Supporting Information:

Heavy-Hole States in Germanium Hut Wires

Hannes Watzinger, *,^{†,‡} Christoph Kloeffel, *,[¶] Lada Vukušić, ^{†,‡} Marta

D. Rossell,^{§,||} Violetta Sessi,[⊥] Josip Kukučka,^{†,‡} Raimund Kirchschlager,^{†,‡}

Elisabeth Lausecker,^{†,‡} Alisha Truhlar,^{†,‡} Martin Glaser,[‡] Armando Rastelli,[‡]

Andreas Fuhrer, $^{\parallel}$ Daniel Loss, ¶ and Georgios Katsaros †,‡

 †Institute of Science and Technology Austria, Am Campus 1, 3400 Klosterneuburg, Austria
 ‡Johannes Kepler University, Institute of Semiconductor and Solid State Physics, Altenbergerstr. 69, 4040 Linz, Austria

¶University of Basel, Department of Physics, Klingelbergstr. 82, 4056 Basel, Switzerland §Electron Microscopy Center, Empa, Swiss Federal Laboratories for Materials Science and Technology, Überlandstrasse 129, 8600 Dübendorf, Switzerland ||IBM Research Zürich, CH-8803 Rüschlikon, Switzerland

⊥ Technical University Dresden, Chair for Nanoelectronic Materials, 01062 Dresden,

Germany

E-mail: hannes.watzinger@ist.ac.at; c.kloeffel@unibas.ch

Finite element simulations of the strain in a HW

The two images in Figure 1 represent COMSOL simulations of the out-of-plane (left) and the in-plane (right) strain distribution of a capped HW. For our theoretical model we have extracted an out-of-plane value of 2 and an in-plane value of -3.3 percent.



Figure 1: COMSOL simulations of the out-of-plane (a) and the in-plane strain distribution (b) in a capped HW. The color scale represents the percentage of strain with positive (negative) values meaning tensile (compressive) strain.

Matrix representation of spin operators

We use the following matrix representation¹ for the operators J_{ν} . The basis states are $|3/2\rangle$, $|1/2\rangle$, $|-1/2\rangle$, and $|-3/2\rangle$.

$$J_{x} = \begin{pmatrix} 0 & \frac{\sqrt{3}}{2} & 0 & 0\\ \frac{\sqrt{3}}{2} & 0 & 1 & 0\\ 0 & 1 & 0 & \frac{\sqrt{3}}{2}\\ 0 & 0 & \frac{\sqrt{3}}{2} & 0 \end{pmatrix}, \quad J_{y} = \begin{pmatrix} 0 & -i\frac{\sqrt{3}}{2} & 0 & 0\\ i\frac{\sqrt{3}}{2} & 0 & -i & 0\\ 0 & i & 0 & -i\frac{\sqrt{3}}{2}\\ 0 & 0 & i\frac{\sqrt{3}}{2} & 0 \end{pmatrix}, \quad J_{z} = \begin{pmatrix} \frac{3}{2} & 0 & 0 & 0\\ 0 & \frac{1}{2} & 0 & 0\\ 0 & 0 & -\frac{1}{2} & 0\\ 0 & 0 & 0 & -\frac{3}{2} \end{pmatrix}.$$

$$(1)$$

In the derivation of the pure-HH Hamiltonian [Eq. (34)], we consider the Pauli matrices

$$\sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \qquad \sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \qquad \sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}, \tag{2}$$

where $|3/2\rangle$ and $|-3/2\rangle$ are the basis states.

Calculation with electric fields

It is well possible that an electric field E_z along the out-of-plane axis was present in the experiment. When the direct coupling $-eE_zz$ and the standard Rashba spin-orbit coupling $\alpha E_z(k_x J_y - k_y J_x)$, with $\alpha = -0.4 \text{ nm}^2 e$,^{1,2} are added to the Hamiltonian H [Eq. (1) of

the main text], our finding that the low-energy states correspond to HH states remains unaffected, even for strong E_z around 100 V/ μ m. Due to symmetries in our setup, we believe that electric fields E_y along y were very small. Nevertheless, we find numerically that the HH character of the eigenstates is preserved even when the direct and the standard Rashba coupling that are caused by nonzero E_y are included in the model. We note that additional corrections besides the standard Rashba spin-orbit interaction arise for hole states in the presence of an electric field,¹ but these terms are all small and will not change our result that the low-energy states are of HH type.

