

Online Supplemental Materials

Capillary rarefaction associates with albuminuria: The Maastricht Study

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Contents:

Supplemental Methods, p2

Supplemental Tables, p5

Supplemental Methods

Kidney function

GFR was estimated using the CKD-EPI equation based on both serum creatinine and serum cystatin C.¹ Serum creatinine was measured with a Jaffé method traceable to isotope dilution mass spectrometry (Beckman Synchron LX20, Beckman Coulter Inc., Brea, USA). Serum cystatin C was measured with a particle enhanced immunoturbidimetric assay standardized against ERM-DA471/IFCC reference material (Roche Cobas 8000, F. Hoffman-La Roche Ltd, Basel, Switzerland).

To assess urinary albumin excretion, participants were requested to collect two 24h urine collections. Urinary albumin concentration was measured with a standard immunoturbidimetric assay by an automatic analyzer (Beckman Synchron LX20, Beckman Coulter Inc., Brea, USA) and multiplied by collection volume to obtain the 24h urinary albumin excretion. A urinary albumin concentration below the detection limit of the assay (2 mg/l) was set at 1.5 mg/l before multiplying by collection volume. Only urine collections with a collection time between 20h and 28h were considered valid. If needed, urinary albumin excretion was extrapolated to a 24h excretion.

Albuminuria was defined as an albumin excretion ≥ 30 mg/24h,² which is used in clinical practice to guide cardiovascular disease prevention, particularly in individuals with type 2 diabetes.³ In an additional analysis, albuminuria was defined as an albumin excretion ≥ 15 mg/24h (the upper level of daily albumin excretion in healthy individuals⁴), in agreement with the fact that an association with (cardiovascular) mortality already exists below the clinical cut off value of 30 mg/24h.⁵ These definitions were preferably based on the average of two (available in 89.9% of the participants) 24h urine collections.

Potential confounders

We assessed glucose metabolism status, body mass index, waist circumference, hip circumference, office blood pressure, 24h average ambulatory blood pressure, fasting glucose, HbA1c, total cholesterol, HDL cholesterol, LDL cholesterol, triglycerides, medication use, smoking behavior, alcohol consumption, educational level and prevalent cardiovascular disease as described previously.^{6,7} Glucose metabolism status was classified according to the World Health Organization 2006 criteria⁸ into normal glucose metabolism, impaired fasting glucose, impaired glucose tolerance, and diabetes mellitus. Participants with diabetes mellitus and participants using glucose-lowering medication were considered as having type 2 diabetes if they had no (self-reported) type 1 or other specific type of diabetes. Prevalent cardiovascular disease was defined as a self-reported history of myocardial infarction, and(or) cerebrovascular infarction or hemorrhage, and(or) percutaneous artery angioplasty of, or vascular surgery on, the coronary, abdominal, peripheral or carotid arteries. Alcohol consumption was classified into three categories: non-consumption, low-consumption (≤ 7 glasses per week for women and ≤ 14 glasses per week for men) and high-consumption (> 7 glasses per week for women and > 14 glasses per week for men). Waist-to-hip ratio was calculated by dividing waist circumference by hip circumference. Total-to-HDL cholesterol ratio was calculated by dividing total cholesterol by HDL cholesterol. Hypertension was defined as an office systolic blood pressure ≥ 140 mmHg, an office diastolic blood pressure ≥ 90 mmHg and(or) the use of antihypertensive medication. Office pulse pressure was defined as office systolic blood pressure minus office diastolic blood pressure and office mean arterial pressure as office diastolic blood pressure plus 0.412 times office pulse pressure.⁹ Similar equations were used to calculate 24h average ambulatory pulse

pressure and 24h average ambulatory mean arterial pressure, respectively. Educational level was assessed during the cognitive assessment and was classified into three groups: low (none, primary, or lower vocational education only), intermediate (intermediate general secondary, intermediate vocational or higher general secondary education) and high (higher vocational education or university level of education).^{7,10}

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Supplemental Tables

Supplemental Table 1. Clinical characteristics of the study population according to tertiles of the percentage recruitment during venous congestion

