# Supporting Information:

# Heavy-Hole States in Germanium Hut Wires

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#### Finite element simulations of the strain in a HW

The two images in Figure [1](#page-1-0) represent COMSOL simulations of the out-of-plane (left) and the in-plane (right) strain distribution of a capped HW. For our theoretical model we have extracted an out-of-plane value of 2 and an in-plane value of -3.3 percent.

<span id="page-1-0"></span>

Figure 1: COMSOL simulations of the out-of-plane (a) and the in-plane strain distribution (b) in a capped HW. The color scale represents the percentage of strain with positive (negative) values meaning tensile (compressive) strain.

### Matrix representation of spin operators

<span id="page-1-1"></span>We use the following matrix representation<sup>[1](#page-8-0)</sup> for the operators  $J_{\nu}$ . The basis states are  $|3/2\rangle$ ,  $|1/2\rangle$ ,  $|-1/2\rangle$ , and  $|-3/2\rangle$ .

$$
J_x = \begin{pmatrix} 0 & \frac{\sqrt{3}}{2} & 0 & 0 \\ \frac{\sqrt{3}}{2} & 0 & 1 & 0 \\ 0 & 1 & 0 & \frac{\sqrt{3}}{2} \\ 0 & 0 & \frac{\sqrt{3}}{2} & 0 \end{pmatrix}, \quad J_y = \begin{pmatrix} 0 & -i\frac{\sqrt{3}}{2} & 0 & 0 \\ i\frac{\sqrt{3}}{2} & 0 & -i & 0 \\ 0 & i & 0 & -i\frac{\sqrt{3}}{2} \\ 0 & 0 & i\frac{\sqrt{3}}{2} & 0 \end{pmatrix}, \quad J_z = \begin{pmatrix} \frac{3}{2} & 0 & 0 & 0 \\ 0 & \frac{1}{2} & 0 & 0 \\ 0 & 0 & -\frac{1}{2} & 0 \\ 0 & 0 & 0 & -\frac{3}{2} \end{pmatrix}.
$$
\n(1)

In the derivation of the pure-HH Hamiltonian [Eq. [\(34\)](#page-7-0)], we consider the Pauli matrices

<span id="page-1-2"></span>
$$
\sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \qquad \sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \qquad \sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}, \tag{2}
$$

where  $|3/2\rangle$  and  $|-3/2\rangle$  are the basis states.

### Calculation with electric fields

It is well possible that an electric field  $E_z$  along the out-of-plane axis was present in the experiment. When the direct coupling  $-eE_zz$  and the standard Rashba spin-orbit coupling  $\alpha E_z(k_x J_y - k_y J_x)$ , with  $\alpha = -0.4$  nm<sup>2</sup>e,<sup>[1,](#page-8-0)[2](#page-8-1)</sup> are added to the Hamiltonian H [Eq. (1) of

the main text], our finding that the low-energy states correspond to HH states remains unaffected, even for strong  $E_z$  around 100 V/ $\mu$ m. Due to symmetries in our setup, we believe that electric fields  $E_y$  along y were very small. Nevertheless, we find numerically that the HH character of the eigenstates is preserved even when the direct and the standard Rashba coupling that are caused by nonzero  $E_y$  are included in the model. We note that additional corrections besides the standard Rashba spin-orbit interaction arise for hole states in the presence of an electric field, $<sup>1</sup>$  $<sup>1</sup>$  $<sup>1</sup>$  but these terms are all small and will not change our</sup> result that the low-energy states are of HH type.

