Appendix A-E

Table of contents for PROMIS short forms and item banks

Appendix A: Pain	Page 2
Appendix B: Fatigue	Page 15
Appendix C: Negative Affect	Page 29
Appendix D: Physical Function	Page 42
Appendix E: Social Function	Page 59

Appendix A

PROMIS Pain Interference

In these studies, we analyzed slightly different forms of the PROMIS Pain Interference instrument. For the COPD, Back Pain, and Depression studies, we analyzed the CAT v1.0 version, which adaptively selects items from the 1.0 bank. For the Rheumatoid Arthritis study, we administered the Short Form v1.0 6b. For the Cancer study, we administered a unique 10-item short form. All of the items in both of these short forms were also in the bank; because the items were calibrated together, T-scores obtained from any version (CAT and short-form) are comparable.

PROMIS Pain Behavior

For PROMIS Pain Behavior, we exclusively administered the CAT v1.0 version. Studies that measured pain behavior were COPD, Back Pain, and Depression.

Instruments included in this Appendix:

PROMIS Short Form v1.0 – Pain Behavior 7a PROMIS Item Bank v1.0 – Pain Behavior PROMIS Short Form v1.0 – Pain Interference 6b PROMIS Item Bank v1.1 – Pain Interference*

We recommend the use of the two short forms above. Users interested in CAT versions or for additional questions, please visit <u>www.assessmentcenter.net</u>.

Pain Interference items administered in the Cancer study are in marked with an asterisk () next to the variable name. Version 1.1 differs from version 1.0 by a single item that was removed for proprietary reasons. This item, PAININ39, was also included in the Cancer study short form.

Pain Behavior – Short Form 7a

Please respond to each item by marking one box per row.

	In the past 7 days	Had no Pain	Never	Rarely	Sometimes	Often	Always
PAINBE2	When I was in pain I became irritable			3		□ 5	6
PAINBE3	When I was in pain I grimaced		2	\square		5	— 6
PAINBE8	When I was in pain I moved extremely slowly			□ 3		□ 5	— 6
PAINBE24	When I was in pain I moved stiffly		□2	 3	— 4	□ 5	— 6
PAINBE25	When I was in pain I called out for someone to help me		2 2	3	— 4	5	— 6
PAINBE37	When I was in pain I isolated myself from others			□	\square ₄	□ 5	— 6
PAINBE45	When I was in pain I thrashed			\square	\square 4	□ 5	

Pain Behavior – Calibrated Items

Please respond to each item by marking one box per row.

	In the past 7 days	Had no Pain	Never	Rarely	Sometimes	Often	Always
PAINBE2	When I was in pain I became irritable		□ 2	3	4	□5	6
PAINBE3	When I was in pain I grimaced		□ 2	□	4	□ 5	— 6
PAINBE6	When I was in pain I would lie down		□2	\square	\square	□ 5	□ 6
PAINBE8	When I was in pain I moved extremely slowly		2	□	4	5	— 6
PAINBE9	When I was in pain I became angry		2 2	□ 3		 5	□6
PAINBE11	When I was in pain I clenched my teeth		2 2	□	□ 4	□ 5	— 6
PAINBE13	When I was in pain I tried to stay very still		□2	□	\square	□5	— 6
PAINBE16	When I was in pain I appeared upset or sad	□ 1	2	□	4	— 5	— 6
PAINBE17	When I was in pain I gasped		2 2	□ 3	— 4	□ 5	□ 6

© 2008-2015 PROMIS Health Organization and PROMIS Cooperative Group Pa

Page 1 of 5

	In the past 7 days	Had no Pain	Never	Rarely	Sometimes	Often	Always
PAINBE18	When I was in pain I asked for help doing things that needed to be done			\square	\square 4	□ 5	□ 6
PAINBE21	When I was in pain it showed on my face (squinting eyes, opening eyes wide, frowning)		2 2		— 4	□5	— 6
PAINBE22	Pain caused me to bend over while walking		□2	3		5	— 6
PAINBE23	When I was in pain I asked one or more people to leave me alone		□2	3	\square	5	— 6
PAINBE24	When I was in pain I moved stiffly	□ 1	□ 2		4	— 5	— 6
PAINBE25	When I was in pain I called out for someone to help me		□2		□4	5	— 6
PAINBE26	Pain caused me to curl up in a ball		2 2	□ 3	4	5	— 6
PAINBE27	I had pain so bad it made me cry	\square	□ 2	\square	□ 4	□ 5	— 6
PAINBE28	When I was in pain I squirmed			3		5	□ 6

	In the past 7 days	Had no Pain	Never	Rarely	Sometimes	Often	Always
PAINBE29	When I was in pain I used a cane or something else for support		□ 2	□ 3	□ 4	□ 5	6
PAINBE31	I limped because of pain		□2	3	□4	□ 5	— 6
PAINBE32	When I was in pain I became quiet and withdrawn		2		4	5	— 6
PAINBE33	When I was in pain I frowned		2	\square	□4	5	— 6
PAINBE34	When I was in pain I asked for help when walking or changing positions		2	□ 3	\Box ₄	5	— 6
PAINBE35	When I was in pain I groaned		2 2	 3	4	— 5	— 6
PAINBE37	When I was in pain I isolated myself from others		□2	3	\square 4	□ 5	— 6
PAINBE38	When I was in pain I drew my knees up		□2	 3	\square	□ 5	— 6
PAINBE39	When I was in pain I moaned, whined or whimpered		□ 2	□ 3	\square	□5	□ 6

	In the past 7 days	Had no Pain	Never	Rarely	Sometimes	Often	Always
PAINBE40	When I was in pain I flung my arms or limbs around		□ 2		— 4	5	— 6
PAINBE41	When I was in pain I screamed			\square 3	\square ₄	5	\Box_6
PAINBE42	When I was in pain my upper body would tense up			□ 3	\square ₄	□ 5	□6
PAINBE43	When I was in pain I walked carefully		□ 2	3	\square	□5	— 6
PAINBE44	When I was in pain I bit or pursed my lips		2	□	— 4	□5	— 6
PAINBE45	When I was in pain I thrashed		□ 2	□	4	— 5	□ 6
PAINBE46	When I was in pain I protected the part of my body that hurt		□2	3	□4	□ 5	— 6
PAINBE47	When I was in pain my body became stiff		□2	3	□	□ 5	— 6
PAINBE48	When I was in pain I clenched my jaw or gritted my teeth		□2	□	\square 4	□5	— 6

Page 4 of 5

	In the past 7 days	Had no Pain	Never	Rarely	Sometimes	Often	Always
PAINBE49	When I was in pain I winced	\square 1	□2	\square 3	— 4	□5	□6
PAINBE50	When I was in pain I moved my limbs protectively		2 2		□4	5	— 6
PAINBE51	When I was in pain I avoided physical contact with others		□ 2	□ 3	□4	□ 5	— 6

Pain Interference – Short Form 6b

Please respond to each item by marking one box per row.

		Not at all	A little bit	Somewhat	Quite a bit	Very much
PAININ3	How much did pain interfere with your enjoyment of life?					5
PAININ8	How much did pain interfere with your ability to concentrate?		2	\square 3	— 4	5
PAININ9	How much did pain interfere with your day to day activities?		2 2	□ 3	□ 4	— 5
PAININ10	How much did pain interfere with your enjoyment of recreational activities?		□2	□ 3	□ 4	5
PAININ14	How much did pain interfere with doing your tasks away from home (e.g., getting groceries, running errands)?		□ 2	□ 3	□ 4	□ 5
	In the past 7 days	Never	Rarely	Sometimes	Often	Always
PAININ26	How often did pain keep you from socializing with others?		2 2	 3		□5

Pain Interference

Please respond to each item by marking one box per row.