	Tertiles of the percentage recruitment during venous congestion		
	T1 (high) n = 247	T2 (middle) n = 247	T3 (low) n = 247
Recruitment during venous congestion (%)	75.6 [55.8-253.3]	39.0 [27.6-55.7]	16.2 [-2.9-27.5]
Demographics			
Age (years)	59.4 ±8.5	59.9 ±8.6	59.9 ±8.5
Men	122 (49.4)	131 (53.0)	159 (64.4)
Educational level			
Low	32 (13.0)	29 (11.7)	59 (23.9)
Middle	96 (38.9)	101 (40.9)	109 (44.1)
High	119 (48.2)	117 (47.4)	79 (32.0)
Prior cardiovascular disease	43 (17.4)	41 (16.6)	50 (20.2)
Lifestyle variables			
Smoking behavior			
Never smoker	80 (32.4)	78 (31.6)	72 (29.1)
Former smoker	130 (52.6)	132 (53.4)	134 (54.3)
Current smoker	37 (15.0)	37 (15.0)	41 (16.6)
Alcohol consumption			
Non	30 (12.1)	44 (17.8)	49 (19.8)
Low (women ≤ 7 glasses/week; men ≤ 14 glasses/week)	127 (51.4)	127 (51.4)	138 (55.9)
High (women > 7 glasses/week; men > 14 glasses/week)	90 (36.4)	76 (30.8)	60 (24.3)
Metabolic variables			
BMI categories			
Normal weight (< 25 kg/m ²)	86 (34.8)	86 (34.8)	62 (25.1)
Overweight (25-30 kg/m ²)	115 (46.6)	112 (45.3)	118 (47.8)
Obesity (≥ 30 kg/m ²)	46 (18.6)	49 (19.8)	67 (27.1)
Waist circumference (cm)			
Men	100.0 ±11.9	101.3 ±11.4	103.6 ±11.4
Women	89.4 ±11.6	90.1 ±12.8	94.5 ±15.6
Waist-to-hip-ratio			
Men	0.99 ±0.07	1.00 ±0.06	1.01 ±0.07

Women	0.87 ±0.07	0.88 ±0.07	0.90 ±0.08
Office systolic blood pressure (mmHg)	136.4 ±18.3	136.0 ±18.6	139.6 ±20.0
Office diastolic blood pressure (mmHg)	76.7 ±10.4	75.7 ±10.4	78.1 ±10.7
24h average ambulatory systolic blood pressure (mmHg)*	118.6 ±11.7	119.1 ±12.4	120.8 ±12.3
24h average ambulatory diastolic blood pressure (mmHg)*	73.9 ±7.3	74.1 ±7.4	74.6 ±7.2
Hypertension	135 (54.7)	137 (55.5)	158 (64.0)
Glucose metabolism status			
Normal glucose metabolism	153 (61.9)	144 (58.3)	107 (43.3)
Impaired fasting glucose	7 (2.8)	12 (4.9)	21 (8.5)
Impaired glucose tolerance	44 (17.8)	26 (10.5)	16 (6.5)
Type 2 diabetes	43 (17.4)	65 (26.3)	103 (41.7)
Fasting glucose (mmol/l)			
Without type 2 diabetes	5.4 ±0.5	5.3 ±0.6	5.5 ±0.6
With type 2 diabetes	7.9 ±1.6	7.7 ±1.5	7.6 ±1.9
HbA1C (%)**			
Without type 2 diabetes	5.7 ±0.4	5.6 ±0.4	5.6 ±0.4
With type 2 diabetes	6.9 ±0.8	6.8 ±0.7	6.8 ±0.9
Total cholesterol (mmol/l)	5.5 ±1.2	5.2 ±1.1	5.0 ±1.1
HDL cholesterol (mmol/l)			
Men	1.2 ±0.5	1.2 ±0.3	1.1 ±0.3
Women	1.5 ±0.4	1.5 ±0.4	1.5 ±0.5
LDL cholesterol (mmol/l)	3.5 ±1.1	3.3 ±1.0	3.1 ±1.0
Triglycerides (mmol/l)	1.20 [0.79-1.76]	1.19 [0.86-1.66]	1.31 [0.90-1.92]
Total-to-HDL cholesterol ratio	4.2 ±1.2	4.2 ±1.3	4.3 ±1.2

Kidney function

Estimated GFR (ml/min/1.73m ²)	89.1 ±14.1	87.3 ±15.4	87.8 ±15.7
Albumin excretion rate (mg/24h)	8.2 [5.4-11.1]	7.4 [5.4-11.4]	7.9 [5.5-16.6]
Albumin excretion ≥ 15 mg/24h	31 (12.6)	38 (15.4)	66 (26.7)
Albumin excretion ≥ 30 mg/24h	9 (3.6)	16 (6.5)	32 (13.0)

Medication

Antihypertensive medication	91 (36.8)	88 (35.6)	117 (47.4)
Renin-angiotensin system inhibitor	73 (29.6)	59 (23.9)	92 (37.2)
Lipid-modifying medication	85 (34.4)	75 (30.4)	111 (44.9)

Data are presented as n (%), mean ±standard deviation, median [interquartile range] or (only for the percentage recruitment during venous congestion) median [range]. * 24h average ambulatory blood pressure measurements were missing in n = 76 participants (n=23 for T1, n=28 for T2 and n=25 for T3). ** To convert to HbA1c values in mmol/mol: (10.93 * HbA1c [%]) - 23.5.