# Couplings  $C_{\pm}$

Here we explain the calculation of the matrix elements  $C_{\pm}$  that are presented in Eq. (4) of the main text. When the magnetic field is applied along the z axis, the Hamiltonian is

<span id="page-2-1"></span>
$$
H = \frac{\hbar^2}{2m} \left[ \left( \gamma_1 + \frac{5\gamma_2}{2} \right) k^2 - 2\gamma_2 \sum_{\nu} k_{\nu}^2 J_{\nu}^2 - 4\gamma_3 \left( \{k_x, k_y\} \{J_x, J_y\} + \text{c.p.} \right) \right] + 2\mu_B B_z \left( \kappa J_z + q J_z^3 \right) + b \sum_{\nu} \epsilon_{\nu\nu} J_{\nu}^2 + V(y, z)
$$
 (3)

and the vector potential is  $\mathbf{A} = (-B_z y, 0, 0)$ . Consequently,

<span id="page-2-0"></span>
$$
\{k_y, k_z\} = -\partial_y \partial_z,\tag{4}
$$

$$
\{k_x, k_z\} = -\partial_x \partial_z + i\frac{e}{\hbar} B_z y \partial_z, \tag{5}
$$

$$
\{k_x, k_y\} = -\partial_x \partial_y + i\frac{e}{\hbar} B_z y \partial_y + i\frac{e}{2\hbar} B_z, \tag{6}
$$

$$
k_x^2 = -\partial_x^2 + 2i\frac{e}{\hbar}B_z y \partial_x + \frac{e^2}{\hbar^2} B_z^2 y^2, \tag{7}
$$

and  $k_y^2 = -\partial_y^2$ ,  $k_z^2 = -\partial_z^2$ . Using the matrices for the spin operators  $J_\nu$  listed in Eq. [\(1\)](#page-1-1), one finds

$$
\langle \pm 3/2 | \{J_y, J_z\} | \pm 1/2 \rangle = -i \frac{\sqrt{3}}{2}, \tag{8}
$$

$$
\langle \pm 3/2 | \{J_x, J_z\} | \pm 1/2 \rangle = \pm \frac{\sqrt{3}}{2}, \tag{9}
$$

whereas

$$
\langle \pm 3/2 | Q | \pm 1/2 \rangle = 0 \tag{10}
$$

when the operator Q is  $\{J_x, J_y\}$ ,  $J_x^2$ ,  $J_y^2$ ,  $J_z^2$ ,  $J_z$ , or  $J_z^3$ . Therefore,

<span id="page-3-0"></span>
$$
C_{\pm} = \langle \pm 3/2, 1, 1, 0 | H | \pm 1/2, 2, 2, 0 \rangle
$$
  
=  $i\sqrt{3} \frac{\gamma_3 \hbar^2}{m} \langle \varphi_{1,1,0} | \{k_y, k_z\} | \varphi_{2,2,0} \rangle \mp \sqrt{3} \frac{\gamma_3 \hbar^2}{m} \langle \varphi_{1,1,0} | \{k_x, k_z\} | \varphi_{2,2,0} \rangle,$  (11)

where the wave functions [see Eq.  $(3)$  of the main text] of the basis states are

$$
\varphi_{1,1,0} = \frac{2}{\sqrt{L_z L_y}} \sin \left[ \pi \left( \frac{z}{L_z} + \frac{1}{2} \right) \right] \sin \left[ \pi \left( \frac{y}{L_y} + \frac{1}{2} \right) \right],\tag{12}
$$

$$
\varphi_{2,2,0} = \frac{2}{\sqrt{L_z L_y}} \sin \left[ 2\pi \left( \frac{z}{L_z} + \frac{1}{2} \right) \right] \sin \left[ 2\pi \left( \frac{y}{L_y} + \frac{1}{2} \right) \right] \tag{13}
$$

inside the HW (|z| <  $L_z/2$ , |y| <  $L_y/2$ ) and  $\varphi_{1,1,0} = 0 = \varphi_{2,2,0}$  outside. We note that  $\langle \varphi_{1,1,\tilde{k}_x} | \partial_x \partial_z | \varphi_{2,2,\tilde{k}_x} \rangle$  vanishes for arbitrary  $\tilde{k}_x$  after integration over the y axis due to the orthogonality of the basis functions for the y direction. Thus, using Eqs.  $(4)$  and  $(5)$  in Eq.  $(11)$  yields

$$
C_{\pm} = -i\sqrt{3}\frac{\gamma_3\hbar^2}{m} \left\langle \varphi_{1,1,0} | \partial_y \partial_z | \varphi_{2,2,0} \right\rangle \mp i\sqrt{3}\frac{\gamma_3 e \hbar}{m} B_z \left\langle \varphi_{1,1,0} | y \partial_z | \varphi_{2,2,0} \right\rangle. \tag{14}
$$