Couplings C_{\pm}

Here we explain the calculation of the matrix elements C_{\pm} that are presented in Eq. (4) of the main text. When the magnetic field is applied along the z axis, the Hamiltonian is

$$H = \frac{\hbar^2}{2m} \left[\left(\gamma_1 + \frac{5\gamma_2}{2} \right) k^2 - 2\gamma_2 \sum_{\nu} k_{\nu}^2 J_{\nu}^2 - 4\gamma_3 \left(\{k_x, k_y\} \{J_x, J_y\} + \text{c.p.} \right) \right] + 2\mu_B B_z \left(\kappa J_z + q J_z^3 \right) + b \sum_{\nu} \epsilon_{\nu\nu} J_{\nu}^2 + V(y, z)$$
(3)

and the vector potential is $\mathbf{A} = (-B_z y, 0, 0)$. Consequently,

$$\{k_y, k_z\} = -\partial_y \partial_z, \tag{4}$$

$$\{k_x, k_z\} = -\partial_x \partial_z + i \frac{e}{\hbar} B_z y \partial_z, \qquad (5)$$

$$\{k_x, k_y\} = -\partial_x \partial_y + i \frac{e}{\hbar} B_z y \partial_y + i \frac{e}{2\hbar} B_z, \qquad (6)$$

$$k_x^2 = -\partial_x^2 + 2i\frac{e}{\hbar}B_z y\partial_x + \frac{e^2}{\hbar^2}B_z^2 y^2, \qquad (7)$$

and $k_y^2 = -\partial_y^2$, $k_z^2 = -\partial_z^2$. Using the matrices for the spin operators J_{ν} listed in Eq. (1), one finds

$$\langle \pm 3/2 | \{J_y, J_z\} | \pm 1/2 \rangle = -i \frac{\sqrt{3}}{2},$$
 (8)

$$\langle \pm 3/2 | \{J_x, J_z\} | \pm 1/2 \rangle = \pm \frac{\sqrt{3}}{2},$$
 (9)

whereas

$$\left\langle \pm 3/2 \right| Q \left| \pm 1/2 \right\rangle = 0 \tag{10}$$

when the operator Q is $\{J_x, J_y\}, J_x^2, J_y^2, J_z^2, J_z$, or J_z^3 . Therefore,

$$C_{\pm} = \langle \pm 3/2, 1, 1, 0 | H | \pm 1/2, 2, 2, 0 \rangle$$

= $i\sqrt{3}\frac{\gamma_3\hbar^2}{m} \langle \varphi_{1,1,0} | \{k_y, k_z\} | \varphi_{2,2,0} \rangle \mp \sqrt{3}\frac{\gamma_3\hbar^2}{m} \langle \varphi_{1,1,0} | \{k_x, k_z\} | \varphi_{2,2,0} \rangle, \qquad (11)$

where the wave functions [see Eq. (3) of the main text] of the basis states are

$$\varphi_{1,1,0} = \frac{2}{\sqrt{L_z L_y}} \sin\left[\pi\left(\frac{z}{L_z} + \frac{1}{2}\right)\right] \sin\left[\pi\left(\frac{y}{L_y} + \frac{1}{2}\right)\right],\tag{12}$$

$$\varphi_{2,2,0} = \frac{2}{\sqrt{L_z L_y}} \sin\left[2\pi \left(\frac{z}{L_z} + \frac{1}{2}\right)\right] \sin\left[2\pi \left(\frac{y}{L_y} + \frac{1}{2}\right)\right]$$
(13)

inside the HW $(|z| < L_z/2, |y| < L_y/2)$ and $\varphi_{1,1,0} = 0 = \varphi_{2,2,0}$ outside. We note that $\langle \varphi_{1,1,\tilde{k}_x} | \partial_x \partial_z | \varphi_{2,2,\tilde{k}_x} \rangle$ vanishes for arbitrary \tilde{k}_x after integration over the y axis due to the orthogonality of the basis functions for the y direction. Thus, using Eqs. (4) and (5) in Eq. (11) yields

$$C_{\pm} = -i\sqrt{3}\frac{\gamma_{3}\hbar^{2}}{m} \langle \varphi_{1,1,0} | \partial_{y}\partial_{z} | \varphi_{2,2,0} \rangle \mp i\sqrt{3}\frac{\gamma_{3}e\hbar}{m} B_{z} \langle \varphi_{1,1,0} | y\partial_{z} | \varphi_{2,2,0} \rangle.$$
(14)