Supplemental Table 2A. Association between the percentage recruitment during post-occlusive peak reactive hyperemia as well as venous congestion and the presence of albuminuria (albumin excretion ≥ 30 mg/24h) in participants without type 2 diabetes

Model	Recruitment during post-occlusive peak reactive hyperemia (%)	OR (95% CI)	P value	Recruitment during venous congestion (%)	OR (95% CI)	P value
1	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	0.92 (0.24; 3.48)	0.903	T2 (middle)	2.68 (0.68; 10.52)	0.158
	T3 (low)	4.13 (1.45; 11.73)	0.008	T3 (low)	6.65 (1.86; 23.78)	0.004
2	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	0.85 (0.22; 3.25)	0.817	T2 (middle)	2.67 (0.68; 10.57)	0.161
	T3 (low)	3.86 (1.35; 11.10)	0.012	T3 (low)	6.16 (1.71; 22.26)	0.006
3a	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	0.97 (0.25; 3.85)	0.970	T2 (middle)	2.69 (0.66; 11.01)	0.169
	T3 (low)	4.49 (1.50; 13.49)	0.007	T3 (low)	6.73 (1.79; 25.34)	0.005
3b	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	1.15 (0.27; 4.96)	0.852	T2 (middle)	3.80 (0.74; 19.66)	0.111
	T3 (low)	4.93 (1.47; 16.51)	0.010	T3 (low)	8.41 (1.75; 40.48)	0.008

Odds ratios represent the odds of having albuminuria (defined as an albumin excretion ≥ 30 mg/24h) in the respective tertile of the percentage recruitment during post-occlusive peak reactive hyperemia or venous congestion compared with the odds of having albuminuria in the reference tertile. Model 1: unadjusted model; Model 2: age, sex; Model 3a: model 2 + waist circumference, total-to-HDL cholesterol ratio, triglycerides, use of lipid-modifying drugs, office systolic blood pressure, use of antihypertensive medication, estimated GFR, prevalent cardiovascular disease, smoking behavior, alcohol consumption, educational level; Model 3b: as model 3a but adjusted for 24h average ambulatory systolic blood pressure instead of office systolic blood pressure (n=477). CI: confidence interval, OR: odds ratio, T: tertile.

Supplemental Table 2B. Association between the percentage recruitment during post-occlusive peak reactive hyperemia as well as venous congestion and the presence of albuminuria (albumin excretion ≥ 30 mg/24h) in participants with type 2 diabetes

Model	Recruitment during post-occlusive peak reactive hyperemia (%)	OR (95% CI)	P value	Recruitment during venous congestion (%)	OR (95% CI)	P value
1	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	0.76 (0.26; 2.21)	0.613	T2 (middle)	0.99 (0.33; 3.02)	0.987
	T3 (low)	1.16 (0.44; 3.02)	0.765	T3 (low)	1.40 (0.52; 3.78)	0.513
2	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	0.67 (0.23; 1.99)	0.472	T2 (middle)	0.94 (0.30; 2.91)	0.911
	T3 (low)	1.12 (0.42; 2.97)	0.823	T3 (low)	1.38 (0.50; 3.79)	0.538
3a	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	0.82 (0.26; 2.59)	0.731	T2 (middle)	1.19 (0.36; 3.95)	0.779
	T3 (low)	1.16 (0.41; 3.30)	0.781	T3 (low)	1.41 (0.48; 4.15)	0.530
3b	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	1.16 (0.34; 3.97)	0.817	T2 (middle)	1.04 (0.29; 3.67)	0.957
	T3 (low)	0.92 (0.28; 3.01)	0.889	T3 (low)	1.07 (0.34; 3.40)	0.908

Odds ratios represent the odds of having albuminuria (defined as an albumin excretion ≥ 30 mg/24h) in the respective tertile of the percentage recruitment during post-occlusive peak reactive hyperemia or venous congestion compared with the odds of having albuminuria in the reference tertile. Model 1: unadjusted model; Model 2: age, sex; Model 3a: model 2 + waist circumference, total-to-HDL cholesterol ratio, triglycerides, use of lipid-modifying drugs, office systolic blood pressure, use of antihypertensive medication, estimated GFR, prevalent cardiovascular disease, smoking behavior, alcohol consumption, educational level; Model 3b: as model 3a but adjusted for 24h average ambulatory systolic blood pressure instead of office systolic blood pressure (n=188). CI: confidence interval, OR: odds ratio, T: tertile

Supplemental Table 3A. Association between the absolute number of capillaries during post-occlusive peak reactive hyperemia as well as venous congestion and the presence of albuminuria (albumin excretion ≥ 30 mg/24h) in participants without type 2 diabetes

Model	Post-occlusive peak reactive hyperemia (n/mm ²)	OR (95% CI)	P value	Venous congestion (n/mm ²)	OR (95% CI)	P value
1	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	2.71 (0.71; 10.39)	0.145	T2 (middle)	1.82 (0.52; 6.33)	0.346
	T3 (low)	4.71 (1.31; 17.00)	0.018	T3 (low)	3.64 (1.15; 11.52)	0.028
2	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	2.49 (0.65; 9.62)	0.185	T2 (middle)	1.57 (0.45; 5.53)	0.479
	T3 (low)	4.08 (1.12; 14.86)	0.033	T3 (low)	2.96 (0.92; 9.49)	0.068
3a	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	2.48 (0.63; 9.81)	0.196	T2 (middle)	1.84 (0.51; 6.62)	0.352
	T3 (low)	3.85 (1.03; 14.40)	0.045	T3 (low)	2.82 (0.86; 9.28)	0.089
3b	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	2.16 (0.52; 8.86)	0.287	T2 (middle)	2.48 (0.60; 10.29)	0.212
	T3 (low)	4.17 (1.10; 15.78)	0.035	T3 (low)	4.03 (1.06; 15.31)	0.041

