. The coefficients of this linear combination reflect the decomposition of the phenotypic variance into components originating from different types of genetic effect.

Let *Y* be a normalised phenotype, and let *X* be an observed and normalised $[N \times n_q]$ genotype matrix. Under a standard additive random effects model (see Yang *et al.*, $(2010)^{39}$,

$$
Y = X\beta + \epsilon; \ \beta \sim \mathcal{N}(0, h^2/n_g); \ \epsilon \sim \mathcal{N}(0, \sigma^2). \tag{1}
$$

Assuming that X is observed, and that β and ϵ are independent, this implies that

$$
Cov(Y) = h^2 \frac{1}{n_g} X X^T + \sigma^2 I.
$$
\n⁽²⁾

Let

$$
R = \frac{1}{n_g} X X^T = \frac{1}{n_g} K, \text{ with } R_{i,j} = \frac{1}{n_g} \sum_{k=1} x_{ik} x_{jk}, \tag{3}
$$

where x_{ik} is the normalized genotype of individual *i* at locus *k*. *R* is commonly termed the relatedness matrix, and gives the covariance between individuals due to additive effects of measured genotypes when scaled by h^2 . $K = XX^T$ is the relatedness matrix un-normalised by the number of loci.

If one assumes that environmental similarity is uncorrelated with genetic similarity, and that all genotypes have been observed, then estimates of $h²$ correspond to estimates of the narrow sense heritability of the phenotype *Y* .

Consider now a more general phenotype model which includes pairwise interactions and dominance effects.

$$
Y_i = \beta_1 x_{i1} + \beta_2 x_{i2} + \delta_1 x_{i1}^m x_{i1}^p + \delta_2 x_{i2}^m x_{i2}^p + \beta_{12} x_{i1} x_{i2};
$$
\n(4)

where x_{i1}^m is the normalized maternally inherited allele of individual *i* at locus 1, and x_{i2}^p is the normalized paternally inherited allele of individual i at locus 2; δ_1 is the dominance effect of locus 1, and β_{12} is the interaction effect of loci 1 and 2; and

$$
[\beta_1, \beta_2, \delta_1, \delta_2, \beta_{1,2}]^T \sim N(0, \text{diag}(h^2/2, h^2/2, d^2/2, d^2/2, h_2^2)), \tag{5}
$$

where d^2 is the proportion of variance due to dominance effects, and h_2^2 is the proportion of variance due to pairwise interactions. This assumes that the additive, dominance and interaction effects of the loci are uncorrelated. Therefore,

$$
Cov(Y_i, Y_j) = h^2 \frac{1}{2} (x_{i1}x_{j1} + x_{i2}x_{j2}) + d^2 \frac{1}{2} (x_{i1}^m x_{i1}^p x_{j1}^m x_{j1}^p + x_{i2}^m x_{i2}^p x_{j2}^m x_{j2}^p) +
$$
(6)

$$
h_2^2 x_{i1} x_{i2} x_{j1} x_{j2} + \text{Cov}(\epsilon_i, \epsilon_j). \tag{7}
$$

We can recognise here element i, j of the additive relatedness matrix:

$$
R_{i,j} = \frac{1}{2}(x_{i1}x_{j1} + x_{i2}x_{j2}).
$$
\n(8)

Similarly,

$$
\Delta_{i,j} = \frac{1}{2} (x_{i1}^m x_{i1}^p x_{j1}^m x_{j1}^p + x_{i2}^m x_{i2}^p x_{j2}^m x_{j2}^p)
$$
\n(9)

is the element i, j of the dominance relatedness matrix, which in general for n_g loci is

$$
\Delta_{i,j} = \frac{1}{n_g} \sum_{k=1}^{n_g} x_{ik}^m x_{ik}^p x_{jk}^m x_{jk}^p,\tag{10}
$$

and can be calculated from diploid genomes without knowledge of parent of origin. Finally,

$$
R_{i,j}^2 = x_{i1} x_{i2} x_{j1} x_{j2} \tag{11}
$$

is element *i, j* of the matrix R^2 that, when scaled by h_2^2 , gives the covariance due to pairwise interactions. In general, for *n^g* loci,

$$
R_{i,j}^2 = \frac{2}{n_g(n_g - 1)} \sum_{k=1}^{n_g} \sum_{l=k+1}^{n_g} (x_{ik} x_{il})(x_{jk} x_{jl}) = \frac{2}{n_g(n_g - 1)} K_{i,j}^2,
$$
 (12)

where K^2 is R^2 un-normalized by the number of pairs of loci. This can be efficiently calculated given *R* by the formula

$$
R^{2} = \frac{1}{n_{g}(n_{g}-1)} [K \circ K - (X \circ X)(X \circ X)^{T}],
$$
\n(13)

where \circ represents the Hadamard product. The formula can be verified by calculation of element *i, j*.

This can be further generalised to third order interactions. The covariance due to third order interactions depends on the correlation between individuals across all triples of loci:

$$
R_{i,j}^3 = \frac{6}{n_g(n_g-1)(n_g-2)} \sum_{k=1}^{n_g} \sum_{l=k+1}^{n_g} \sum_{m=l+1}^{n_g} (x_{ik}x_{il}x_{im})(x_{jk}x_{jl}x_{jm}).
$$
 (14)

This can be efficiently computed given R and R^2 by the formula:

$$
R^{3} = \frac{2}{n_{g}(n_{g}-1)(n_{g}-2)} [K^{2} \circ K - K \circ (X \circ X)(X \circ X)^{T} + (X \circ X \circ X)(X \circ X \circ X)^{T}], \tag{15}
$$

which can be verified by computing element *i, j*.

