

1 **Pleiotropic mechanisms indicated for sex differences in autism.**

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3 **Supplementary Note 1**

4 **Additional Material and Methods:**

5 **Diagnosis of Autism Spectrum Disorder Datasets**

6 University of California San Francisco (UCSF)/Weiss: Autism Spectrum Disorder (ASD) probands were
7 recruited with a clinical diagnosis of an ASD. Individuals with known genetic cause (e.g. Rett syndrome,
8 Fragile X) were excluded.

9 UCSF/Hendren[1,2]: Diagnosis of an ASD in all participants was confirmed by the Diagnostic and
10 Statistical Manual-IV: TR criteria[3], as well as the Autism Diagnostic Observation Schedule (ADOS)[4]
11 conducted by a licensed psychologist trained to research reliability. If any diagnostic questions arose after
12 the above were completed, the Autism Diagnostic Interview Revised was also conducted, followed by
13 diagnostic agreement from a consensus rater's meeting reviewing all available diagnostic information. All
14 subjects were required to have a nonverbal IQ of 49 or above, confirmed by the Wechsler Preschool and
15 Primary Scale of Intelligence[5], Mullen Scales of Early Learning (MSEL)[6], or the Wechsler Intelligence
16 Scale for Children[7] conducted by a licensed psychologist.

17 Tummy Troubles (TT)[8,9]: To confirm ASD diagnoses, children (5-18 years old) in the ASD group were
18 assessed with the ADOS. Exclusion criteria included severe sensory or motor impairment,
19 neurodevelopmental disorders of known etiology (e.g. Fragile X Syndrome), gestational age less than 36
20 or greater than 42 weeks, and birth weight less than 2,500 grams. These individuals were also recruited
21 on the basis of positive/negative GI symptoms as described[8].

22 Interactive Autism Network (IAN)[10]: The Interactive Autism Network (IAN) is the largest online registry of
23 families with an affected child with ASD in the US, with approximately 10,000 families registered. The IAN
24 Genetics Project was initiated in 2010 for rapid recruitment and biobanking to increase sample size in
25 genetic studies. In order to participate, an individual must be a consented participant in IAN Research:

1 adults (individuals aged 18 years or older) must have consented for themselves or been consented by a
2 legally authorized representative, children must be aged 4 years or older and under age 18 years. SCQ-
3 lifetime questionnaires were used to support reported ASD diagnoses (SCQ score at least 12). IAN
4 reported diagnoses were previously validated[10].

5 Childhood Autism Risks from Genetics and the Environment (CHARGE)[11]: Eligibility is ages 2 to 5
6 years at enrollment, born in California, living with biological mother, parent and child speak English or
7 Spanish, current residence in a 22 county region of California. Exclusions: children with such severe
8 disabilities such that standardized instruments would provide invalid measures, e.g. blindness. All
9 children who were recruited with a previous diagnosis of autism or an ASD were evaluated using
10 ADOS[4] and Autism Diagnostic Interview, Revised (ADI-R)[12]. Only confirmed cases, based on
11 standard criteria were classified as ASD[13]. All control children who were recruited from the general
12 population or from a group with developmental delays other than an ASD were administered the MSEL[6],
13 Vineland Adaptive Behavior Scales (VABS)[14], and the Social Communication Questionnaire (SCQ)[15].
14 General population controls whose scores were higher than two standard deviations (SD) below the
15 mean on one and higher than 1.5 SD below mean on the other, and <12 on the SCQ were classified as
16 typically developed controls. Any child who scored >12 on the SCQ was further evaluated using the
17 ADOS and ADI-R. If they met criteria for an ASD, they were classified as ASD. All tests were
18 administered by trained clinicians who had attained research reliability on the instruments they
19 conducted.