Odds ratios represent the odds of having albuminuria (albumin excretion ≥ 30 mg/24h) in the respective tertile of the absolute number of capillaries during post-occlusive peak reactive hyperemia or venous congestion compared with the odds of having albuminuria in the reference tertile. Model 1: unadjusted model; Model 2: age, sex; Model 3a: model 2 + waist circumference, total-to-HDL cholesterol ratio, triglycerides, use of lipid-modifying drugs, office systolic blood pressure, use of antihypertensive medication, estimated GFR, prevalent cardiovascular disease, smoking behavior, alcohol consumption, educational level; Model 3b: as model 3a but adjusted for 24h average ambulatory systolic blood pressure instead of office systolic blood pressure (n=477). CI: confidence interval, OR: odds ratio, T: tertile.

Supplemental Table 3B. Association between the absolute number of capillaries during post-occlusive peak reactive hyperemia as well as venous congestion and the presence of albuminuria (albumin excretion \geq 30 mg/24h) in participants with type 2 diabetes

Model	Post-occlusive peak reactive hyperemia (n/mm ²)	OR (95% CI)	P value	Venous congestion (n/mm ²)	OR (95% CI)	P value
1	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	2.47 (0.88; 6.92)	0.085	T2 (middle)	0.81 (0.31; 2.14)	0.669
	T3 (low)	1.75 (0.63; 4.85)	0.282	T3 (low)	1.22 (0.51; 2.94)	0.653
2	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	2.19 (0.77; 6.23)	0.142	T2 (middle)	0.68 (0.25; 1.84)	0.449
	T3 (low)	1.60 (0.57; 4.51)	0.372	T3 (low)	1.20 (0.49; 2.93)	0.697
3a	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	2.84 (0.91; 8.88)	0.073	T2 (middle)	0.76 (0.26; 2.25)	0.626
	T3 (low)	1.92 (0.63; 5.88)	0.255	T3 (low)	1.24 (0.47; 3.27)	0.668
3b	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	2.16 (0.60; 7.71)	0.237	T2 (middle)	0.78 (0.23; 2.71)	0.700
	T3 (low)	1.60 (0.48; 5.33)	0.442	T3 (low)	1.48 (0.49; 4.50)	0.491

Odds ratios represent the odds of having albuminuria (albumin excretion \geq 30 mg/24h) in the respective tertile of the absolute number of capillaries during post-occlusive peak reactive hyperemia or venous congestion compared with the odds of having albuminuria in the reference tertile. Model 1: unadjusted model; Model 2: age, sex; Model 3a: model 2 + waist circumference, total-to-HDL cholesterol ratio, triglycerides, use of lipid-modifying drugs, office systolic blood pressure, use of antihypertensive medication, estimated GFR, prevalent cardiovascular disease, smoking behavior, alcohol consumption, educational level; Model 3b: as model 3a but adjusted for 24h average ambulatory systolic blood pressure instead of office systolic blood pressure (n=188). CI: confidence interval, OR: odds ratio, T: tertile

Supplemental Table 4A. Descriptive information of the tertiles of the respective capillaroscopy measures

Tertile	Percentage recruitment during post-occlusive peak reactive hyperemia (%)		Percentage recruitment during venous congestion (%)		Absolute number of capillaries during post-occlusive peak reactive hyperemia (n/mm ²)		Absolute number of capillaries during venous congestion (n/mm ²)	
	Range	≥ 30 mg/24h (n (%))	Range	≥ 30 mg/24h (n (%))	Range	≥ 30 mg/24h (n (%))	Range	≥ 30 mg/24h (n (%))
1	55.0-186.7	12 (4.9%)	55.8-253.3	9 (3.6%)	111.5-161.0	9 (3.7%)	111.5-170.0	14 (5.6%)
2	27.0-54.9	13 (5.3%)	27.6-55.7	16 (6.5%)	97.0-111.0	22 (8.8%)	97.0-111.0	16 (6.4%)
3	0.0-26.9	32 (13.0%)	-2.9-27.5	32 (13.0%)	43.0-96.5	26 (10.4%)	48.0-96.5	27 (11.2%)

Supplemental Table 4B. Descriptive information of the quintiles of the respective capillaroscopy measures