With the integrals (analogous for z)

$$
\int_{-L_y/2}^{L_y/2} dy \sin\left[\pi \left(\frac{y}{L_y} + \frac{1}{2}\right)\right] \frac{2\pi}{L_y} \cos\left[2\pi \left(\frac{y}{L_y} + \frac{1}{2}\right)\right] = -\frac{4}{3},\tag{15}
$$

$$
\int_{-L_y/2}^{L_y/2} dy \sin\left[\pi \left(\frac{y}{L_y} + \frac{1}{2}\right)\right] y \sin\left[2\pi \left(\frac{y}{L_y} + \frac{1}{2}\right)\right] = -\frac{8L_y^2}{9\pi^2},\tag{16}
$$

we finally find

$$
\langle \varphi_{1,1,0} | \partial_y \partial_z | \varphi_{2,2,0} \rangle = \frac{64}{9L_yL_z},\tag{17}
$$

$$
\langle \varphi_{1,1,0} | y \partial_z | \varphi_{2,2,0} \rangle = \frac{128L_y}{27\pi^2 L_z},\tag{18}
$$

and so

$$
C_{\pm} = -i \frac{64\gamma_3 \hbar^2}{3\sqrt{3}L_y L_z m} \mp i \frac{128L_y \gamma_3 e \hbar B_z}{9\sqrt{3} \pi^2 L_z m}.
$$
\n(19)

This is the result shown in Eq. [\(20\)](#page-4-0), considering that the Bohr magneton is  $\mu_B = e\hbar/(2m)$ . As explained in the above derivation, the first term on the right-hand side results from the part proportional to  $\partial_y \partial_z \{J_y, J_z\}$  in the Hamiltonian H, while the second term results from the part proportional to  $B_zy\partial_z\{J_x, J_z\}.$ 

### Correction  $g_C$  to the out-of-plane g-factor

In the previous section we derived the couplings

<span id="page-4-0"></span>
$$
C_{\pm} = \langle \pm 3/2, 1, 1, 0 | H | \pm 1/2, 2, 2, 0 \rangle = -i \frac{64 \gamma_3 \hbar^2}{3 \sqrt{3} L_y L_z m} \mp i \frac{256 \gamma_3 L_y \mu_B B_z}{9 \sqrt{3} \pi^2 L_z}
$$
(20)

assuming that the magnetic field is applied in the out-of-plane direction z. In order to calculate the associated correction  $g_C$  to the g-factor  $g_{\perp}$ , we consider a four-level system with the basis states  $|3/2, 1, 1, 0\rangle$ ,  $|-3/2, 1, 1, 0\rangle$ ,  $|1/2, 2, 2, 0\rangle$ , and  $|-1/2, 2, 2, 0\rangle$  (see also Figure 4 (b) of the main article). Projection of the Hamiltonian  $H$  [Eq. [\(3\)](#page-2-1)] onto this basis yields the effective Hamiltonian

<span id="page-5-0"></span>
$$
H_{\text{eff}} = \begin{pmatrix} E_{g,+} & 0 & C_{+} & 0 \\ 0 & E_{g,-} & 0 & C_{-} \\ C_{+}^{*} & 0 & E_{e,+} & 0 \\ 0 & C_{-}^{*} & 0 & E_{e,-} \end{pmatrix},
$$
(21)

where the asterisk stands for complex conjugation and

<span id="page-5-2"></span>
$$
E_{g,\pm} = \frac{\hbar^2 \pi^2}{2L_z^2 m_{\text{HH}}} + \frac{\hbar^2 \pi^2 (\gamma_1 + \gamma_2)}{2L_y^2 m} + \frac{9}{4} b(\epsilon_{zz} - \epsilon_{\parallel})
$$
  