		Not at all	A little bit	Somewhat	Quite a bit	Very much
PAININ1	How difficult was it for you to take in new information because of pain?	[] 1	2	3	4	5
PAININ3*	How much did pain interfere with your enjoyment of life?		2 2	3	4	5
PAININ5*	How much did pain interfere with your ability to participate in leisure activities?		2 2		□4	□ 5
PAININ6	How much did pain interfere with your close personal relationships?		2	 3	4	5
PAININ8*	How much did pain interfere with your ability to concentrate?	□ 1	2	3	4	□5
PAININ9*	How much did pain interfere with your day to day activities?	— 1	2	3	— 4	5
PAININ10	How much did pain interfere with your enjoyment of recreational activities?		2 2	 3		□5

	F	Not at all	A little bit	Somewhat	Quite a bit	Very much
PAININ11	How often did you feel emotionally tense because of your pain?		2	3	4	5
PAININ12	How much did pain interfere with the things you usually do for fun?			□ 3	4	□ 5
PAININ13	How much did pain interfere with your family life?		2	3	4	5
PAININ17	How much did pain interfere with your relationships with other people?		2 2	3	— 4	 5
PAININ18*	How much did pain interfere with your ability to work (include work at home)?		2	□ 3	□ 4	5
PAININ19	How much did pain make it difficult to fall asleep?		2	 3	□ 4	5
PAININ20	How much did pain feel like a burden to you?		2 2	3		□ 5
PAININ22	How much did pain interfere with work around the home?			 3	4	□ 5

	• •	Not at all	A little bit	Somewhat	Quite a bit	Very much
PAININ31	How much did pain interfere with your ability to participate in social activities?		2 2	□	□4	□5
PAININ34	How much did pain interfere with your household chores?		2 2	3	— 4	□ 5
PAININ35	How much did pain interfere with your ability to make trips from home that kept you gone for more than 2 hours?		2 2	3	□ 4	5
PAININ36	How much did pain interfere with your enjoyment of social activities?		2 2	3	□ 4	5
PAININ48	How much did pain interfere with your ability to do household chores?		2 2	3	4	□5
PAININ49	How much did pain interfere with your ability to remember things?		2 2	3	4	□5
PAININ56	How irritable did you feel because of pain?		2 2	□ 3	4	□ 5
PAININ14	How much did pain interfere with doing your tasks away from home (e.g., getting groceries, running errands)?		2 2	□ 3	□ 4	□ 5

	In the pust / dayste	Never	Rarely	Sometimes	Often	Always
PAININ16	How often did pain make you feel depressed?		□2	 3	\square	□5
PAININ24	How often was pain distressing to you?			\square 3	\Box	□ 5
PAININ26	How often did pain keep you from socializing with others?		2		4	5
PAININ29*	How often was your pain so severe you could think of nothing else?		□2	□ 3	□4	5
PAININ32*	How often did pain make you feel discouraged?		□2	\square 3		□ 5
PAININ37*	How often did pain make you feel anxious?		□2	□ 3	□ 4	□ 5
PAININ38	How often did you avoid social activities because it might make you hurt more?		□2		□ 4	— 5
PAININ40	How often did pain prevent you from walking more than 1 mile?		□2	\square 3	\square	□ 5
PAININ42	How often did pain prevent you from standing for more than one hour?		□2	□	\Box_4	□5

		Never	Rarely	Sometimes	Often	Always
PAININ46*	How often did pain make it difficult for you to plan social activities?		\square ₂	\square ₃	☐ 4	□5
PAININ47	How often did pain prevent you from standing for more than 30 minutes?		\square ₂	□ 3	□ 4	□ 5
PAININ50	How often did pain prevent you from sitting for more than 30 minutes?		□2	□	— 4	5
PAININ51	How often did pain prevent you from sitting for more than 10 minutes?		\square ₂] 3	□ 4	5
PAININ52	How often was it hard to plan social activities because you didn't know if you would be in pain?		□2	□3	— 4	5
PAININ53	How often did pain restrict your social life to your home?		□2	□ 3	— 4	5
PAININ55	How often did pain prevent you from sitting for more than one hour?		\square ₂	\square	\square ₄	□5
	In the past 7 days	Never	Once a week or less	Once every few days	Once a day	Every few hours
PAININ54	How often did pain keep you from getting into a standing position?		\square	\square	4	□5

Appendix B

PROMIS Fatigue

In these studies, we analyzed slightly different forms of the PROMIS Fatigue instrument. For the COPD, Back Pain, Depression,, and CHF studies, we analyzed the CAT v1.0 version, which adaptively selects items from the 1.0 bank. For the Rheumatoid Arthritis and Cancer studies, we administered the Short Form 7a.

Instruments included in this Appendix:

PROMIS Short Form v1.0 – Fatigue 7a

PROMIS Item Bank v1.0 – Fatigue

We recommend the use of the short form above. Users interested in CAT versions or for additional questions, please visit <u>www.assessmentcenter.net</u>.

Fatigue - Short Form 7a

Please respond to each question by marking one box per row.

-		Never	Rarely	Sometimes	Often	Always
FATEXP20	How often did you feel tired?		\square_2		\square 4	□ 5
FATEXP5	How often did you experience extreme exhaustion?		\square_2		\square 4	□ 5
FATEXP18	How often did you run out of energy?		\square		\Box 4	□ 5
FATIMP33	How often did your fatigue limit you at work (include work at home)?		\square_2	\square 3	\square	□ 5
FATIMP30	How often were you too tired to think clearly?		\square_2	\square 3	\Box 4	5
FATIMP21	How often were you too tired to take a bath or shower?		\square_2	\square 3	\square 4	□ 5
FATIMP40	How often did you have enough energy to exercise strenuously?	□ 5	\square 4		□ 2	

Fatigue – Calibrated Items

Please respond to each item by marking one box per row.

		Never	Rarely	Sometimes	Often	Always
FATEXP02	How often did you feel run-down?		\square	3	\square 4	 5
FATEXP05	How often did you experience extreme exhaustion?		2		\Box 4	— 5
FATEXP06	How often did you feel tired even when you hadn't done anything?		2		\Box 4	 5
FATEXP07	How often did you feel your fatigue was beyond your control?		2		\Box 4	— 5
FATEXP16	How often were you sluggish?		□2		\square	□ 5
FATEXP18	How often did you run out of energy?		2		\Box 4	 5
FATEXP19	How often were you physically drained?		□2		\Box 4	□5
FATEXP20	How often did you feel tired?		\square		\square 4	5

	in the pust / days	Never	Rarely	Sometimes	Often	Always
FATEXP22	How often were you bothered by your fatigue?		2	□ 3	\square 4	— 5
FATEXP24	How often did you have enough energy to enjoy the things you do for fun?	 5	\Box 4	□ 3	□2	
FATEXP26	How often were you too tired to enjoy life?		□2	□	\Box 4	□5
FATEXP28	How often were you too tired to feel happy?		□2		\square	□ 5
FATEXP29	How often did you feel totally drained?		□ 2	3	\square	5
FATEXP31	How often were you energetic?	□5	\Box 4		□ 2	
FATEXP48	How often did you find yourself getting tired easily?		2		\Box 4	□5
FATEXP49	How often did you think about your fatigue?			□ 3		5
FATEXP54	How often did you have physical energy?	□ 5	— 4	□ 3	□2	

	in the past 7 days	Never	Rarely	Sometimes	Often	Always
FATIMP03	How often did you have to push yourself to get things done because of your fatigue?		□2		\square 4	□ 5
FATIMP04	How often did your fatigue interfere with your social activities?	□ 1	□2		— 4	5
FATIMP05	How often were you less effective at work due to your fatigue (include work at home)?		□2	□ 3	\Box 4	5
FATIMP06	How often did your fatigue make you feel slowed down in your thinking?	□ 1	□2	□ 3	\Box 4	5
FATIMP08	How often were you too tired to watch television?		□2	□ 3	□4	□5
FATIMP09	How often did your fatigue make it difficult to plan activities ahead of time?		□2	□ 3	□ 4	5
FATIMP10	How often did your fatigue make it difficult to start anything new?		2 2	□ 3	\Box 4	□ 5
FATIMP11	How often did your fatigue make you more forgetful?		□2		\square 4	— 5