20 Autism Phenome Project (APP): Inclusion criteria for a diagnosis of an ASD were based on the NIH
21 Collaborative Programs of Excellence in Autism network. These involved: (1) meeting either the Autism
22 Diagnostic Observation Schedule-Generic (ADOS-G)[4] cut-off score for autistic disorder or pervasive
23 development disorder (PDD), (2) or meeting the Autism Diagnostic Interview-Revised (ADI-R)[12] cutoff
24 score for autistic disorder and scoring within two points of this cutoff on the other measure i.e. within 2
25 points on ADI-R or 2 points on ADOS, (3) combined with clinical judgment. The typically developing (TD)
26 children were screened and included after assessment with the SCQ (excluded if scores >11) (SCQ[15] –
27 Lifetime Edition) ruled out ASD risk and the MSEL[6] revealed developmental scores 2 SD of the mean

1 for performance quotient and verbal quotient subscales. Exclusion criteria for controls included a
2 diagnosis of specific language impairment, or any known developmental, neurological, or behavioral
3 problems. Further inclusion criteria for all children, both controls and children with ASDs, included being
4 native English speakers, ambulatory, and with no suspected vision or hearing problems. All diagnostic
5 assessments were conducted or directly observed by trained, licensed clinical psychologists who
6 specialize in ASD and had been trained according to research standards for these tools.

7 Study to Explore Early Development (SEED)[16]: SEED is a multi-site case-control study with sites in
8 California, Colorado, Georgia, Maryland, North Carolina, and Pennsylvania. Children born from
9 September 1, 2003, through August 31, 2006 in a catchment area, resident there at the first study
10 contact, having a caregiver who could communicate in English (or Spanish at two sites), and within the
11 age range for validated study instruments were eligible. Access to birth certificates and legal consent
12 were required. ASD ascertainment was through a broad array of sources serving or evaluating children
13 with developmental problems or by direct parent contact to the study. Individuals with an ASD or related
14 diagnosis (e.g. intellectual disability, developmental delay) or early intervention or special education
15 services for an ASD or related condition were considered. ASD case status was based on the results of
16 the ADOS-G[4] and ADI-R[12], accounting for overall developmental level. Cases met ASD criteria on
17 both the ADOS-G and ADI-R or met ASD criteria on the ADOS-G and one of three criteria on the ADI-R
18 (i.e., met criteria on the social domain and was within two points on the communication domain, met
19 criteria on the communication domain and was within two points on the social domain, or met criteria on
20 the social domain and had two points noted on the behavioral domain). Controls were ascertained from
21 birth records and subsequently underwent a limited or comprehensive developmental evaluation but did
22 not meet the criteria (above) for ASD. Details on the SEED ASD classification algorithm can be found in
23 Wiggins et al. (2015)[17].

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1 **IQ and DQ data available**

2 A subset of cohorts collected one or more IQ scale assessments (see above diagnosis description).
3 When for a single cohort more than one IQ scale assessment is available, we considered IQ scale
4 assessments that allowed the inclusion in the analysis of the largest sample size. We assigned each
5 individual with available IQ data to low IQ category ($IQ < 70$) or high IQ category ($IQ > 80$) based on
6 criteria already set by the AGP cohort using verbal, non- verbal (performance) and full-scale IQ
7 assessments [18]. For the other cohorts, we used Mullen Scales of Early Learning (MSEL) assessments
8 as measurements of IQ scores for UCSF/Hendren[1],[2] and for Childhood Autism Risks from Genetics
9 and the Environment (CHARGE)(11), and Vineland Adaptive Behavior Rating Scale (VABS) assessments
10 as measurements of developmental quotient (DQ) for all the remaining cohorts. In total, IQ data were
11 available for 3,571 affected males (2,017 low IQ, 1,554 high IQ) and 619 affected females (405 low IQ,
12 214 high IQ) from a subset of cohorts and used in a logistic regression analysis. We included IQ data for
13 1,606 affected individuals (604 low IQ and 1,002 high IQ) from Autism Genome Project (AGP) [18], for 15
14 affected individuals (13 low IQ and 2 high IQ) from UCSF/Hendren cohort [1],[2], for 126 affected
15 individuals (97 low IQ and 29 high IQ) collected by Autism Phenome Project (APP), for 384 affected
16 individuals (290 low IQ and 94 high IQ) from Childhood Autism Risks from Genetics and the Environment
17 (CHARGE) [11] for 1,329 individuals (751 low IQ and 578 high IQ) from SSC cohort [19] and for 730
18 individuals (667 low IQ and 63 high IQ) from Autism Genetic Resource Exchange (AGRE)
19 cohort [20],[21].

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