Quintile	Percentage recruitment during post-occlusive peak reactive hyperemia (%)		Percentage recruitment during venous congestion (%)		Absolute number of capillaries during post-occlusive peak reactive hyperemia (n/mm ²)		Absolute number of capillaries during venous congestion (n/mm ²)	
	Range	≥ 30 mg/24h (n (%))	Range	≥ 30 mg/24h (n (%))	Range	≥ 30 mg/24h (n (%))	Range	≥ 30 mg/24h (n (%))
1	68.8-186.7	5 (3.4%)	69.8-253.3	6 (4.1%)	118.5-161.0	7 (4.8%)	119.5-170.0	5 (3.4%)
2	49.1-68.7	11 (7.4%)	47.7-69.6	6 (4.1%)	108.0-118.0	8 (5.2%)	108.5-119.0	12 (7.9%)
3	31.7-49.0	6 (4.0%)	32.3-47.6	12 (8.1%)	99.5-107.5	12 (8.5%)	100.0-108.0	8 (5.5%)
4	18.9-31.4	11 (7.4%)	18.7-32.2	10 (6.8%)	89.5-99.0	16 (10.5%)	91.0-99.5	19 (12.7%)
5	0.0-18.7	24 (16.2%)	-2.9-18.6	23 (15.5%)	43.0-89.0	14 (9.5%)	48.0-90.5	13 (8.8%)

Supplemental Table 4C. Descriptive information of the deciles of the respective capillaroscopy measures

Decile	Percentage recruitment during post-occlusive peak reactive hyperemia (%)		Percentage recruitment during venous congestion (%)		Absolute number of capillaries during post-occlusive peak reactive hyperemia (n/mm ²)		Absolute number of capillaries during venous congestion (n/mm ²)	
	Range	≥ 30 mg/24h (n (%))	Range	≥ 30 mg/24h (n (%))	Range	≥ 30 mg/24h (n (%))	Range	≥ 30 mg/24h (n (%))
1	88.6-186.7	2 (2.7%)	89.0-253.3	2 (2.7%)	125.5-161.0	3 (3.9%)	126.5-170.0	2 (2.7%)
2	68.8-88.3	3 (4.1%)	69.8-88.3	4 (5.4%)	118.5-125.0	4 (5.6%)	119.5-126.0	3 (4.2%)
3	59.1-68.7	4 (5.4%)	59.2-69.6	2 (2.7%)	113.0-118.0	2 (2.5%)	113.0-119.0	6 (7.4%)
4	49.1-58.8	7 (9.5%)	47.7-59.0	4 (5.4%)	108.0-112.5	6 (8.1%)	108.5-112.5	6 (8.5%)
5	39.5-49.0	2 (2.7%)	39.1-47.6	3 (4.1%)	104.0-107.5	5 (6.8%)	103.5-108.0	1 (1.4%)
6	31.7-39.0	4 (5.3%)	32.3-39.0	9 (12.0%)	99.5-103.5	7 (10.3%)	100.0-103.0	7 (9.3%)
7	24.8-31.4	5 (6.8%)	25.4-32.3	5 (6.8%)	95.5-99.0	10 (12.8%)	96.0-99.5	5 (6.8%)
8	18.9-24.6	6 (8.1%)	18.7-25.3	5 (6.8%)	89.5-95.0	6 (8.1%)	91.0-95.5	14 (18.4%)
9	12.8-18.7	11 (14.9%)	12.7-18.6	14 (18.9%)	82.0-89.0	7 (9.5%)	82.0-90.5	6 (8.2%)
10	0.0-12.7	13 (17.6%)	-2.9-12.7	9 (12.2%)	43.0-81.5	7 (9.6%)	48.0-81.5	7 (9.5%)

Supplemental Table 5A. Association between the percentage recruitment during post-occlusive peak reactive hyperemia as well as venous congestion and the presence of albuminuria (albumin excretion \geq 30 mg/24h)

Model	Recruitment during post-occlusive peak reactive hyperemia (%)	OR (95% CI)	P value	Recruitment during venous congestion (%)	OR (95% CI)	P value
1	Q1	Reference		Q1	Reference	
	Q2	2.30 (0.78; 6.78)	0.132	Q2	1.00 (0.32; 3.18)	1.000
	Q3	1.20 (0.36; 4.02)	0.768	Q3	2.07 (0.76; 5.68)	0.156
	Q4	2.30 (0.78; 6.78)	0.132	Q4	1.72 (0.61; 4.85)	0.309
	Q5	5.54 (2.05; 14.94)	0.001	Q5	4.36 (1.72; 11.04)	0.002
2	Q1	Reference		Q1	Reference	
	Q2	2.03 (0.67; 6.14)	0.209	Q2	0.92 (0.29; 3.00)	0.895
	Q3	0.95 (0.28; 3.24)	0.928	Q3	1.59 (0.56; 4.46)	0.382
	Q4	1.62 (0.53; 4.94)	0.394	Q4	1.33 (0.46; 3.85)	0.601
	Q5	3.51 (1.26; 9.79)	0.016	Q5	2.74 (1.04; 7.20)	0.041
3a	Q1	Reference		Q1	Reference	
	Q2	2.23 (0.70; 7.09)	0.176	Q2	0.98 (0.29; 3.34)	0.974
	Q3	1.20 (0.34; 4.25)	0.782	Q3	1.78 (0.60; 5.26)	0.295
	Q4	1.74 (0.55; 5.52)	0.348	Q4	1.40 (0.46; 4.24)	0.548
	Q5	4.08 (1.40; 11.86)	0.010	Q5	3.11 (1.14; 8.50)	0.027
3b	Q1	Reference		Q1	Reference	
	Q2	1.59 (0.47; 5.44)	0.460	Q2	0.89 (0.24; 3.32)	0.857
	Q3	1.23 (0.34; 4.45)	0.752	Q3	1.64 (0.53; 5.03)	0.391
	Q4	1.49 (0.45; 4.90)	0.514	Q4	1.18 (0.37; 3.80)	0.782
	Q5	3.14 (1.03; 9.52)	0.044	Q5	2.74 (0.96; 7.82)	0.059