		Never	Rarely	Sometimes	Often	Always
FATIMP13	How often were you too tired to do errands?		□2	□ 3	\square	5
FATIMP14	How often did your fatigue make it difficult to organize your thoughts when doing things at work (include work at home)?		2		\Box 4	— 5
FATIMP15	How often did your fatigue interfere with your ability to engage in recreational activities?		□ 2	□ 3	\square 4	□ 5
FATIMP16	How often did you have trouble finishing things because of your fatigue?		\square ₂	□ 3	\square 4	□ 5
FATIMP17	How often did your fatigue make it difficult to make decisions?		2		4	5
FATIMP18	How often did you have to limit your social activities because of your fatigue?		2 2	□ 3	\Box 4	— 5

	In the past 7 days	Never	Rarely	Sometimes	Often	Always
FATIMP19	How often were you too tired to do your household chores?			3	\square 4	5
FATIMP20	How often did your fatigue make you feel less alert?	1	□2	 3	\square ₄	5
FATIMP21	How often were you too tired to take a bath or shower?		\square_2		\square 4	□5
FATIMP22	How often did your fatigue make it difficult to organize your thoughts when doing things at home?		□2		\Box 4	5
FATIMP24	How often did you have trouble starting things because of your fatigue?	□ 1	2	3	\Box 4	5
FATIMP25	How often was it an effort to carry on a conversation because of your fatigue?		\square ₂	□ 3	\square ₄	5
FATIMP26	How often were you too tired to socialize with your family?		□2	□ 3	\Box 4	5
FATIMP29	How often were you too tired to leave the house?		2	 3	\square 4	5

ſ		Never	Rarely	Sometimes	Often	Always
FATIMP30	How often were you too tired to think clearly?	□ 1	□ 2	□ 3	\square 4	□ 5
FATIMP33	How often did your fatigue limit you at work (include work at home)?		□ 2	□ 3	\square 4	□ 5
FATIMP40	How often did you have enough energy to exercise strenuously?	 5	\Box 4		□2	
FATIMP42	How often were you less effective at home due to your fatigue?		2	□ 3	4	5
FATIMP53	How often were you too tired to take a short walk?		2		4	□5
FATIMP55	How often did you have to force yourself to get up and do things because of your fatigue?		2	□ 3	\Box 4	□5
FATIMP56	How often were you too tired to socialize with your friends?		2 2	□3	\square	□5

	7	Not at all	A little bit	Somewhat	Quite a bit	Very much
AN1	I feel listless ("washed out")		2 2	 3	— 4	 5
AN2	I feel tired			□ 3	□4	□5
AN3	I have trouble <u>starting</u> things because I am tired	— 1	2 2	 3	□ 4	 5
AN4	I have trouble finishing things because I am tired		2 2	3	□ 4	 5
AN5	I have energy	5	□ 4	□	2 2	
AN7	I am able to do my usual activities	5	\square 4		2 2	
AN8	I need to sleep during the day		2 2	□ 3	4	□5
AN12	I am too tired to eat		□2	\square 3	\square 4	□5
AN14	I need help doing my usual activities		2 2	□	□4	□5
AN15	I am frustrated by being too tired to do the things I want to do		2		\square 4	5

		Not at all	A little bit	Somewhat	Quite a bit	Very much
AN16	I have to limit my social activity because I am tired		2 2	□ 3	□ 4	5
FATEXP12	To what degree did you feel tired even when you hadn't done anything?		2 2			□ 5
FATEXP13	How bushed were you on average?			□ 3		□5
FATEXP21	How fatigued were you when your fatigue was at its worst?					□5
FATEXP34	How tired did you feel on average?					5
FATEXP35	How much were you bothered by your fatigue on average?					5
FATEXP36	How exhausted were you on average?		2 2	□ 3		□ 5
FATEXP38	How fatigued were you on the day you felt most fatigued?		2 2	□ 3		□5

	• •	Not at all	A little bit	Somewhat	Quite a bit	Very much
FATEXP40	How fatigued were you on average?		2	□	— 4	□5
FATEXP41	How run-down did you feel on average?		2 2	□ 3	□ 4	□ 5
FATEXP42	How much mental energy did you have on average?	— 5	□ 4	 3	□ 2	
FATEXP43	How physically drained were you on average?	□ 1	2	3	— 4	□5
FATEXP44	How energetic were you on average?	5	— 4	3		
FATEXP45	How sluggish were you on average?		2 2	□	\square 4	5
FATEXP50	How fatigued were you on the day you felt least fatigued?		2 2	 3	□ 4	□5
FATEXP51	How easily did you find yourself getting tired on average?		2		— 4	5
FATEXP52	How wiped out were you on average?		2 2	— 3		□ 5

	in the past 7 days	Not at all	A little bit	Somewhat	Quite a bit	Very much
FATIMP01	To what degree did you have to push yourself to get things done because of your fatigue?		2 2	3	— 4	5
FATIMP02	To what degree did your fatigue make you feel slowed down in your thinking?		□ 2	□ 3	□ 4	□ 5
FATIMP27	To what degree did you have trouble starting things because of your fatigue?			3	□ 4	□5
FATIMP28	How hard was it for you to carry on a conversation because of your fatigue?		2		— 4	5
FATIMP34	To what degree did you have to limit your social activities because of your fatigue?		2	□	□ 4	5
FATIMP35	To what degree did your fatigue make it difficult to organize your thoughts when doing things at home?		2		— 4	5
FATIMP36	To what degree did your fatigue make it difficult to start anything new?		□2			— 5

	in the past / days	Not at all	A little bit	Somewhat	Quite a bit	Very much
FATIMP37	Due to your fatigue were you less effective at work (include work at home)?		2		— 4	5
FATIMP38	To what degree did your fatigue make it difficult to make decisions?		2	 3	— 4	□5
FATIMP43	To what degree did your fatigue make it difficult to organize your thoughts when doing things at work (include work at home)?		2	3	□ 4	□ 5
FATIMP44	To what degree did your fatigue make you more forgetful?		2	3	— 4	5
FATIMP45	To what degree did your fatigue interfere with your ability to engage in recreational activities?		2 2	□ 3	— 4	5
FATIMP47	To what degree did you have to force yourself to get up and do things because of your fatigue?		2 2	□ 3	□ 4	5
FATIMP48	To what degree did your fatigue interfere with your social activities?		□2	□ 3	— 4	5

	in the past / days	Not at all	A little bit	Somewhat	Quite a bit	Very much
FATIMP49	To what degree did your fatigue interfere with your physical functioning?		2 2	3	□ 4	□5
FATIMP50	Did fatigue make you less effective at home?		2 2	□	□ 4	5
FATIMP51	To what degree did you have trouble finishing things because of your fatigue?		2 2	3	4	5
FATIMP52	To what degree did your fatigue make you feel less alert?		2 2	3	□ 4	5
HI7	I feel fatigued	\square	2	3	— 4	□5
HI12	I feel weak all over		2	3	\square	5
	In the past 7 days	None	1 day	2-3 days	4-5 days	6-7 days
FATEXP46	On how many days was your fatigue worse in the morning?		2 2	 3	□ 4	5
		None	Mild	Moderate	Severe	Very severe
FATEXP56	What was the level of your fatigue on most days?		2	3		5

Appendix C

PROMIS Negative Affect (Depression, Anxiety, Anger)

In these studies, we analyzed slightly different forms of the PROMIS negative affect instruments. For the COPD, Back Pain, Depression, and CHF studies, we analyzed the CAT v1.0 version, which adaptively selects items from the 1.0 bank. For the Cancer study, we administered unique short forms. All of the items in both of these short forms were also in the bank; because the items were calibrated together, T-scores obtained from any version (CAT and short-form) are comparable.