With the integrals (analogous for z)

$$\int_{-L_y/2}^{L_y/2} dy \sin\left[\pi\left(\frac{y}{L_y} + \frac{1}{2}\right)\right] \frac{2\pi}{L_y} \cos\left[2\pi\left(\frac{y}{L_y} + \frac{1}{2}\right)\right] = -\frac{4}{3},$$
(15)

$$\int_{-L_y/2}^{L_y/2} dy \sin\left[\pi \left(\frac{y}{L_y} + \frac{1}{2}\right)\right] y \sin\left[2\pi \left(\frac{y}{L_y} + \frac{1}{2}\right)\right] = -\frac{8L_y^2}{9\pi^2},$$
 (16)

we finally find

$$\langle \varphi_{1,1,0} | \partial_y \partial_z | \varphi_{2,2,0} \rangle = \frac{64}{9L_y L_z}, \tag{17}$$

$$\langle \varphi_{1,1,0} | y \partial_z | \varphi_{2,2,0} \rangle = \frac{128L_y}{27\pi^2 L_z}, \tag{18}$$

and so

$$C_{\pm} = -i \frac{64\gamma_3 \hbar^2}{3\sqrt{3}L_y L_z m} \mp i \frac{128L_y \gamma_3 e \hbar B_z}{9\sqrt{3}\pi^2 L_z m}.$$
 (19)

This is the result shown in Eq. (20), considering that the Bohr magneton is $\mu_B = e\hbar/(2m)$. As explained in the above derivation, the first term on the right-hand side results from the part proportional to $\partial_y \partial_z \{J_y, J_z\}$ in the Hamiltonian H, while the second term results from the part proportional to $B_z y \partial_z \{J_x, J_z\}$.

Correction g_C to the out-of-plane g-factor

In the previous section we derived the couplings

$$C_{\pm} = \langle \pm 3/2, 1, 1, 0 | H | \pm 1/2, 2, 2, 0 \rangle = -i \frac{64\gamma_3 \hbar^2}{3\sqrt{3}L_y L_z m} \mp i \frac{256\gamma_3 L_y \mu_B B_z}{9\sqrt{3}\pi^2 L_z}$$
(20)

assuming that the magnetic field is applied in the out-of-plane direction z. In order to calculate the associated correction g_C to the g-factor g_{\perp} , we consider a four-level system with the basis states $|3/2, 1, 1, 0\rangle$, $|-3/2, 1, 1, 0\rangle$, $|1/2, 2, 2, 0\rangle$, and $|-1/2, 2, 2, 0\rangle$ (see also Figure 4 (b) of the main article). Projection of the Hamiltonian H [Eq. (3)] onto this basis

yields the effective Hamiltonian

$$H_{\text{eff}} = \begin{pmatrix} E_{g,+} & 0 & C_{+} & 0 \\ 0 & E_{g,-} & 0 & C_{-} \\ C_{+}^{*} & 0 & E_{e,+} & 0 \\ 0 & C_{-}^{*} & 0 & E_{e,-} \end{pmatrix},$$
(21)

where the asterisk stands for complex conjugation and

$$E_{g,\pm} = \frac{\hbar^2 \pi^2}{2L_z^2 m_{\rm HH}} + \frac{\hbar^2 \pi^2 (\gamma_1 + \gamma_2)}{2L_y^2 m} + \frac{9}{4} b(\epsilon_{zz} - \epsilon_{\parallel}) + \frac{(\pi^2 - 6)(\gamma_1 + \gamma_2)e^2 L_y^2 B_z^2}{24\pi^2 m} \pm \left(3\kappa + \frac{27}{4}q\right) \mu_B B_z, \qquad (22)$$
$$E_{e,\pm} = \frac{2\hbar^2 \pi^2}{L_z^2 m_{\rm LH}} + \frac{2\hbar^2 \pi^2 (\gamma_1 - \gamma_2)}{L_y^2 m} + \frac{1}{4} b(\epsilon_{zz} - \epsilon_{\parallel})$$

$$+\frac{(2\pi^2-3)(\gamma_1-\gamma_2)e^2L_y^2B_z^2}{48\pi^2m}\pm\left(\kappa+\frac{1}{4}q\right)\mu_BB_z$$
(23)

are the energies on the diagonal. We assumed here that $\epsilon_{xx} = \epsilon_{yy} = \epsilon_{\parallel}$ and omitted the state-independent offset $15b\epsilon_{\parallel}/4$. The introduced effective masses are

$$m_{\rm HH} = \frac{m}{\gamma_1 - 2\gamma_2},\tag{24}$$

$$m_{\rm LH} = \frac{m}{\gamma_1 + 2\gamma_2}.$$
 (25)