Odds ratios represent the odds of having albuminuria (defined as an albumin excretion \geq 30 mg/24) in the respective quintile of the percentage recruitment during post-occlusive peak reactive hyperemia or venous congestion compared with the odds of having albuminuria in the reference quintile. Model 1: unadjusted model; Model 2: age, sex, type 2 diabetes; Model 3a: model 2 + waist circumference, total-to-HDL cholesterol ratio, triglycerides, use of lipid-modifying drugs, office systolic blood pressure, use of antihypertensive medication, estimated GFR, prevalent cardiovascular disease, smoking behavior, alcohol consumption, educational level; Model 3b: as model 3a but adjusted for 24h average ambulatory systolic blood pressure instead of office systolic blood pressure (n=665). CI: confidence interval, OR: odds ratio, Q: quintile.

Supplemental Table 5B. Association between the absolute number of capillaries during post-occlusive peak reactive hyperemia as well as venous congestion and the presence of albuminuria (albumin excretion ≥ 30 mg/24h)

Model	Post-occlusive peak reactive hyperemia (n/mm ²)	OR (95% CI)	P value	Venous congestion (n/mm ²)	OR (95% CI)	P value
1	Q1	Reference		Q1	Reference	
	Q2	1.10 (0.39; 3.10)	0.863	Q2	2.42 (0.83; 7.04)	0.106
	Q3	1.86 (0.71; 4.87)	0.206	Q3	1.64 (0.52; 5.12)	0.399
	Q4	2.35 (0.94; 5.90)	0.068	Q4	4.09 (1.49; 11.27)	0.006
	Q5	2.11 (0.82; 5.38)	0.120	Q5	2.74 (0.95; 7.88)	0.062
2	Q1	Reference		Q1	Reference	
	Q2	0.96 (0.33; 2.79)	0.940	Q2	1.95 (0.65; 5.85)	0.235
	Q3	1.56 (0.58; 4.20)	0.384	Q3	1.18 (0.37; 3.80)	0.785
	Q4	2.20 (0.85; 5.68)	0.105	Q4	3.40 (1.20; 9.69)	0.022
	Q5	1.50 (0.57; 3.95)	0.413	Q5	1.90 (0.64; 5.65)	0.247
3a	Q1	Reference		Q1	Reference	
	Q2	0.86 (0.28; 2.65)	0.799	Q2	1.76 (0.56; 5.54)	0.331
	Q3	1.67 (0.59; 4.74)	0.336	Q3	1.37 (0.41; 4.67)	0.605
	Q4	2.12 (0.78; 5.72)	0.139	Q4	3.23 (1.07; 9.79)	0.038
	Q5	1.55 (0.57; 4.26)	0.392	Q5	1.86 (0.60; 5.81)	0.283
3b	Q1	Reference		Q1	Reference	
	Q2	0.85 (0.26; 2.73)	0.779	Q2	1.45 (0.43; 4.91)	0.552
	Q3	1.23 (0.40; 3.80)	0.715	Q3	1.33 (0.37; 4.78)	0.661
	Q4	1.92 (0.68; 5.42)	0.216	Q4	3.33 (1.04; 10.59)	0.042
	Q5	1.45 (0.51; 4.15)	0.489	Q5	1.98 (0.61; 6.39)	0.252

Odds ratios represent the odds of having albuminuria (defined as an albumin excretion ≥ 30 mg/24h) in the respective quintile of the absolute number of capillaries during post-occlusive peak reactive hyperemia or venous congestion compared with the odds of having albuminuria in the reference quintile. Model 1: unadjusted model; Model 2: age, sex, type 2 diabetes; Model 3a: model 2 + waist circumference, total-to-HDL cholesterol ratio, triglycerides, use of lipid-modifying drugs, office systolic blood pressure, use of antihypertensive medication, estimated GFR, prevalent cardiovascular disease, smoking behavior, alcohol consumption, educational level; Model 3b: as model 3a but adjusted for 24h average ambulatory systolic blood pressure instead of office systolic blood pressure (n=665). CI: confidence interval, OR: odds ratio, Q: quintile.