Instruments included in this Appendix:

PROMIS Short Form v1.1 – Anger 5a

PROMIS Item Bank v1.1 - Anger

PROMIS Short Form v1.0 - Anxety 8a

PROMIS Item Bank v1.0 - Anxiety*

PROMIS Short Form v1.0 – Depression 8a

PROMIS Item Bank v1.0 - Depression*

The short forms listed above are recommended. Users interested in CAT versions or for additional questions, please visit <u>www.assessmentcenter.net</u>.

Items administered in the Cancer study are in marked with an asterisk () next to the variable name.

Anger – Short Form 5a

Please respond to each item by marking one box per row.

	In the past 7 days	Never	Rarely	Sometimes	Often	Always
EDANG03	I was irritated more than people knew		2	3	\square 4	5
EDANG09	I felt angry		2	3	\square 4	5
EDANG15	I felt like I was ready to explode		2	— 3	\square	 5
EDANG30	I was grouchy		2	3	\square	5
EDANG35	I felt annoyed		2	 3	\square	5

Anger - Calibrated Items

Please respond to each item by marking one box per row.

		Never	Rarely	Sometimes	Often	Always
EDANG01	When I was frustrated, I let it show	□ 1	2	3	\square 4	5
EDANG03	I was irritated more than people knew		\square ₂	□ 3	\square	□ 5
EDANG04	I felt envious of others		\square ₂	 3	\square	5
EDANG05	I disagreed with people		\square ₂	 3	\square	5
EDANG09	I felt angry		\square ₂	□ 3	\square 4	5
EDANG10	When I was mad at someone, I gave them the silent treatment		2		4	□5
EDANG11	I felt like breaking things		\square ₂	□ 3	\square	□5
EDANG15	I felt like I was ready to explode		□2		\square 4	5
EDANG16	When I was angry, I sulked				\Box 4	5

	In the past 7 days	Never	Rarely	Sometimes	Often	Always
EDANG17	I felt resentful when I didn't get my way		2	3	\square 4	5
EDANG18	I felt guilty about my anger		\square ₂		\square 4	□ 5
EDANG21	I felt bitter about things		\square ₂		\square 4	5
EDANG22	I felt that people were trying to anger me		2	□ 3	— 4	5
EDANG26	I held grudges towards others		\square ₂	□ 3	\Box	5
EDANG30	I was grouchy	\square	\square ₂	\square 3	\square 4	5
EDANG31	I was stubborn with others		□ 2	□ 3	\square 4	5
EDANG35	I felt annoyed		\square		\square	5
EDANG37	I had a bad temper		\square_2		\square 4	□ 5
EDANG42	I had trouble controlling my temper	\square	\square ₂	□ 3	\square 4	□ 5

	In the past 7 days	Never	Rarely	Sometimes	Often	Always
EDANG48	I felt like I needed help for my anger		2	3		5
EDANG55	I felt like yelling at someone		2	 3	\square	□5
	In the past 7 days	Not at all	A little bit	Somewhat	Quite a bit	Very Much
EDANG56	Just being around people irritated me		2	3		

Anxiety – Short Form 8a

Please respond to each question or statement by marking one box per row.

	in the past / days	Never	Rarely	Sometimes	Often	Always
EDANX01 1	I felt fearful	□ 1	2	3	4	5
EDANX40 2	I found it hard to focus on anything other than my anxiety	\square 1	\square ₂	□ 3	\Box 4	□5
EDANX41 3	My worries overwhelmed me	\square	2	3	\square 4	5
EDANX53 4	I felt uneasy	\square	2	3	\square 4	5
EDANX46 5	I felt nervous	\square	2	3	\square 4	5
EDANX07 6	I felt like I needed help for my anxiety	\square	2	3	\square 4	5
EDANX05 7	I felt anxious	□ 1	2	3	4	5
EDANX54 8	I felt tense	\square	\square 2	3	\square	5

Anxiety – Calibrated Items

Please respond to each item by marking one box per row.

		Never	Rarely	Sometimes	Often	Always
EDANX01	I felt fearful	\square	□ 2	 3	\square 4	5
EDANX02	I felt frightened	\square	□2	□ 3	\Box 4	□5
EDANX03	It scared me when I felt nervous		□ 2	3	\square	5
EDANX05*	I felt anxious	\square 1	□ 2	3	\square	5
EDANX07	I felt like I needed help for my anxiety	\square 1	2	 3	\square	5
EDANX08	I was concerned about my mental health		□2		\Box 4	□ 5
EDANX12	I felt upset		□ 2		\square 4	□5
EDANX13	I had a racing or pounding heart		□ 2	3	\square	5
EDANX16	I was anxious if my normal routine was disturbed		□2		\Box 4	□ 5

		Never	Rarely	Sometimes	Often	Always
EDANX18	I had sudden feelings of panic		2	□ 3	\square 4	5
EDANX20*	I was easily startled		□2	□ 3	\Box 4	□ 5
EDANX21	I had trouble paying attention				\Box	□ 5
EDANX24	I avoided public places or activities			□ 3	\square	□ 5
EDANX26	I felt fidgety	\square	□2	□ 3	\square	□ 5
EDANX27*	I felt something awful would happen	\square	2		\square	□ 5
EDANX30*	I felt worried	\square	□ 2		\square 4	□5
EDANX33	I felt terrified	\square	□ 2		\square	□5
EDANX37	I worried about other people's reactions to me		\square_2	□ 3	\square	□ 5
EDANX40	I found it hard to focus on anything other than my anxiety		□2	□	\Box 4	□5

,	In the past / days	Never	Rarely	Sometimes	Often	Always
EDANX41*	My worries overwhelmed me	\square	2	3	\square 4	5
EDANX44	I had twitching or trembling muscles		□ 2	□ 3	\Box 4	□5
EDANX46	I felt nervous		□2		\square 4	□5
EDANX47*	I felt indecisive	\square	\square	3	\square 4	5
EDANX48	Many situations made me worry		\square	3	\square	 5
EDANX49	I had difficulty sleeping		□2		\square 4	□ 5
EDANX51*	I had trouble relaxing	\square 1	\square	\square 3	\Box 4	□ 5
EDANX53	I felt uneasy		\square ₂		\Box 4	□ 5
EDANX54	I felt tense		\square ₂	 3	\Box 4	 5
EDANX55	I had difficulty calming down	\square	□ 2	\square	\Box	□5

PROMIS Item Bank v1.0 - Depression-Short Form 8a

Depression – Short Form 8a

Please respond to each question or statement by marking one box per row.

	In the past 7 days	Never	Rarely	Sometimes	Often	Always
EDDEP04 1	I felt worthless	□ 1	2	3	4	5
EDDEP06 2	I felt helpless	\square	\square	 3	\square 4	5
EDDEP29 3	I felt depressed		2	3	4	5
EDDEP41 4	I felt hopeless	□ 1	\square 2	 3	4	5
EDDEP22 5	I felt like a failure	\square	2		\square 4	 5
EDDEP36 6	I felt unhappy	\square	\square		\square	□ 5
EDDEP05 7	I felt that I had nothing to look forward to.	\square	\square 2		4	5
EDDEP09 8	I felt that nothing could cheer me up	\square	\square 2		\square 4	5

Depression – Calibrated Items

Please respond to each item by marking one box per row.