From second-order perturbation theory,¹ we find that the low-energy 2×2 Hamiltonian obtained after diagonalization of Eq. (21) is

$$H_{\rm eff}^{2\times2} \simeq \begin{pmatrix} E_{g,+} - \frac{|C_{+}|^{2}}{\Delta_{+}} & 0\\ 0 & E_{g,-} - \frac{|C_{-}|^{2}}{\Delta_{-}} \end{pmatrix},$$
(26)

where we defined

$$\Delta_{\pm} = E_{e,\pm} - E_{g,\pm}.\tag{27}$$

With $\tilde{\sigma}_z$ as a Pauli operator that is based on the low-energy eigenstates, Eq. (26) can be written as

$$H_{\text{eff}}^{2\times2} \simeq \frac{1}{2} \left(E_{g,+} + E_{g,-} - \frac{|C_{+}|^{2}}{\Delta_{+}} - \frac{|C_{-}|^{2}}{\Delta_{-}} \right) + \frac{1}{2} \left(E_{g,+} - E_{g,-} - \frac{|C_{+}|^{2}}{\Delta_{+}} + \frac{|C_{-}|^{2}}{\Delta_{-}} \right) \widetilde{\sigma}_{z}.$$
 (28)

The effective Zeeman splitting and the out-of-plane g-factor g_{\perp} are therefore determined by

$$g_{\perp}\mu_B B_z \simeq E_{g,+} - E_{g,-} - \frac{|C_+|^2}{\Delta_+} + \frac{|C_-|^2}{\Delta_-}.$$
 (29)

From Eq. (22), it is evident that

$$E_{g,+} - E_{g,-} = \left(6\kappa + \frac{27}{2}q\right)\mu_B B_z.$$
 (30)

Given our parameters for Ge HWs, we find that the splittings Δ_{\pm} are predominantly determined by the confinement rather than the strain and that they can be well approximated by

$$\Delta_{\pm} \simeq \frac{2\hbar^2 \pi^2}{L_z^2 m_{\rm LH}} - \frac{\hbar^2 \pi^2}{2L_z^2 m_{\rm HH}} = \frac{\hbar^2 \pi^2 (3\gamma_1 + 10\gamma_2)}{2L_z^2 m} = \Delta$$
(31)

using $L_z \ll L_y$. With the calculated expressions for the couplings C_{\pm} [Eq. (20)], we finally obtain

$$g_{\perp} \simeq 6\kappa + \frac{27}{2}q + g_C, \tag{32}$$

where

$$g_C = \frac{|C_-|^2 - |C_+|^2}{\mu_B B_z \Delta} = -\frac{2^{17} \gamma_3^2}{81\pi^4 (3\gamma_1 + 10\gamma_2)}$$
(33)

is the correction that results from the B_z -induced difference in the tiny LH admixtures $(|\pm 1/2, 2, 2, 0\rangle)$ to the eigenstates of type $|3/2, 1, 1, 0\rangle$ and $|-3/2, 1, 1, 0\rangle$. We note that $|C_{\pm}|/\Delta < 0.05$ for our parameters, and so the perturbation theory used in the derivation of $H_{\text{eff}}^{2\times 2}$ applies. Remarkably, our result for g_C depends solely on the Luttinger parameters $\gamma_{1,2,3}$.

Hamiltonian for pure heavy holes

If the contributions from LH states $(j_z = \pm 1/2)$ are ignored completely, the Hamiltonian of Eq. (1) in the main text can be simplified by projection onto the HH subspace, i.e., by removing all terms that cannot couple a spin $j_z = 3/2$ (or $j_z = -3/2$, respectively) with either $j_z = 3/2$ or $j_z = -3/2$. As evident, e.g., from the standard representations of the 4×4 matrices J_{ν} and the 2×2 Pauli matrices σ_{ν} [see Eqs. (1) and (2)], this projection can be achieved by substituting $\{J_x, J_y\} \rightarrow 0$ (analogous for cyclic permutations), $J_x^3 \rightarrow 3\sigma_x/4$, $J_y^3 \rightarrow -3\sigma_y/4$, $J_z^3 \rightarrow 27\sigma_z/8$, $J_{x,y}^2 \rightarrow 3/4$, $J_z^2 \rightarrow 9/4$, $J_{x,y} \rightarrow 0$, $J_z \rightarrow 3\sigma_z/2$, which leads to the pure-HH Hamiltonian

$$H_{\rm HH} = \frac{\hbar^2}{2m} \left[(\gamma_1 - 2\gamma_2) k_z^2 + (\gamma_1 + \gamma_2) (k_x^2 + k_y^2) \right] \\ + \left(3\kappa + \frac{27}{4} q \right) \mu_B B_z \sigma_z + \frac{3}{2} q \mu_B (B_x \sigma_x - B_y \sigma_y) + V(y, z)$$
(34)

for the low-energy hole states in the HW. Thus, if LH states are ignored, one expects small inplane g-factors $g_{\parallel} \simeq 3q \simeq 0.2$ and very large out-of-plane g-factors $g_{\perp} \simeq 6\kappa + 27q/2 \simeq 21.4$,³ where we used again the band structure parameters $\kappa = 3.41$ and q = 0.07 of bulk Ge.^{1,4}

References

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