

**Appendix 1: Overview on unit costs for resource utilization and productivity losses**

Physician	general physician	20.06 €/ contact
	internist	65.44 €/ contact
	gynecologist	30.13 €/ contact
	surgeon	43.39 €/ contact
	orthopedist	25.42 €/ contact
	urologist	24.70 €/ contact
	ear, nose and throat specialist	26.40 €/ contact
	ophthalmologist	34.78 €/ contact
	dermatologist	18.89 €/ contact
	neurologist	44.72 €/ contact
	psychotherapist	78.08 €/ contact
	other outpatient physician contacts	40.06 €/ contact
	dentist	55.87 €/ contact
Hospital	outpatient	40.06 €/ contact
	inpatient	593.04€/ day
Rehabilitation	outpatient	37.48 €/ day
	inpatient	121.85 €/ day
Medication	pharmacy retail prices from the Scientific Institute of the AOK health care insurance based on pharmaceutical identification number and dosage [25]	
Indirect costs	early retirement	36,103 €/ year <sup>34</sup>
	sick leave days	170.86 €/ day * <sup>34, 35</sup>

\* €36,103 divided by the number of effective working days (211.3 days)