		Never	Rarely	Sometimes	Often	Always
EDDEP04	I felt worthless	\square 1	2	3	\square 4	5
EDDEP05	I felt that I had nothing to look forward to		□ 2	□ 3	\square	□ 5
EDDEP06	I felt helpless		\square ₂	\square 3	\square	□ 5
EDDEP07	I withdrew from other people	\square	\square ₂		\square 4	□5
EDDEP09	I felt that nothing could cheer me up			□ 3	\Box 4	□5
EDDEP14	I felt that I was not as good as other people		□ 2	□ 3	\square	□ 5
EDDEP17	I felt sad	\square	\square ₂		\Box 4	□5
EDDEP19	I felt that I wanted to give up on everything		\square	□ 3	\Box 4	□5
EDDEP21	I felt that I was to blame for things		\square	□ 3	\square 4	5

PROMIS Item Bank v. 1.0 - Depression

		Never	Rarely	Sometimes	Often	Always
EDDEP22	I felt like a failure				\square 4	5
EDDEP23	I had trouble feeling close to people		\square] 3	\square 4	 5
EDDEP26	I felt disappointed in myself		\square ₂		\square 4	5
EDDEP27	I felt that I was not needed		□2	 3	\square 4	5
EDDEP28	I felt lonely		\square ₂	□ 3	\square 4	5
EDDEP29	I felt depressed				\square 4	5
EDDEP30	I had trouble making decisions		\square		\square 4	5
EDDEP31	I felt discouraged about the future		\square ₂	 3	\square	5
EDDEP35	I found that things in my life were overwhelming		□ 2	□ 3	\square 4	□ 5
EDDEP36	I felt unhappy		\square	□ 3	\Box 4	5
EDDEP39	I felt I had no reason for living		\square ₂		\square 4	5

		Never	Rarely	Sometimes	Often	Always
EDDEP41	I felt hopeless			3	\square	5
EDDEP42	I felt ignored by people		□ 2		\square 4	5
EDDEP44	I felt upset for no reason		□ 2	□ 3	\square 4	5
EDDEP45	I felt that nothing was interesting		□ 2		\square 4	□ 5
EDDEP46	I felt pessimistic		\square	□ 3	\square 4	5
EDDEP48	I felt that my life was empty		\square ₂		\square	5
EDDEP50	I felt guilty		□ 2	□ 3	\Box	5
EDDEP54	I felt emotionally exhausted	□ 1	□ 2	 3	\square 4	5

Appendix D

PROMIS Physical Function

In these studies, we analyzed slightly different forms of the PROMIS Physical Function instrument. For the COPD, Back Pain, and Depression studies, we analyzed the CAT v1.0 version, which adaptively selects items from the 1.0 bank. For the Rheumatoid Arthritis study, we administered the Short Form v1.0 10a. For the Cancer study, we administered a unique 10-item short form. All of the items in both of these short forms were also in the bank; because the items were calibrated together, Tscores obtained from any version (CAT and short-form) are comparable.

Instruments included in this Appendix:

PROMIS Short Form v1.0 – Physical Function 10a

PROMIS Item Bank v1.2 - Physical Function*

We recommend the use of the short form. Users interested in CAT versions or for additional questions, please visit <u>www.assessmentcenter.net</u>.

Physical Function items administered in the Cancer study are in marked with an asterisk () next to the variable name. The original PROMIS Bank version v1.0 – Physical Function included 124 items after being tested in a diverse sample. Later, during an effort to translate instrument items into multiple languages, translation challenges were identified. Therefore, minor modifications to the English source items were required (e.g., metric equivalents to measurements such as "Over 10 pounds/ 5 kg" were added). These modifications (19 in total) resulted in the creation of a version 1.1 item bank. Later, version 1.2 was created by eliminating three items due to restrictions in their use: PFA7, PFC20, and PFC34.

Physical Function – Short Form 10a

		Not at all	Very little	Somewhat	Quite a lot	Cannot do
PFA01*	Does your health now limit you in doing vigorous activities, such as running, lifting heavy objects, participating in strenuous sports?	5	4	3	2	1
PFC36	Does your health now limit you in walking more than a mile?	5	4	3	2	
PFC37	Does your health now limit you in climbing one flight of stairs?	5	□ 4	3	2 2	
PFA05	Does your health now limit you in lifting or carrying groceries?	5	4	3	2 2	
PFA03	Does your health now limit you in bending, kneeling, or stooping?	□ 5	\square 4	\square 3		\square
		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFA11	Are you able to do chores such as vacuuming or yard work?	any	little	some	much	
PFA11 PFA16		any difficulty	little difficulty	some difficulty	much difficulty	do
	yard work? Are you able to dress yourself, including tying	any difficulty 5	little difficulty 4	some difficulty	much difficulty 2	do
PFA16	yard work? Are you able to dress yourself, including tying shoelaces and doing buttons?	any difficulty 5	little difficulty 4	some difficulty	much difficulty 2	do

Physical Function

Please respond to each item by marking one box per row.

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFA10	Are you able to stand for one hour?	— 5	4	3	2	
PFA11*	Are you able to do chores such as vacuuming or yard work?	 5	— 4	 3	□ 2	
PFA12	Are you able to push open a heavy door?	5	— 4	 3	2	
PFA13	Are you able to exercise for an hour?	5	□4	□ 3	2 2	
PFA14r1	Are you able to carry a heavy object (over 10 pounds/5 kg)?	 5	— 4	 3	□ 2	
PFA15	Are you able to stand up from an armless straight chair?	 5	□ 4	□ 3	□2	
PFA16r1	Are you able to dress yourself, including tying shoelaces and buttoning up your clothes?	 5	□ 4	□ 3	□2	
PFA17	Are you able to reach into a high cupboard?	□ 5				

© 2008-2015 PROMIS Health Organization and PROMIS Cooperative Group

Page 1 of 15

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFA18	Are you able to use a hammer to pound a nail?	— 5	□ 4	□ 3		
PFA19r1	Are you able to run or jog for two miles (3km)?	— 5	4	□	□2	\square 1
PFA20	Are you able to cut your food using eating utensils?	 5	4	 3	□ 2	
PFA21*	Are you able to go up and down stairs at a normal pace?	 5	— 4	□	□2	
PFA22	Are you able to open previously opened jars?	□ 5	□4	□3	□2	
PFA23	Are you able to go for a walk of at least 15 minutes?	— 5	— 4	□	□2	
PFA25	Are you able to do yard work like raking leaves, weeding, or pushing a lawn mower?	 5	— 4	 3	□ 2	
PFA28	Are you able to open a can with a hand can opener?	□ 5	□ 4		□ 2	

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFA29r1	Are you able to pull heavy objects (10 pounds/ 5kg) towards yourself?	5	\square ₄	□ 3	□ 2	
PFA30	Are you able to step up and down curbs?	 5	— 4	\square ₃	□ 2	
PFA31r1	Are you able to get up from the floor from lying on your back without help?	 5	\square ₄	□ 3	□ 2	
PFA32	Are you able to stand with your knees straight?	□ 5	□ 4	□ 3	□ 2	
PFA33	Are you able to exercise hard for half an hour?	□ 5	\square ₄	□ 3	□2	
PFA34	Are you able to wash your back?	□5	— 4	\square	□2	
PFA35	Are you able to open and close a zipper?	□ 5	— 4	□ 3	2	
PFA36	Are you able to put on and take off a coat or jacket?	□ 5	— 4	□ 3	2	
PFA37	Are you able to stand for short periods of time?	□ 5	\square 4	□ 3	□ 2	

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFA38	Are you able to dry your back with a towel?	□ 5	□ 4	□ 3		
PFA39r1	Are you able to run at a fast pace for two miles (3 km)?	 5	— 4	□ 3	□2	
PFA40	Are you able to turn a key in a lock?	— 5		 3	\square ₂	
PFA41	Are you able to squat and get up?	□ 5	4	□ 3	□2	
PFA42	Are you able to carry a laundry basket up a flight of stairs?	 5	□ 4	□ 3	□2	
PFA43	Are you able to write with a pen or pencil?	— 5	□ 4	 3	\square ₂	
PFA44	Are you able to put on a shirt or blouse?	□ 5	☐ 4	□ 3	□2	
PFA45	Are you able to get out of bed into a chair?	 5	\square	□ 3	\square ₂	
PFA47	Are you able to pull on trousers?	— 5	4			

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFA48	Are you able to peel fruit?	5	— 4	3	2 2	
PFA49	Are you able to bend or twist your back?	 5	4] 3	2 2	
PFA50	Are you able to brush your teeth?	□ 5	□ 4	□	□2	
PFA51	Are you able to sit on the edge of a bed?	— 5	4	□3	□2	
PFA52	Are you able to tie your shoelaces?	— 5	□ 4	□		
PFA53*	Are you able to run errands and shop?	5	□4	□	2 2	
PFA54	Are you able to button your shirt?	5	4	□		
PFA55	Are you able to wash and dry your body?	5	4	□	2 2	
PFA56*	Are you able to get in and out of a car?	 5	4	□ 3	2 2	
PFA8	Are you able to move a chair from one room to another?	□ 5			□ 2	