Supplemental Table 6A. Association between the percentage recruitment during post-occlusive peak reactive hyperemia as well as venous congestion and the presence of albuminuria (albumin excretion \geq 30 mg/24h)

Model	Recruitment during post-occlusive peak reactive hyperemia (%)	OR (95% CI)	P value	Recruitment during venous congestion (%)	OR (95% CI)	P value
1	D1	Reference		D1	Reference	
	D2	1.52 (0.25; 9.38)	0.651	D2	2.06 (0.37; 11.59)	0.414
	D3	2.06 (0.37; 11.59)	0.414	D3	1.00 (0.14; 7.29)	1.000
	D4	3.76 (0.76; 18.75)	0.106	D4	2.06 (0.37; 11.59)	0.414
	D5	1.00 (0.14; 7.29)	1.000	D5	1.52 (0.25; 9.38)	0.651
	D6	2.02 (0.36; 11.43)	0.423	D6	4.91 (1.02; 23.55)	0.047
	D7	2.61 (0.49; 13.90)	0.261	D7	2.61 (0.49; 13.90)	0.261
	D8	3.18 (0.62; 16.28)	0.166	D8	2.61 (0.49; 13.90)	0.261
	D9	6.29 (1.34; 29.44)	0.020	D9	8.40 (1.84; 38.43)	0.006
	D10	7.67 (1.67; 35.34)	0.009	D10	4.99 (1.04; 23.82)	0.045
2	D1	Reference		D1	Reference	
	D2	1.46 (0.23; 9.24)	0.689	D2	1.91 (0.33; 11.05)	0.472
	D3	1.98 (0.34; 11.49)	0.445	D3	0.91 (0.12; 6.77)	0.924
	D4	2.96 (0.57; 15.26)	0.195	D4	1.80 (0.31; 10.40)	0.512
	D5	0.75 (0.10; 5.59)	0.776	D5	1.16 (0.18; 7.40)	0.873
	D6	1.16 (0.28; 9.35)	0.594	D6	3.50 (0.71; 17.33)	0.125
	D7	1.64 (0.30; 9.01)	0.572	D7	1.94 (0.35; 10.64)	0.445
	D8	2.45 (0.46; 13.03)	0.293	D8	1.96 (0.36; 10.81)	0.439
	D9	3.92 (0.81; 19.07)	0.091	D9	4.70 (0.98; 22.50)	0.053
	D10	4.75 (1.00; 22.61)	0.050	D10	3.35 (0.68; 16.60)	0.139

Odds ratios represent the odds of having albuminuria (defined as an albumin excretion \geq 30 mg/24) in the respective decile of the percentage recruitment during post-occlusive peak reactive hyperemia or venous congestion compared with the odds of having albuminuria in the reference decile. Model 1: unadjusted model; Model 2: age, sex, type 2 diabetes. CI: confidence interval, OR: odds ratio, D: decile.

Supplemental Table 6B. Association between the absolute number of capillaries during post-occlusive peak reactive hyperemia as well as venous congestion and the presence of albuminuria (albumin excretion ≥ 30 mg/24h)

Model	Post-occlusive peak reactive hyperemia (n/mm ²)	OR (95% CI)	P value	Venous congestion (n/mm ²)	OR (95% CI)	P value
1	D1	Reference		D1	Reference	
	D2	1.45 (0.31; 6.73)	0.633	D2	1.57 (0.25; 9.66)	0.629
	D3	0.62 (0.10; 3.84)	0.611	D3	2.88 (0.56; 14.74)	0.204
	D4	2.15 (0.52; 8.93)	0.293	D4	3.32 (0.65; 17.05)	0.150
	D5	1.79 (0.41; 7.77)	0.438	D5	0.51 (0.05; 5.80)	0.591
	D6	2.79 (0.69; 11.26)	0.140	D6	3.71 (0.74; 18.47)	0.110
	D7	3.58 (0.95; 13.56)	0.061	D7	2.61 (0.49; 13.90)	0.261
	D8	2.15 (0.52; 8.93)	0.293	D8	8.13 (1.78; 37.17)	0.007
	D9	2.54 (0.63; 10.23)	0.189	D9	3.22 (0.63; 16.53)	0.160
	D10	2.58 (0.64; 10.39)	0.182	D10	3.76 (0.76; 18.75)	0.106
2	D1	Reference		D1	Reference	
	D2	1.83 (0.38; 8.92)	0.452	D2	2.04 (0.32; 13.16)	0.452
	D3	0.59 (0.09; 3.78)	0.581	D3	2.60 (0.49; 13.81)	0.261
	D4	2.16 (0.50; 9.38)	0.304	D4	3.08 (0.58; 16.51)	0.188
	D5	1.49 (0.33; 6.75)	0.606	D5	0.45 (0.04; 5.20)	0.521
	D6	2.96 (0.70; 12.54)	0.142	D6	2.88 (0.56; 14.94)	0.208
	D7	3.92 (0.99; 15.61)	0.053	D7	2.57 (0.46; 14.24)	0.280
	D8	2.12 (0.49; 9.23)	0.316	D8	7.42 (1.56; 35.41)	0.012
	D9	1.98 (0.49; 8.78)	0.349	D9	2.67 (0.50; 14.79)	0.249
	D10	2.08 (0.49; 8.78)	0.319	D10	2.85 (0.55; 14.79)	0.213

Odds ratios represent the odds of having albuminuria (defined as an albumin excretion ≥ 30 mg/24h) in the respective decile of the absolute number of capillaries during post-occlusive peak reactive hyperemia or venous congestion compared with the odds of having albuminuria in the reference decile. Model 1: unadjusted model; Model 2: age, sex, type 2 diabetes. CI: confidence interval, OR: odds ratio, D: decile.