We therefore obtain an expression for the covariance matrix under a model allowing additive, dominance, pairwise interaction, and third order interaction random effects:

$$
Cov(Y) = h^2 R + d^2 \Delta + h_2^2 R^2 + h_3^2 R^3 + \sigma^2 I,
$$
\n(16)

where h_3^2 is the proportion of variance due to third order interactions. Given all the genotypes have been observed, R , Δ , R^2 , R^3 can be computed in $O(nl^2)$ operations, and h^2 , h_2^2 , h_3^2 , d^2 , σ^2 can be fitted by restricted maximum likelihood in $O(n^3)$ operations.

2 Analysis of Yeast Cross

In the yeast cross, the environment is randomised, so genetic similarity should not be correlated with environmental similarity. Nearly all genetic variants genome wide have been observed by sequencing, so relatedness matrices calculated from genome wide genetic variation will capture nearly all of the genetic variance. The combination of these two properties makes the use of a linear mixed model with relatedness matrices calculated from observed genome wide genetic variants a legitimate way to estimate the variance decomposition of a phenotype.

2.1 Calculation of Covariance Matrices in Yeast Data

We compute the matrices R, Δ, R^2, R^3 for the yeast cross from genome wide genotypes determined by sequencing. We excluded genetic variants with greater than 1% missingness to prevent being overly influenced by noise.

Rare genetic variants can bias calculations of the relatedness matrix due to the normalisation procedure. We therefore excluded genetic variants with a frequency below 1%. This is unlikely to reduce heritability estimates by much as the variance explained by a variant is proportional to its variance.

For calculation of the dominance relatedness matrix, we first compute the normalized product of the maternal and paternal genotypes for each individual using the formula

$$
x_{i1}^p x_{i1}^m = \frac{(g_{i1}^p - f_1)(g_{i1}^m - f_1)}{f_1(1 - f_1)},
$$
\n(17)

where g_{i1}^p is the binary indicator variable for the minor allele on paternally inherited position 1 in individual *i*, and f_1 is the minor allele frequency at position 1. If f_1 is known and the population has been randomly mating, the expectation of this is 0 and its variance is 1.

We estimated allele frequencies from the data and calculated $x_{i1}^p x_{i1}^m$ for all individuals and at all loci with minor allele frequency greater than 1% and missingness less than 1%. However, we further filtered loci which had sample expectations

$$
\frac{1}{n} \sum_{i=1}^{n} \frac{(g_{i1}^p - \hat{f}_1)(g_{i1}^m - \hat{f}_1)}{\hat{f}_1(1 - \hat{f}_1)}
$$
(18)

which deviated by more than 0.05 from zero, the expectation under random mating and knowledge of allele frequencies. This mainly filtered out rare loci, owing to the sensitivity of the normalisation procedure to underestimation of low minor allele frequencies. It also may have filtered out loci with gross deviations from random mating, which could include loci with strong recessive effects which have been selected against. This may therefore cause an underestimation of dominance variance.

2.2 Simulations

We chose 100 loci evenly spaced across the genome with minor allele frequency greater than 5% and with no missing data. Each of these was given an additive effect. We then randomly chose ten of these to have dominance effects, and 50 pairs at random to have pairwise interaction effects. All effects were drawn from normal distributions.

We simulated 100 phenotypes with $h^2 = 0.5$, $d^2 = 0.1$ and $h_2^2 = 0.1$. We fitted the model

$$
Cov(Y) = h^2 R + d^2 \Delta + h_2^2 R^2 + \sigma^2 I \tag{19}
$$

in *GCTA*⁴⁰ using the Average Information algorithm. The results are in Table 1.

The columns are, from left to right, the sample mean (standard deviation) of the estimates, as well as the mean of the standard error estimates, from 100 simulated phenotypes. True values are $h^2 = 0.5$, $d^2 = 0.1$, $h_2^2 = 0.1$.

There is a slight underestimation of dominance variance likely to be due to removing loci which were not normalized properly.

2.2.1 With third order interactions

We then performed a simulation with the same number of loci with additive effects, dominance effects, and pairwise interactions, with an additional 50 triples of loci randomly chosen from the 100 causal loci to have third order interaction effects.

We simulated 200 phenotypes with $h^2 = 0.5$, $d^2 = 0.1$, $h_2^2 = 0.1$, and $h_3^2 = 0.1$. We fitted the model

$$
Cov(Y) = h^2 R + d^2 \Delta + h_2^2 R^2 + h_3^2 R^3 + \sigma^2 I \tag{20}
$$

in *GCTA* using the Average Information algorithm. The results are in Table 2.

The columns are, from left to right, the sample mean (standard deviation) of the estimates, as well as the mean of the standard error estimates, from 100 simulated phenotypes. True values are $h^2 = 0.5$, $d^2 = 0.1$, $h_2^2 = 0.1$, $h_3^2 = 0.1$.

The inference for h_3^2 was accurate. However, the inference for the other variance components loses its accuracy when also fitting a third order component. It is not clear why this is, but it may be due to non-convexity of the likelihood function when fitting many highly correlated variance components. There is evidence for this in the bi-modality of the distribution of estimates for d^2 and h_2^2 .

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