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFA9*	Are you able to bend down and pick up clothing from the floor?	5	4	3	2	
PFB10	Are you able to climb up five steps?	— 5	4	\square 3	□2	
PFB11	Are you able to wash dishes, pots, and utensils by hand while standing at a sink?	5	— 4	 3	□2	
PFB12	Are you able to make a bed, including spreading and tucking in bed sheets?	□5	— 4	□3	□2	
PFB13	Are you able to carry a shopping bag or briefcase?	— 5	□4	□3	□2	
PFB14	Are you able to take a tub bath?	□5	\square ₄	\square ₃	□2	
PFB15	Are you able to change the bulb in a table lamp?	— 5	— 4	□	□2	
PFB16	Are you able to press with your index finger (for example ringing a doorbell)?	□ 5	□ 4	□ 3		

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFB17	Are you able to put on and take off your socks?	— 5	4	3	2	
PFB18	Are you able to shave your face or apply makeup?	5		□ 3		
PFB19	Are you able to squeeze a new tube of toothpaste?	 5	4	□ 3	2	
PFB20	Are you able to cut a piece of paper with scissors?	□5	— 4	□ 3	□2	
PFB21	Are you able to pick up coins from a table top?	□5		□ 3		
PFB22	Are you able to hold a plate full of food?	 5	— 4	□ 3	□ 2	
PFB23	Are you able to pour liquid from a bottle into a glass?	□ 5	\square ₄	□ 3	□ 2	
PFB24	Are you able to run a short distance, such as to catch a bus?	□ 5	□ 4		□ 2	

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFB25	Are you able to push open a door after turning the knob?	□ 5	4	□ 3	2	
PFB26	Are you able to shampoo your hair?	 5	□4	□ 3	□2	
PFB27	Are you able to tie a knot or a bow?	5	□4] 3		
PFB28r1*	Are you able to lift 10 pounds (5 kg) above your shoulder?	□ 5	□ 4	□ 3		
PFB29	Are you able to lift a full cup or glass to your mouth?	5	— 4	□	2 2	
PFB30	Are you able to open a new milk carton?	□5	☐ 4	□	□2	
PFB31	Are you able to open car doors?	□ 5		□	□2	
PFB32	Are you able to stand unsupported for 10 minutes?	□ 5	□ 4	□ 3	2 2	
PFB33	Are you able to remove something from your back pocket?	□ 5	□ 4	□ 3	□ 2	

Page 8 of 15

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFB34	Are you able to change a light bulb overhead?	— 5	\square 4	□ 3		
PFB36	Are you able to put on a pullover sweater?	5	— 4	3	2	
PFB37	Are you able to turn faucets on and off?	5	 4	3	2 2	
PFB39r1	Are you able to reach and get down a 5 pound (2 kg) object from above your head?	 5	□ 4	3		
PFB40	Are you able to stand up on tiptoes?	5	□ 4	□ 3	2 2	
PFB41	Are you able to trim your fingernails?	 5	□ 4	□ 3	□2	
PFB42	Are you able to stand unsupported for 30 minutes?	 5	□ 4	□ 3	2	
PFB56r1	Are you able to lift one pound (0.5 kg) to shoulder level without bending your elbow?	— 5	□ 4	□ 3	□ 2	

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFB8r1	Are you able to carry two bags filled with groceries 100 yards (100 m)?	5	□ 4	 3	□ 2	
PFB9	Are you able to jump up and down?	5		3	2 2	
PFC13r1	Are you able to run 100 yards (100 m)?	5		3	2 2	
PFC29	Are you able to walk up and down two steps?	5	□4	3	2 2	
PFC31	Are you able to reach into a low cupboard?	5	4	3	2 2	
PFC32	Are you able to climb up 5 flights of stairs?	5	4	3	2 2	
PFC33r1	Are you able to run ten miles (16 km)?	5		3	2 2	
PFC38	Are you able to walk at a normal speed?	— 5	— 4	3	2 2	
PFC39	Are you able to stand without losing your balance for several minutes?	— 5	□ 4	□3	□ 2	
PFC40	Are you able to kneel on the floor?	 5	\square 4	□	2 2	

Page 10 of 15

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFC41	Are you able to sit down in and stand up from a low, soft couch?	5	□ 4	 3		
PFC43	Are you able to use your hands, such as for turning faucets, using kitchen gadgets, or sewing?	□ 5	□ 4		□ 2	
PFC45r1	Are you able to sit on and get up from the toilet?	□5	□ 4	□		
PFC46	Are you able to transfer from a bed to a chair and back?	— 5	\square 4			
PFC47	Are you able to be out of bed most of the day?	— 5	\square 4			
PFC49	Are you able to water a house plant?	5	□ 4	 3	2 2	
PFC51	Are you able to wipe yourself after using the toilet?	5	4	 3	2 2	
PFC52	Are you able to turn from side to side in bed?	5		 3	2 2	
PFC53	Are you able to get in and out of bed?	 5	— 4	3	2 2	

Page 11 of 15

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFC6r1	Are you able to walk a block (100 m) on flat ground?	— 5	4	3	2 2	
PFC7r1	Are you able to run five miles (8 km)?	□5	\square 4	\square	□2	
		Not at all	Very little	Somewhat	Quite a lot	Cannot do
PFA1	Does your health now limit you in doing vigorous activities, such as running, lifting heavy objects, participating in strenuous sports?	□5	\square 4	\square ₃	\square_2	
PFA3	Does your health now limit you in bending, kneeling, or stooping?		\square 4	\square 3		
PFA4	Does your health now limit you in doing heavy work around the house like scrubbing floors, or lifting or moving heavy furniture?	□5	\square 4	□ 3	2 2	
PFA5	Does your health now limit you in lifting or carrying groceries?	5	4			
PFA6*	Does your health now limit you in bathing or dressing yourself?	5	□4	3	2 2	

		Not at all	Very little	Somewhat	Quite a lot	Cannot do
PFB1	Does your health now limit you in doing moderate work around the house like vacuuming, sweeping floors or carrying in groceries?	□ 5	□4	□ 3	□2	
PFB3*	Does your health now limit you in putting a trash bag outside?	5	□ 4	 3	□ 2	
PFB43	Does your health now limit you in taking care of your personal needs (dress, comb hair, toilet, eat, bathe)?	5	□ 4	 3	□ 2	
PFB44*	Does your health now limit you in doing moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf?	5	— 4	3	2 2	
PFB48	Does your health now limit you in taking a shower?	 5	□ 4	3	□ 2	
PFB49	Does your health now limit you in going for a short walk (less than 15 minutes)?	5	— 4	 3		
PFB5r1	Does your health now limit you in hiking a couple of miles (3 km) on uneven surfaces, including hills?	— 5	□4	□ 3	□2	
PFB51	Does your health now limit you in participating in active sports such as swimming, tennis, or basketball?	— 5	□ 4		□2	

Page 13 of 15

		Not at all	Very little	Somewhat	Quite a lot	Cannot do
PFB54	Does your health now limit you in going OUTSIDE the home, for example to shop or visit a doctor's office?	□ 5	\square 4		□ 2	
PFB7	Does your health now limit you in doing strenuous activities such as backpacking, skiing, playing tennis, bicycling or jogging?	— 5	□ 4	3	□ 2	
PFC10	Does your health now limit you in climbing several flights of stairs?	— 5	□4	□ 3		
PFC12	Does your health now limit you in doing two hours of physical labor?	5	4		□2	
PFC35	Does your health now limit you in doing eight hours of physical labor?	5	4		□2	
PFC36r1	Does your health now limit you in walking more than a mile (1.6 km)?	— 5	4	3	□ 2	
PFC37	Does your health now limit you in climbing one flight of stairs?	 5	4		2 2	
PFC54	Does your health now limit you in getting in and out of the bathtub?	□ 5	\square 4	□ 3		