Supplemental Table 7A. Association between the percentage recruitment during post-occlusive peak reactive hyperemia as well as venous congestion and the presence of albuminuria (albumin excretion ≥ 15 mg/24h)

Model	Recruitment during post-occlusive peak reactive hyperemia (%)	OR (95% CI)	P value	Recruitment during venous congestion (%)	OR (95% CI)	P value
1	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	1.10 (0.67; 1.83)	0.700	T2 (middle)	1.27 (0.76; 2.11)	0.364
	T3 (low)	2.19 (1.38; 3.47)	0.001	T3 (low)	2.54 (1.59; 4.07)	< 0.001
2	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	0.86 (0.50; 1.46)	0.571	T2 (middle)	1.09 (0.64; 1.86)	0.751
	T3 (low)	1.62 (0.99; 2.65)	0.055	T3 (low)	1.88 (1.14; 3.10)	0.014
3a	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	0.92 (0.53; 1.60)	0.775	T2 (middle)	1.10 (0.63; 1.91)	0.743
	T3 (low)	1.59 (0.96; 2.64)	0.075	T3 (low)	1.75 (1.05; 2.95)	0.033
3b	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	1.03 (0.57; 1.84)	0.931	T2 (middle)	1.16 (0.65; 2.08)	0.622
	T3 (low)	1.67 (0.97; 2.88)	0.067	T3 (low)	1.79 (1.03; 3.11)	0.040

Odds ratios represent the odds of having albuminuria (defined as an albumin excretion ≥ 15 mg/24) in the respective tertile of the percentage recruitment during post-occlusive peak reactive hyperemia or venous congestion compared with the odds of having albuminuria in the reference tertile. Model 1: unadjusted model; Model 2: age, sex, type 2 diabetes; Model 3a: model 2 + waist circumference, total-to-HDL cholesterol ratio, triglycerides, use of lipid-modifying drugs, office systolic blood pressure, use of antihypertensive medication, estimated GFR, prevalent cardiovascular disease, smoking behavior, alcohol consumption, educational level; Model 3b: as model 3a but adjusted for 24h average ambulatory systolic blood pressure instead of office systolic blood pressure (n=665). CI: confidence interval, OR: odds ratio, T: tertile.

Supplemental Table 7B. Association between the absolute number of capillaries during post-occlusive peak reactive hyperemia as well as venous congestion and the presence of albuminuria (albumin excretion ≥ 15 mg/24h)

Model	Post-occlusive peak reactive hyperemia (n/mm ²)	OR (95% CI)	P value	Venous congestion (n/mm ²)	OR (95% CI)	P value
1	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	1.71 (1.05; 2.79)	0.031	T2 (middle)	1.31 (0.81; 2.14)	0.274
	T3 (low)	1.88 (1.17; 3.04)	0.011	T3 (low)	1.99 (1.25; 3.18)	0.004
2	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	1.57 (0.94; 2.63)	0.084	T2 (middle)	1.15 (0.69; 1.93)	0.594
	T3 (low)	1.54 (0.92; 2.56)	0.098	T3 (low)	1.72 (1.05; 2.83)	0.031
3a	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	1.75 (1.02; 2.99)	0.042	T2 (middle)	1.28 (0.75; 2.18)	0.372
	T3 (low)	1.64 (0.96; 2.80)	0.071	T3 (low)	1.78 (1.06; 2.99)	0.029
3b	T1 (high)	Reference		T1 (high)	Reference	
	T2 (middle)	1.45 (0.82; 2.57)	0.205	T2 (middle)	1.17 (0.66; 2.09)	0.591
	T3 (low)	1.61 (0.92; 2.80)	0.095	T3 (low)	1.92 (1.11; 3.33)	0.019

Odds ratios represent the odds of having albuminuria (defined as an albumin excretion ≥ 15 mg/24h) in the respective tertile of the absolute number of capillaries during post-occlusive peak reactive hyperemia or venous congestion compared with the odds of having albuminuria in the reference tertile. Model 1: unadjusted model; Model 2: age, sex, type 2 diabetes; Model 3a: model 2 + waist circumference, total-to-HDL cholesterol ratio, triglycerides, use of lipid-modifying drugs, office systolic blood pressure, use of antihypertensive medication, estimated GFR, prevalent cardiovascular disease, smoking behavior, alcohol consumption, educational level; Model 3b: as model 3a but adjusted for 24h average ambulatory systolic blood pressure instead of office systolic blood pressure (n=665). CI: confidence interval, OR: odds ratio, T: tertile.