Additional File 5. ACCM Goal Directed Targets from the Surviving Sepsis Guidelines (3, 4)

Initial Goals (Often, but not exclusively in the Emergency Department setting)

Initial therapies should be directed toward restoring:

Normal Mental Status

Threshold Heart Rates

Peripheral perfusion (capillary refill < 3 seconds)

Palpable distal pulses

Normal blood pressure for age.

Age Range	Threshold Heart Rates	*Threshold Perfusion Pressure
		MAP-CVP (mm Hg)
Term Newborn	120-180	55
Up to 1 year	120-180	60
Up to 2 years	120-180	65
Up to 7 years	100-140	65
Up to 15 years	90-140	65

^{*}Perfusion Pressure = Mean Arterial Pressure (MAP) – Central Venous Pressure (CVP)

Subsequent Goals (Intensive Care Unit) Phase

Shock should be further evaluated and resuscitation treatment guided by hemodynamic variables:

Monitor CVP in PICU (ensure adequate preload)

Maintain Adequate Perfusion Pressure: Normal MAP-CVP

Maintain Oxygen Delivery: Mixed Venous Oxygen Saturation [SCVO2] > 70%

Maintain Oxygen Carrying Capacity: Hemoglobin Concentration > 10 g/dL

^{*}From a practical perspective, perfusion pressure data is frequently not available for children during the initial phase of septic shock resuscitation due to lack of presence of an arterial line and/or central venous catheter. Thus, initial goals of resuscitation may be limited to the other parameters outlined until invasive monitoring is available.