	_	Not at all	Very little	Somewhat	Quite a lot	Cannot do
PFC56	Does your health now limit you in walking about the house?	 5	\square 4	□ 3	\square ₂	
		No difficulty at all	A little bit of difficulty	Some difficulty	A lot of difficulty	Can't do because of health
PFB50	How much difficulty do you have doing your daily physical activities, because of your health?	5	□ 4	□ 3	□ 2	

Appendix E

PROMIS Social Health

In this study, CAT versions of the following two instruments were administered:

PROMIS Item Bank v. 1.0 –Satisfaction with Participation in Discretionary Social Activities

PROMIS Item Bank v. 1.0 – Satisfaction with Participation in Social Roles

However, these two item banks have now been merged into one and renamed as:

PROMIS Item Bank v2.0 - Satisfaction with Social Roles and Activities In addition, a second major v2.0 Social Health bank was developed:

PROMIS Item Bank v2.0 - Ability to Participate in Social Roles and Activities Unlike v1.0 banks, the v2.0 banks do not provide the context "In the past 7 days...."

Instruments included in this appendix:

PROMIS SF v2.0 - Ability to Participate Social 8a
PROMIS SF v2.0 - Satisfaction Roles Activities 8a
PROMIS Item Bank v2.0 - Satisfaction with Social Roles and Activities
PROMIS Item Bank v2.0 - Ability to Participate in Social Roles and Activities
PROMIS Item Bank v. 1.0 –Satisfaction with Participation in Discretionary Social Activities
PROMIS Item Bank v. 1.0 –Satisfaction with Participation in Social Roles

We recommend the use of the two v2.0 short forms above. Users interested in CAT versions or for additional questions, please visit <u>www.assessmentcenter.net</u>.

Ability to Participate in Social Roles and Activities – Short Form 8a

		Never	Rarely	Sometimes	Usually	Always
SRPPER11_ CaPS	I have trouble doing all of my regular leisure activities with others	5	\square	3	\square 2	
SRPPER18_ CaPS	I have trouble doing all of the family activities that I want to do	5	\square 4	3	\square ₂	□ 1
SRPPER23_ CaPS	I have trouble doing all of my usual work (include work at home)	5	4	3	2	
SRPPER46_ CaPS	I have trouble doing all of the activities with friends that I want to do	5	\square	3	\square	1
SRPPER15_ CaPS	I have to limit the things I do for fun with others	 5	4	3	\square	
SRPPER28r1	I have to limit my regular activities with friends	5	\square 4	3	\square 2	
SRPPER14r1	I have to limit my regular family activities	5	\square	3	\square	
SRPPER26_ CaPS	I have trouble doing all of the work that is really important to me (include work at home)	□5	\Box 4	— 3	□2	

Satisfaction with Social Roles and Activities – Short Form 8a

		Not at all	A little bit	Somewhat	Quite a bit	Very much
SRPSAT06r1	I am satisfied with my ability to do things for my family					5
SRPSAT33_ CaPS	I am satisfied with my ability to do things for fun with others		2 2	3	\square 4	5
SRPSAT34r1	I feel good about my ability to do things for my friends		2 2	\square		5
SRPSAT49r1	I am satisfied with my ability to perform my daily routines		2 2	3	\Box 4	5
SRPSAT33r1	I am satisfied with my ability to do things for fun outside my home		2	3	\Box	5
SRPSAT46_ CaPS	I am satisfied with my ability to meet the needs of my friends		2	3	4	5
SRPSAT09r1	I am satisfied with my ability to do the work that is really important to me (include work at home)		2 2	3	4	5
SRPSAT45_ CaPS	I am satisfied with my ability to meet the needs of my family			3	\square 4	5

Ability to Participate in Social Roles and Activities – Calibrated Items

r		Never	Rarely	Sometimes	Usually	Always
RP1	I have trouble doing my regular daily work around the house	5	4	3	\square 2	1
RP6	I have trouble meeting the needs of my friends	5	4	3	2	
SRPPER_ CaPS1	I have to limit social activities at home	5	4	3	\square	
SRPPER01 r1	I have trouble meeting the needs of my family	5	\square 4	3	\square	
SRPPER02 r1	I am limited in doing my work (include work at home)	 5	\square 4	\square 3	\square	
SRPPER03 r1	I have to limit social activities outside my home	□ 5	4	3	2	
SRPPER04 _CaPS	I have trouble participating in recreational activities with others	5	4	3	2	
SRPPER05 _CaPS	I have trouble doing everything for my family that I feel I should do	5	4	3	2	
SRPPER06 _CaPS	I have trouble accomplishing my usual work (include work at home)	5	\square 4	\square	\square	
SRPPER07 _CaPS	I have trouble doing all of the family activities that I feel I should do	5	\square 4	3	\square	
SRPPER08 _CaPS	I have trouble doing all of the family activities that are really important to me.	5	\square 4	3	\square	
SRPPER09 _CaPS	I have trouble doing everything for work that I want to do (include work at home).	5	4	3	\square	

		Never	Rarely	Sometimes	Usually	Always
SRPPER11 _CaPS	I have trouble doing all of my regular leisure activities with others	5	4	3	2 2	1
SRPPER13 _CaPS	I have to limit social activities with groups of people	 5	\square	3	2	
SRPPER14 r1	I have to limit my regular family activities	5	4	3	2	
SRPPER15 _CaPS	I have to limit the things I do for fun with others	5	\square 4	3	2	
SRPPER16 r1	I have to do my work for shorter periods of time than usual (include work at home)	5	\Box 4	3	□2	□ 1
SRPPER17 r1	I feel limited in the amount of time I have for my family	5	4	3	\square	
SRPPER18 _CaPS	I have trouble doing all of the family activities that I want to do	 5	4	3	\square ₂	
SRPPER20 _CaPS	I have trouble doing all of the activities with friends that are really important to me	□5	\Box 4	\square 3	□2	
SRPPER21 _CaPS	I have trouble doing all the leisure activities with others that I want to do	5	\square 4	3	\square ₂	
SRPPER22 _CaPS	I have trouble keeping up with my family responsibilities	5	4	3	\square ₂	
SRPPER23 _CaPS	I have trouble doing all of my usual work (include work at home)	 5	\square	3	\square ₂	
SRPPER26 _CaPS	I have trouble doing all of the work that is really important to me (include work at home)	 5	\Box 4	 3	□2	
SRPPER28 r1	I have to limit my regular activities with friends	5		3	\square 2	

		Never	Rarely	Sometimes	Usually	Always
SRPPER31 _CaPS	I have trouble taking care of my regular personal responsibilities	5	4	3	\square	□ 1
SRPPER35 _CaPS	I have trouble doing everything for my friends that I want to do	□5	4	3	\square	
SRPPER36 _CaPS	I have trouble doing all of the activities with friends that I feel I should do	5	4	3	\square 2	— 1
SRPPER37 _CaPS	I have trouble doing all of the work that I feel I should do (include work at home)	— 5	4	3	2	
SRPPER42 r1	I feel limited in my ability to visit friends	5	4	3	\square 2	1
SRPPER43 r1	I have trouble keeping in touch with others	5	\square	3	\square	
SRPPER46 _CaPS	I have trouble doing all of the activities with friends that I want to do	5	4	3	2	
SRPPER47 _CaPS	I have trouble keeping up with my work responsibilities (include work at home)	□5	4	3	\square	□ 1
SRPPER54 _CaPS	I have trouble doing everything for my friends that I feel I should do	5	4	3	\square	
SRPPER55 r1	I feel limited in the amount of time I have to visit friends	5			\square	

