Appendix 1. Content of the SMP-DSI Training Manual*

Round 1

Session 1 Group training

Activity 1	Introduction - *Identification of problems and needs related to DSI
Activity 2	Training overview and responsibilities
Activity 3	Identification of self-management in personal life
Activity 4	Introduction of the 5 steps structure of the SMP-DSI
Activity 5	*Experiencing/simulating being dual sensory impaired
Activity 6	*Exercising how to adjust to the communicative needs of DSI older adults
Activity 7	Exercising step 1 Problem Identification and step 2 Alternatives
Activity 8	Home assignments (*communication adjustment*; SMP-DSI)
Activity 9	Identifying personal learning goals

Session 2 Individual coaching

Activity 1	Feedback- training overview and responsibilities
Activity 2	Feedback -home assignments (*communication adjustment*; SMP-DSI)
Activity 3	Identifying personal learning goals

Session 3 Group supervision

Activity 1	Exchange of experiences
Activity 2	Identifying personal learning goals

Round 2

Session 4 Group training

Activity 1	Feedback/ SMP-DSI
Activity 2	Practicing step 3, support in making an action plan
Activity 3	SMP-DSI in complex situations
Activity 4	*Practicing how to open up information for DSI older clients
Activity 5	Practicing step 3 Plan and step 5 Evaluation
Activity 6	Home assignments (SMP-DSI)
Activity 7	Identifying personal learning goals

Session 5 Individual coaching

Activity 1	Feedback - home assignments
Activity 2	Identifying personal learning goals

Session 6 Group supervision

Activity 1	Exchange of experiences
Activity 2	Identifying personal learning goals

Round 3

Session 7 Group training

Activity 1	Feedback/SMP-DSI steps/shared decision making
Activity 2	Self-management- key issues
Activity 3	Traps when using SMP-DSI
Activity 4	*Experiencing ADL and IADL needs of DSI older adults
Activity 5	*Environmental alterations to meet DSI-needs
Activity 6	Practicing the SMP-DSI in challenging situations
Activity 7	Identifying personal learning goals

Session 8 Individual coaching

Activity 1	Feedback - home assignment
Activity 2	Identifying personal learning goals

Session 9 Group supervision

Activity 1	Exchange of experiences
Activity 2	Closing

*Specific dual sensory impaired related training

Home assignments
1. Communication adjustment
Ask the older person to describe what/how he sees the environment, what/how he hears the environment.
Ask the older adult to give you feedback on your speech (check distance, lighting, etc).
Make a list of communication tips and ask the older adult if they are correct.

2. SMP-DSI
Did the older adult express a whish or problem? Start with step 1 of the SMP-DSI.
Was it not possible to observe a whish or problem? Ask the older adult if there is anything he wants to change, he longs for. Start with step 1 of the SMP-DSI.