+ 
$$
\frac{(\pi^2 - 6)(\gamma_1 + \gamma_2)e^2 L_y^2 B_z^2}{24\pi^2 m} \pm \left(3\kappa + \frac{27}{4}q\right) \mu_B B_z,
$$
(22)  

$$
E_{e,\pm} = \frac{2\hbar^2 \pi^2}{L_z^2 m_{\text{LH}}} + \frac{2\hbar^2 \pi^2 (\gamma_1 - \gamma_2)}{L_y^2 m} + \frac{1}{4} b(\epsilon_{zz} - \epsilon_{\parallel})
$$
  
+ 
$$
\frac{(2\pi^2 - 3)(\gamma_1 - \gamma_2)e^2 L_y^2 B_z^2}{48\pi^2 m} \pm \left(\kappa + \frac{1}{4}q\right) \mu_B B_z
$$
(23)

are the energies on the diagonal. We assumed here that  $\epsilon_{xx} = \epsilon_{yy} = \epsilon_{\parallel}$  and omitted the state-independent offset  $15b\epsilon_{\parallel}/4.$  The introduced effective masses are

$$
m_{\rm HH} = \frac{m}{\gamma_1 - 2\gamma_2},\tag{24}
$$

<span id="page-5-1"></span>
$$
m_{\text{LH}} = \frac{m}{\gamma_1 + 2\gamma_2}.
$$
\n(25)

From second-order perturbation theory,<sup>[1](#page-8-0)</sup> we find that the low-energy  $2\times 2$  Hamiltonian obtained after diagonalization of Eq. [\(21\)](#page-5-0) is

$$
H_{\text{eff}}^{2\times 2} \simeq \begin{pmatrix} E_{g,+} - \frac{|C_+|^2}{\Delta_+} & 0\\ 0 & E_{g,-} - \frac{|C_-|^2}{\Delta_-} \end{pmatrix},\tag{26}
$$

where we defined

$$
\Delta_{\pm} = E_{e,\pm} - E_{g,\pm}.\tag{27}
$$

With  $\tilde{\sigma}_z$  as a Pauli operator that is based on the low-energy eigenstates, Eq. [\(26\)](#page-5-1) can be written as

$$
H_{\text{eff}}^{2\times 2} \simeq \frac{1}{2} \left( E_{g,+} + E_{g,-} - \frac{|C_+|^2}{\Delta_+} - \frac{|C_-|^2}{\Delta_-} \right) + \frac{1}{2} \left( E_{g,+} - E_{g,-} - \frac{|C_+|^2}{\Delta_+} + \frac{|C_-|^2}{\Delta_-} \right) \widetilde{\sigma}_z. \tag{28}
$$

The effective Zeeman splitting and the out-of-plane g-factor  $g_{\perp}$  are therefore determined by

$$
g_{\perp}\mu_B B_z \simeq E_{g,+} - E_{g,-} - \frac{|C_+|^2}{\Delta_+} + \frac{|C_-|^2}{\Delta_-}.
$$
\n(29)

From Eq. [\(22\)](#page-5-2), it is evident that

$$
E_{g,+} - E_{g,-} = \left(6\kappa + \frac{27}{2}q\right)\mu_B B_z.
$$
 (30)