Satisfaction with Social Roles and Activities – Calibrated Items

		Not at all	A little bit	Somewhat	Quite a bit	Very much
SRPSAT17_ CaPS	I am satisfied with the extent of my social activities outside my home	1	\square ₂	3	□ 4	5
RP14_CaPS	I am satisfied with my current level of family activities		2	3	4	5
RP7_CaPS	I am satisfied with my ability to maintain friendships		2	3	4	5
SRPSAT03_ CaPS	I am satisfied with how often I go out for entertainment		2	3	4	5
SRPSAT04_ CaPS	I am satisfied with my ability to socialize with friends		2	3	\square 4	5
SRPSAT05r1	I am satisfied with the amount of time I spend doing leisure activities		2	3	4	5
SRPSAT05_ CaPS	I am satisfied with the amount of time I spend doing leisure activities with others	1	2	\square	\square 4	5
SRPSAT06r1	I am satisfied with my ability to do things for my family		2 2	3	4	5
SRPSAT07r1	I am satisfied with how much work I can do (include work at home)		2	3	4	5
SRPSAT08r1	I feel good about my ability to do things for my family		2	3	4	5
SRPSAT09r1	I am satisfied with my ability to do the work that is really important to me (include work at home)		2 2	3	4	□ 5
SRPSAT10r1	I am satisfied with my current level of social activity		2 2	3	4	5

		Not at all	A little bit	Somewhat	Quite a bit	Very much
SRPSAT15_ CaPS	I am satisfied with my ability to participate in family activities	□ 1	2 2	\square 3	\square 4	5
SRPSAT19r1	I am satisfied with my ability to do all of the community activities that are really important to me		2 2	□	\square 4	□5
SRPSAT20r1	I am satisfied with my ability to do things for my friends	□ 1	2	3	4	5
SRPSAT21r1	I am satisfied with the amount of time I spend doing work (include work at home)		2 2	□	\square 4	5
SRPSAT22r1	I am happy with how much I do for my family		\square	3	4	5
SRPSAT23r1	I am satisfied with my ability to do leisure activities		\square	3	4	5
SRPSAT23_ CaPS	I am satisfied with my ability to do leisure activities with others		\square	3	4	5
SRPSAT24r1	I am satisfied with my ability to work (include work at home)		2	3		5
SRPSAT25r1	I am satisfied with my current level of activities with my friends		2	3		5
SRPSAT29_ CaPS	I am satisfied with my ability to engage in activities with friends		2 2	\square	\square 4	5
SRPSAT33r1	I am satisfied with my ability to do things for fun outside my home	1	2 2	3	4	5
SRPSAT33_ CaPS	I am satisfied with my ability to do things for fun with others	1	2 2	3	4	5
SRPSAT34r1	I feel good about my ability to do things for my friends			\square	\square 4	5

		Not at all	A little bit	Somewhat	Quite a bit	Very much
SRPSAT35r1	The quality of my work is as good as I want it to be (include work at home)	1	2	3	4	5
SRPSAT36r1	I am happy with how much I do for my friends	□ 1	2	\square	\Box 4	 5
SRPSAT37r1	I am satisfied with the amount of time I spend visiting friends	1	2 2	3	4	5
SRPSAT38r1	I am satisfied with the amount of time I spend performing my daily routines		2	3	4	5
SRPSAT38_ CaPS	I am satisfied with the amount of time I spend doing things for my family		\square	3	\square	5
SRPSAT39r1	I am satisfied with my ability to do household chores/tasks	1	\square	3	4	5
SRPSAT41_ CaPS	I am satisfied with the extent of my social activities with groups of people		\square ₂	3	4	5
SRPSAT43_ CaPS	I am satisfied with my ability to keep in touch with others		2	3	\Box 4	5
SRPSAT45_ CaPS	I am satisfied with my ability to meet the needs of my family		2	\square 3	\square 4	5
SRPSAT46_ CaPS	I am satisfied with my ability to meet the needs of my friends		\square	3	\Box 4	5
SRPSAT47r1	I am satisfied with my ability to do regular personal and household responsibilities		2	\square		5
SRPSAT47_ CaPS	I am satisfied with my ability to do regular personal responsibilities	1	2 2	3	\square	5
SRPSAT48r1	I am satisfied with my ability to do things for fun at home (like reading, listening to music, etc.)		2		\square 4	□ 5

		Not at all	A little bit	Somewhat	Quite a bit	Very much
SRPSAT49r1	I am satisfied with my ability to perform my daily routines		2	3	4	□ 5
SRPSAT50r1	I am satisfied with my ability to meet the needs of those who depend on me	\square	\square	\square	\square	5
SRPSAT51r1	I am satisfied with my ability to run errands	\square	\square	3	\square 4	5
SRPSAT51_ CaPS	I am satisfied with my ability to run errands for others	\square	\square 2	\square	\square 4	5
SRPSAT52r1	I am satisfied with my ability to do all of the leisure activities that are really important to me		2 2	 3	\Box 4	□ 5
	I am satisfied with my ability to do all of					
SRPSAT52_ CaPS	the group activities that are really important to me	\square	\square	3	\square 4	5

Satisfaction with Participation in Discretionary Social Activities – Calibrated Items

Please respond to each item by marking one box per row.

		Not at all	A little bit	Somewhat	Quite a bit	Very much
SRPSAT05	I am satisfied with the amount of time I spend doing leisure activities		2	3		5
SRPSAT10	I am satisfied with my current level of social activity		2		☐ 4	□5
SRPSAT19	I am satisfied with my ability to do all of the community activities that are really important to me		2 2	— 3	4	□5
SRPSAT20	I am satisfied with my ability to do things for my friends		2 2		☐ 4	□ 5
SRPSAT23	I am satisfied with my ability to do leisure activities		2 2	□ 3	□ 4	□ 5
SRPSAT25	I am satisfied with my current level of activities with my friends		2 2	□ 3		□ 5
SRPSAT33	I am satisfied with my ability to do things for fun outside my home		2 2	 3	□ 4	5

	-	Not at all	A little bit	Somewhat	Quite a bit	Very much
SRPSAT34	I feel good about my ability to do things for my friends	□ 1	2 2	□	□4	5
SRPSAT36	I am happy with how much I do for my friends	□ 1	2		☐ 4	5
SRPSAT37	I am satisfied with the amount of time I spend visiting friends		2 2	3	□ 4	5
SRPSAT48	I am satisfied with my ability to do things for fun at home (like reading, listening to music, etc.)		2	□ 3	□ 4	5
SRPSAT52	I am satisfied with my ability to do all of the leisure activities that are really important to me	□ 1	2		□4	— 5

Satisfaction with Participation in Social Roles – Calibrated Items

Please respond to each item by marking one box per row.

		Not at all	A little bit	Somewhat	Quite a bit	Very much
SRPSAT06	I am satisfied with my ability to do things for my family		2 2	 3	□4	□5
SRPSAT07	I am satisfied with how much work I can do (include work at home)			3	4	□ 5
SRPSAT08	I feel good about my ability to do things for my family			□ 3	4	□ 5
SRPSAT09	I am satisfied with my ability to do the work that is really important to me (include work at home)		2	 3	□ 4	5
SRPSAT21	I am satisfied with the amount of time I spend doing work (include work at home)	1	2		4	5
SRPSAT22	I am happy with how much I do for my family		2	□ 3	□ 4	5
SRPSAT24	I am satisfied with my ability to work (include work at home)		□2	□	— 4	□5

	In the past 7 days	Not at all	A little bit	Somewhat	Quite a bit	Very much
SRPSAT35	The quality of my work is as good as I want it to be (include work at home)		2 2		4	5
SRPSAT38	I am satisfied with the amount of time I spend performing my daily routines		2	3	4	□5
SRPSAT39	I am satisfied with my ability to do household chores/tasks		2		□ 4	5
SRPSAT47	I am satisfied with my ability to do regular personal and household responsibilities		2	□ 3	□ 4	5
SRPSAT49	I am satisfied with my ability to perform my daily routines		2	3	4	□5
SRPSAT50	I am satisfied with my ability to meet the needs of those who depend on me		2 2	3	4	□5
SRPSAT51	I am satisfied with my ability to run errands					□ 5