

Outcome Monitored	Green	Yellow	Red
Symptoms	No symptoms	1 symptom	2 symptoms or emergency visit or both
Overuse of rescue puffer ^a	$P < 150$	$250 > P \geq 150$	$P \geq 250$
Adherence to preventative medication ^b	$n/d \geq 90\%$	$90\% > n/d > 70\%$	$n/d \leq 70\%$
Exercise ^c	number steps \geq average	number steps $>$ 2/3 of average	number steps $<$ 2/3 of average
Action Plan Understanding%	"Yes" to all questions	N/A	"No" to at least one question

^a(P = number of puffs corresponding to all FABA and combivent dispensed over the past 3 months).

^b(quantity dispensed/3 months) [144].

^cCalculated once exercise monitoring questionnaire is completed 4 or more times (average is the mean value for the first three entries, x = the last steps entry).

%Action Plan questions: Do you understand what to do in your action plan? Are you able to describe the signs or symptoms you have when your asthma is getting worse?