Given our parameters for Ge HWs, we find that the splittings  $\Delta_{\pm}$  are predominantly determined by the confinement rather than the strain and that they can be well approximated by

$$
\Delta_{\pm} \simeq \frac{2\hbar^2 \pi^2}{L_z^2 m_{\text{LH}}} - \frac{\hbar^2 \pi^2}{2L_z^2 m_{\text{HH}}} = \frac{\hbar^2 \pi^2 (3\gamma_1 + 10\gamma_2)}{2L_z^2 m} = \Delta \tag{31}
$$

using  $L_z \ll L_y$ . With the calculated expressions for the couplings  $C_{\pm}$  [Eq. [\(20\)](#page-4-0)], we finally obtain

$$
g_{\perp} \simeq 6\kappa + \frac{27}{2}q + g_C,\tag{32}
$$

where

$$
g_C = \frac{|C_-|^2 - |C_+|^2}{\mu_B B_z \Delta} = -\frac{2^{17} \gamma_3^2}{81 \pi^4 (3 \gamma_1 + 10 \gamma_2)}
$$
(33)

is the correction that results from the  $B_z$ -induced difference in the tiny LH admixtures  $(|\pm 1/2, 2, 2, 0\rangle)$  to the eigenstates of type  $|3/2, 1, 1, 0\rangle$  and  $|-3/2, 1, 1, 0\rangle$ . We note that  $|C_{\pm}|/\Delta < 0.05$  for our parameters, and so the perturbation theory used in the derivation of  $H_{\text{eff}}^{2\times 2}$  applies. Remarkably, our result for  $g_C$  depends solely on the Luttinger parameters  $\gamma_{1,2,3}$ .

#### Hamiltonian for pure heavy holes

If the contributions from LH states  $(j_z = \pm 1/2)$  are ignored completely, the Hamiltonian of Eq. (1) in the main text can be simplified by projection onto the HH subspace, i.e., by removing all terms that cannot couple a spin  $j_z = 3/2$  (or  $j_z = -3/2$ , respectively) with either  $j_z = 3/2$  or  $j_z = -3/2$ . As evident, e.g., from the standard representations of the  $4\times4$  matrices  $J_{\nu}$  and the 2×2 Pauli matrices  $\sigma_{\nu}$  [see Eqs. [\(1\)](#page-1-1) and [\(2\)](#page-1-2)], this projection can be achieved by substituting  $\{J_x, J_y\} \to 0$  (analogous for cyclic permutations),  $J_x^3 \to 3\sigma_x/4$ ,  $J_y^3 \to -3\sigma_y/4$ ,  $J_z^3 \to 27\sigma_z/8$ ,  $J_{x,y}^2 \to 3/4$ ,  $J_z^2 \to 9/4$ ,  $J_{x,y} \to 0$ ,  $J_z \to 3\sigma_z/2$ , which leads to the pure-HH Hamiltonian

<span id="page-7-0"></span>
$$
H_{\rm HH} = \frac{\hbar^2}{2m} \left[ (\gamma_1 - 2\gamma_2) k_z^2 + (\gamma_1 + \gamma_2) (k_x^2 + k_y^2) \right] + \left( 3\kappa + \frac{27}{4} q \right) \mu_B B_z \sigma_z + \frac{3}{2} q \mu_B (B_x \sigma_x - B_y \sigma_y) + V(y, z)
$$
(34)

for the low-energy hole states in the HW. Thus, if LH states are ignored, one expects small inplane g-factors  $g_{\parallel} \simeq 3q \simeq 0.2$  $g_{\parallel} \simeq 3q \simeq 0.2$  $g_{\parallel} \simeq 3q \simeq 0.2$  and very large out-of-plane g-factors  $g_{\perp} \simeq 6\kappa + 27q/2 \simeq 21.4,^3$ where we used again the band structure parameters  $\kappa = 3.41$  $\kappa = 3.41$  $\kappa = 3.41$  and  $q = 0.07$  of bulk Ge.<sup>[1,](#page-8-0)4</sup>

### References

- <span id="page-8-0"></span>(1) Winkler, R. Spin-Orbit Coupling Effects in Two-Dimensional Electron and Hole Systems; Springer, Berlin, 2003.
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- <span id="page-8-3"></span>(4) Lawaetz, P. Phys. Rev. B 1971, 4, 3460.